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December 13-26, 2018

BRIGHTER CHRISTMAS FUND 2018

Foothills Community Foundation will partner again with donors, businesses, and organizations in our community to support the Brighter Christmas Fund.

Last year 150 foster children and over 250 families benefited from the generosity of the citizens of this community during the Christmas season. This Christmas more than 200 applicants have been approved for assistance. These are a few of

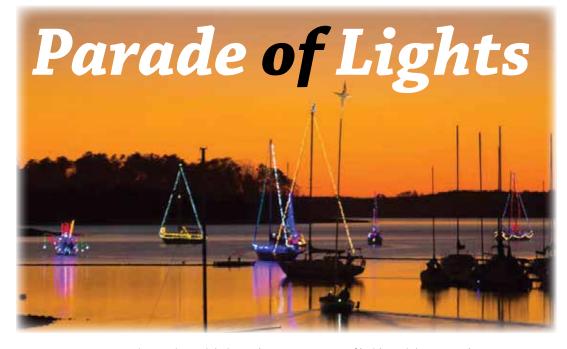


the current families in need:

• This mother lost her job due to medical issues. She is currently looking for

work and needs a first shift job. She desires to work while her five children are in school. She recently purchased a vehicle because it was difficult depending on others to transport her family to do errands. She is paying her bills with child support but has no money left over for Christmas. Their greatest need for Christmas is clothes, shoes and toys.

SEE FUND ON PAGE 2



Testern Carolina Sailing Club, located on Hartwell Lake in Anderson, hosted one of its annual events last weekend — the Christmas Parade of Lights.

This event began in 2014. Several of the club members were inspired by light shows fellow sailors on the coast hosted each year. The weekend before the parade, members come together at the clubhouse to help each other string lights and decorate the boats. The club organizes the parade to support donations to Toys 4 Tots as well as food donations to Haven of Rest. Open to the public each year, the best viewing spot is from Green Pond Landing.

The Western Carolina Sailing Club was formed in 1963 by 17 charter members who sailed from Portman Shoals Marina on Hartwell Lake. After two years of holding club races and events at various launching points around the lake, 17 acres, including a 10 acre island, were leased from the Army Corps of Engineers for a home for the club. In 1966 a causeway was constructed to the island which created a protected harbor for boat anchorage.

A clubhouse was constructed on the island in 1967 and enlarged in 1973 to accommodate a growing membership. In 1972 the first of four slip docks was constructed by members. In the following year a fleet of 420's was purchased to support a Junior Sailing Program initiated the prior year. Further expansion was completed in 1978 with the addition of a storage building and a restroom on the mainland.

SEE PARADE ON PAGE 2





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THE VON HASSELN-CATHCART HOUSE

By Kay Willis Burns

The Von Hasseln-Cathcart House, 707 Market Street, was built by Mr. and Mrs. J. H. Von Hasseln about 1892. Mr. Von Hasseln was noted for the Von Hasseln Map of Anderson County, 1897. The style of house is Victorian and was built of Georgia heart pine. The house was built with a steep high tin roof which covered a very large attic. The house was also built with a detached kitchen and was joined to the main house by a porch. The house was built with twelve rooms and six fireplaces. The rooms have twelve- foot ceilings. The stair bannisters and newel posts

were hand hewn. The house was designed with a large reception hall with unusual rounded corners. Double sliding doors opened from the reception hall into the parlor, and from the parlor into the family room.

Up until the mid 1980s, the house had been the home of only two families. Mr.

James M. Cathcart in 1919, and the Cathcarts raised ten children there. Mr. Cathcart, a



textile executive for 57 years. was a prominent civic leader. He was a city alderman from 1934 to 1958, Mayor from 1958 to 1960, and was the City Finance Officer after his retirement. In 1991, the house was purchased by David and Diane Schonauer. The Schonauers began a major renovation to the

Von Hasseln sold the house to Mr. and Mrs. house in 2001 that was completed the following year when the Schonauers took occupancy of the home.

Parade

continued from page 1

By 1980 membership had grown to 216, and in 1984 two of the slip docks were replaced and enlarged to 26 slips each. In 1987 an additional 17 acres were leased for added storage and provided the club with 35 acres for its growing membership, now at 250. In 1990 the fourth slip dock was replaced and expanded to 18 slips which provided a total of 84. In addition, 34 anchorages and 140 spaces for boats on trailers are now available for members.

The clubhouse has since undergone a complete renovation with new restroom

continued from page 1

- This father is currently unemployed and his fiance' has just returned to work after giving birth. It has been difficult for this father to maintain employment due to the cost of day care and the lack of a driver's license. When his fiance' went back to work, she did not receive full pay checks for a couple of pay periods. Her employer deducted the cost of her insurance to catch up on premiums. All of their bills are behind and the money received goes toward the household bills. They are in need of help to provide Christmas for their five children. Their greatest need is clothes, shoes and toys for the kids.
- This aunt's life changed when she agreed to take in her sister's children. She didn't want them to be placed in foster care and therefore intervened. She

sister gets back on her feet. Her expenses increased since taking in the children. She has very little money left over and is unsure of what she will do for Christmas. The children have been through a great deal and she wants them to have a normal Christmas which would include presents to unwrap Christmas day. Their greatest need are clothes and shoes.

- This grandmother is caring for her four grandchildren because their parents were unable to care for them. She is paying her household expenses with her social security benefits and there is very little left over. She is requesting clothes and shoes for them as the children have grown out of the clothing they have. Their greatest need is shoes and clothing.
- + This couple's life changed drastically when they became custodians of their very own grandchildren. It has been a struggle to provide their basic needs with just their social security benefits.

shoes and diapers.

• This mother and five children are currently living in a hotel. The home they were living in has holes in the walls and floors and is not in livable condition. The mother cannot afford repairs and has moved her family into a hotel so that they can be warm this winter. They will be staying there until she is able to save enough for the house repairs, She has no money to get her children Christmas gifts. The items needed are clothes and toys.

Checks payable to: BRIGHTER CHRISTMAS FUND, can be delivered to SunTrust Bank, 907 North Main Street, Anderson SC 2962, or mailed to Foothills Community Foundation, PO Box 1228, Anderson SC 29622. Online gifts to Brighter Christmas: www. FoothillsFoundation.org. Select the DONATE button under Giving; choose Brighter Christmas

facilities and an enlarged kitchen. For more Fund from the drop down will continue to care for her information, visit http://wcsc-sailing.org. The children need clothes. nieces and nephew until her LILIA DAY SPA Voted Anderson's Best Spa 6 Years HOLIDAY FOR HER MERRY AND BRIGHT Light Massage, Light Facial, and Shellac Choice of One 1hr Service and Two 1/2 Color \$115 Services \$155 HOLIDAY ESCAPE THE GIFT THAT KEEPS ON GIVING Signature Hot Stone Massage, Classic Fa-Buy 4 Get the 5th Free cial, Classic Classic Massage Package \$340 Manicure, Classic Pedicure, and Lunch Light Massage Package \$180

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YOUR DENTIST CAN SAVE YOUR LIFE

Holiday health tip: Don't compromise on sleep!

By Dr. Gabrielle Cannick

I know you are feeling it. The pressure of the holidays is upon us. Let's just compare: I will wager that my "to do" list is every bit as long as yours!

But amid the hustle and bustle we still need sleep to enjoy the holiday and precious time with family and friends. Experts in holiday sleep problems advise us to recognize and confront the holiday "triggers" that can cause stress and even result in depression. Things like financial pressures and family demands including parties, shopping, baking, cleaning and entertaining, etc. The solution they advise is (1) pre-plan (make a list!), (2) don't be shy eliciting support from others, and (3) keep a positive attitude.

But above all — to fully enjoy the season — they advise keeping your sleep routine in order. To avoid zombie days and zombie nights during the holidays try this:

- Try to keep on your regular sleep schedule. It may seem impossible, but it's not. Go to bed and wake up at the same time. If you attend an event and stay up late, get up at the same time even if you feel tired.
 - · Try not to eat within two hours of going to



Dr. Gabrielle F. Cannick

bed. If you are hungry go with fruit. By the way, milk contains an amino acid that research shows can help you sleep.

• Your bedroom is your inner-sanctum. Cut noise. Wear ear-plugs if you must. Eliminate ambient light. Off with electronics. With holiday excitement it may seem like

tough love, but make your children sleep in their own beds. You need YOUR rest.

- No caffeine or alcohol four hours before bedtime. Two tips: Chocolate contains caffeine. Alcohol is a depressant and does not help you sleep. When your body metabolizes alcohol during sleep it can wake you up!
- Does meditation work? Practice keeping your mind calm and anxiety-free at bedtime. Thoughts like going over your list and wondering "how am I ever going to get all this done" are sleep killers. Start winding down an hour before crawling into bed.
- Get lots of exercise. It helps promote deeper sleep. Experts advise tensing and relaxing certain

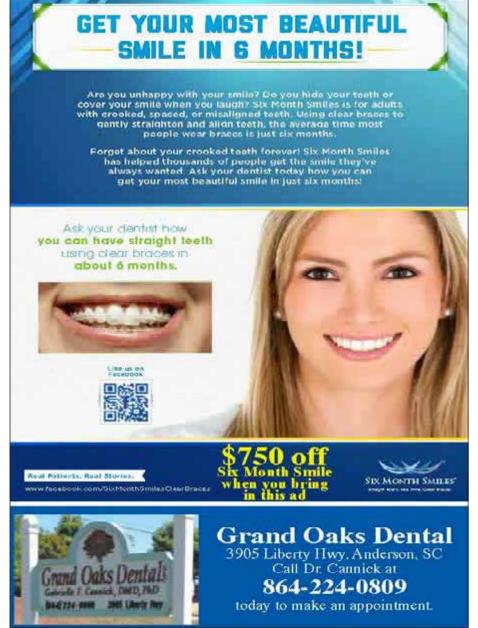
muscle groups one at a time to create awareness of tension and relaxation.

And lastly, when you compromise your sleep you increase the chances of gaining weight. By staying on top of your game and making smart choices you can maintain your sleep and at the same stay healthy! Our practice can help with sleep issues. We are here for you. If you have questions, please contact us. Think of us as your hometown resource for guidance and support.

Dr. Gabrielle F. Cannick is the owner of Grand Oaks Dental, located at 3905 Liberty Highway in Anderson. A strong believer that dental fear and anxiety should not prevent any patient from receiving the highest quality dental care, Dr. Cannick has received extensive training in Sedation Dentistry and is a certified member of the Dental Organization for Conscious Sedation. She is also a member of the South Carolina Dental Association, the American Dental Association, the Academy of General Dentistry, and the American Academy of Dental Sleep Medicine.

For more information about Grand Oaks Dental and the services provided, please call 864-224-0809, or click to grandoaksdental.com or visit us on Facebook at https://www.facebook.com/GrandOaksDental.





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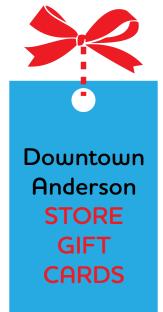
COMPHY

SHEETS











Resolutions that promote good health

By Josephine McMullen

As the clock ticks down toward 2019, many of us are finalizing our New Year's resolutions, of which none carries as much weight (pun intended) as the old standby: getting fit and healthy.

"We typically make resolutions around our most challenging habits, such as losing weight, changing our diet, exercising more or stopping smoking," says Dr. Jill Spencer of AnMed Health Lakeside Family Medicine. "Some patients don't realize that their physician can be one of their strongest allies in working toward their health goals."

Quitting Smoking.

For example, a doctor can be a valuable resource when it comes to quitting smoking. According to Dr. Spencer, there are several medications (both over the counter and by prescription) that can help lessen the discomfort as well as the urge to smoke.

Dr. Spencer recommends talking to your doctor about prescription medications that do not contain nicotine (such as bupropion or varenicline) that can be used as part of a support program to help you stop smoking.

Strength Training.

Dr. Spencer also recommends strength training to her patients. "Whether you're 100 lbs. overweight



Dr. Jill Spencer, AnMed Health Lakeside Family Medicine, 4120 Highway 24, Anderson, SC 29626. 864.224.4003

or just need to lose the last 15, strength training is one of the most effective ways to burn fat and build muscle," says Dr. Spencer.

Strength training has been shown to stop and even reverse age-related sarcopenia, the reduction of skeletal muscle that occurs as we get older, which helps us stay independent and live longer.

"Strength training increases bone density, builds a stronger heart, reduces your resting blood pressure, improves blood flow, halts muscle loss, helps control blood sugar, improves cholesterol levels, and improves your balance and coordination," she says.

Medicare Annual Wellness Visits. If you are Medicare eligible, another

way to reach your New Year's goals to becoming healthier is with an Annual Wellness Visit. Medicare pays 100% of the cost for this visit with no out-of-pocket expense to you.

Dr. Spencer recommends wellness visits to all her Medicare patients. "Medicare patients are allowed a comprehensive Annual Wellness Visit every 12 months," says Dr. Spencer. "Annual Wellness Visits help your healthcare provider identify any health risks you may have, and allows us to work with you to develop a course of action to address your particular health care needs. It's a great tie in to those New Year's resolutions."

During the visit, your health care provider will work with you to:

- Complete a comprehensive review of your medical and family health history
- Check your height, weight and blood pressure
 - Review your current medicines
- Schedule recommended shots and creenings
- Advise you on personal medical issues and treatment options.

To talk to your doctor about your health goals or to schedule your Annual Wellness Visit, contact your primary care provider. If you need a primary care provider call AnMed Health WellnessConnect at 864-512-3748 or visit www.anmedhealth.org.

Savoring the holidays

By Mary-Catherine McClain Riner PhD, Ed,S., M.S.

The holidays often create a sense of pressure, a pressure that leads to being incredibly busy in order to make the holidays "special." Often, individuals forget that doing it "all" does not frequently equate to "more." Essentially, the more you rush, the more you miss the magic and spirit of Christmas.

In order to savor, enjoy, and be present this holiday season, consider scaling back using the following tips and tools. As the holidays end, also reflect on the memories created this year in spite of intentionally "slowing down"

- 1. Let go of perfection and strive for the joy in things being "enough."
- 2. Prioritize your traditions; if you have 10, try to cut it in half. Remember, sometimes less is more and ultimately creates more meaning.
- 3. Be OK in silence and give yourself quiet time in the midst of chaos.
- 4. Spend less time shopping and more time at home, watching Christmas movies, singing carols, making gingerbread houses, and

drinking hot cocoa.

- 5. Consider the "moments" you give your children rather than the "toys." Which do you remember most from your childhood?
- 6. Make time for things you enjoy, such as driving around to look at the holiday lights or volunteering at the soup kitchen.
- 7. Consider taking a break from social media. Place the phone down and become more present with what is happening in the now.
- 8. Don't control it all; let people help you and delegate tasks. Allow your children to decorate the tree, make cookies, and assist in giftwrapping.
- 9. Ask yourself, "Will this create meaningful memories" and will this activity "add peace to my holiday season or take it away?"
- 10. Plan ahead and do not overcommit or overbook yourself. Give yourself permission to take 24 hours to consider if this is what you really want to do. Whatever you commit to, stay open and mindful.

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THE GARDEN SHOP

Anderson Master Gardeners celebrate with luncheon

Last week, Anderson Master Gardeners celebrated Christmas with a luncheon at McFall's Landing on Broadway Lake. Outdoors, it was a

By Susan Temple

crisp winter day filled with picturesque blue skies. Inside, it was filled with wonderfully decorated tables, plenty of good fellowship, and tasty food provided by Friends Farm and Catering.

Seven tables were decorated in a beautiful Christmas spirit mix. Barbara Walter and Linda Rakey decorated a table with linens which created the floral focus. A white lace cloth was the base for unique placemats that had various tea cups filled with poinsettias, amaryllis, holly, and greenery. Their centerpiece was simply three candles, in the same color as the linens, on a gold tray. Cream colored dishes, with a Christmas tree, completed the lovely mix.

Carola Dauchert and Sandy Grubbs used a dark red table cloth, a table runner with Santas and a patchwork center, and gold chargers. White china was a simple elegance. Their centerpiece was made of holly and conifer with a few large pine cones. Focal point of their centerpiece was a white china reindeer. One couldn't help but notice several tiny Beanie Babies. The small huskies, with Christmas scarves, represent Sandy's huskies. She said she takes a little stuffed husky with her everywhere she goes. How sweet.

Red toile china pattern on a red tablecloth dressed Kate Reed and Dianne Schnell's table. The centerpiece, on an emerald green mat, had camellia and Christmas cactus in a white hypertufa container made at a master gardener meeting a few months ago. Wine glasses gave a different elegant feel to the table. These were matched with clear crystal candleholders on each side of the centerpiece. Guests sitting at their table received handmade





wooden ornaments that

for the occasion. What a

thoughtful touch.

Cakes, either Italian

which is gold, was

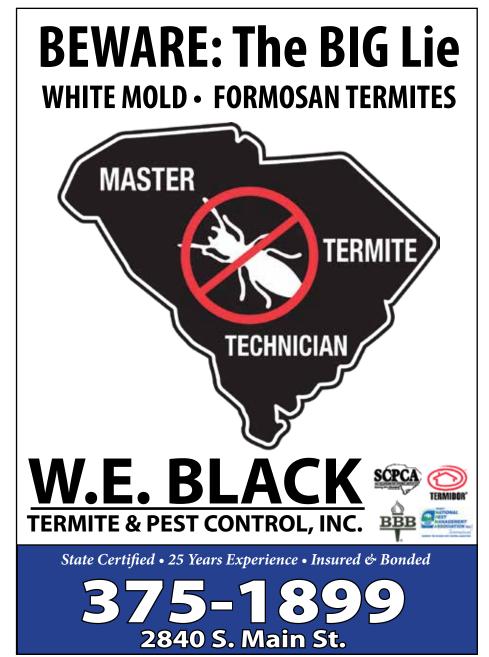
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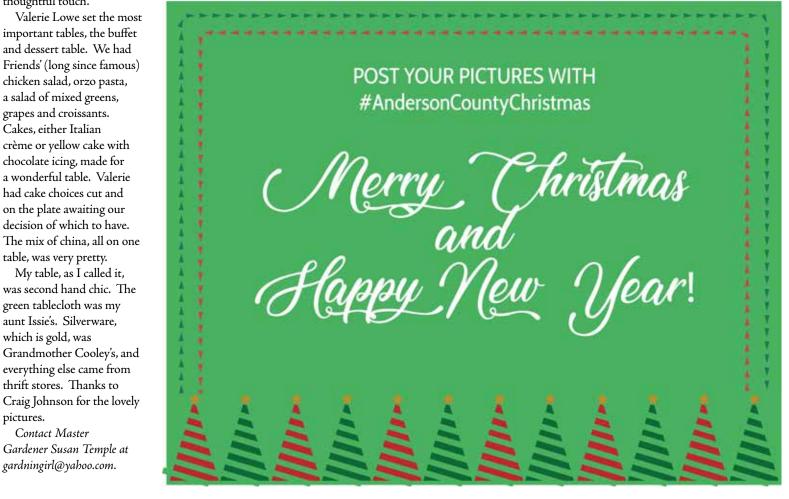
pictures.

Dianne had made especially

Tables were decorated with ferent master gardeners.

Christmas themes by dif-





CREATING HOME

Updates for the season: A Christmas Mantel

By Amie Speen

I've been ready to bring out our holiday décor for a month; stockings, ornaments, trees and wreaths; all of the special and festive things that make your home feel a



Amie Speer

few levels happier. Our family waited until the first socially acceptable day (the day after Thanksgiving) to rush out and buy a tree and wreath and have spent the days after adding

holiday touches around our house. There is something about a strand of twinkle lights that really does elevate a home.

One of the more fun and impactful areas to decorate is the heart of the home; the mantel. There is nothing more festive to me than gathering around a fire, Christmas movie of your choice on in the background, with a beautifully decorated mantel. There are so many directions you could take your mantel décor in: traditional, modern, simple or ornate but with any design there are a few items that should make an appearance.

1. Candles. Candles are my go-to for adding 'mood' to any space. A flickering



candle adds a touch of warmth that you can't create in other ways.

- **2. Garland.** Using a strand of garland or other Christmas greens will add color and texture.
- **3. Christmas lights.** A strand of Christmas lights (in the color of your choice) will give the twinkle that every mantle needs.
 - **4. Stockings.** Whether they are amiespeer.com.

meaningful stockings handmade by your grandmother or a neat set that you come across when shopping they will give a sense of warmth and love for those who live there.

Add these touches to your mantle in a way that works with the holiday décor around your home.

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Dear Kay, the Genealogist

Dear Ka

I have been spending a lot of time lately trying to find the best online sites for genealogy. There are so many sites and I am very overwhelmed. I am particularly interested in South Carolina and North Carolina genealogy. Recently, I was hanging out with Mr. Whitner on the Square (he's a quiet fella) and I overheard a passerby tell her friend about a dead librarian who helped her find her great grandfather's military records from World War I. Then, as she walked away, I heard her say that this dead librarian also helped her find important family obituaries. "Well," I thought to myself, "She's dead. She's in the right line of work!"

So, Dear Kay, can you point me in the right direction? Hopefully above ground?

Sincerely,

Beauregard Bonham Blalock

Dear Beauregard Bonham Blalock,

Congratulations! You have discovered one of my favorite genealogy sites! And it is called (drum roll please): The Dead Librarian! It was created and developed by librarian and genealogist, Debbie Bloom. Debbie is the Manager of the Walker Family History Center at the Richland County Library in Columbia, SC. She is also the editor of the Columbia Chronicle newsletter of the Columbia Chapter of the SC Genealogical Society. Debbie's blogsite is free and filled with links to multiple genealogy internet sites that focus on South Carolina and North Carolina.

See a few of them below:

South Carolina Online Indexes

- Beaufort County Library Newspaper Obituary Index
- Camden Archives and Museum Obituary Index
- Charleston County Marriages
- Greenville County Marriage Index
- Greenville Public Library Greenville Obituary Index - 1910-present
- Greenwood Index Journal obit index
- Helen's Little Corner Dillon County, SC research
- Lexington County Probate and Marriage Records
- Lexington Public Library index
- Marlboro County Online Records
- Newberry County marriages
- Richland Library Obituary Index
- Richland Library WWI digitized obituaries
- Savannah Morning News obituary indexSouth Carolina Death Indexes 1911-1958
- South Carolina Department of Archives and History online indexes
- South Carolina Probate
- South Carolina State Library Obituary Resources Page
- South Carolina United Methodist Advocate
- Spartanburg Library obituary index
- The Press and Standard
- Union County Probate Records: 1782-1865
- York County History Databases

Online Newspapers

- Charleston Post & Courier (free abstract search only)
- Spartanburg Herald
- Georgia historical newspapers
- NewspaperCat Catalog of Digital Historical Newspapers
- North Carolina Newspapers
- Chronicling America
- Georgetown County newspapers

Now Beauregard, remember that the site is: thedeadlibrarian.blogspot.com. There's a lot more on the site than I can share at present. So good luck! ...And, oh! If you see Mr. Whitner again, tell him thanks for everything. And more power to him....

AnMed Health Foundation Executive Director awarded fundraising certification

Tim Self, the executive director of the AnMed Health Foundation, has received the Certified Fund Raising Executive (CFRE) designation. Self joined more than 6,300 professionals around the world who hold the CFRE recognition.

Individuals granted the credential met a series of standards set by CFRE International which included demonstrated fundraising achievement in the professional and educational arenas. They also passed a rigorous, written examination



Tim Self

that tested the knowledge, skills and abilities required of a fundraising executive. Recipients of the designation have agreed to uphold accountability

standards and the donor bill of rights.

"I am proud and honored to be recognized with colleagues committed to the highest standards of philanthropy based on the merits of respect and trust of the general public," said Tim Self, AnMed Health Foundation executive director.

Self has been executive director of the AnMed Health Foundation for three years. He has more than 15 years of experience in the nonprofit industry. Before joining AnMed Health, he was the director of major gifts and planned giving at the University of Tennessee Medical Center & the UT Graduate School of Medicine in Knoxville, TN.

HOT HITS

Year in review

By Justin Tyme

With the end of the year just a couple of weeks away, I thought it would be fun to review my favorite celebrity news stories of 2018. And who doesn't love a good countdown? I'm going to act like my role model Casey Casem and count 'em down in this edition and the next edition of The Electric City News. And

now without further ado, here are my top 10 favorite celebrity news stories of the past year.

10. Rosanne came, and then she went bye bye. In 2018 the Rosanne Revival debuted to HUGE ratings quickly becoming the cash cow of ABC television. During the summer



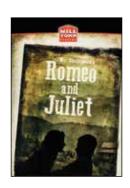
Iustin Tyme

DYAR-WHALEN WED

By Kay Willis Burns

The SC Theater Association Convention was held in Anderson, Nov. 8-11, 2018. The State Community Theater Festival took place at the Electric City Playhouse downtown. The Mill Town Players entered their unique production of Romeo and Juliet, set in 1800s

Mill Town Magic



Appalachia, inspired by the famous Hatfield/McCoy feud. The production was named one of two state winners and will advance to the next level. The ensemble will represent SC and compete against theaters from nine other states at the Southeastern Theater Conference in Knoxville TN, Feb. 27-March 3, 2019. Mill Town Players was also

awarded Best Ensemble, Best Costumes, Best Director (Christopher Rose), Best Supporting Actor (Kelly Crittendon), and Best Supporting Actress (Cindy Mixon). This is the third time Mill Town Players has won the state community theater festival. In 2017, the theater placed third in the Southeast with their production Of Mice and Men.

Mill Town Players is also home to Mill Town Players Education. Established in 2017, MTP Education offers opportunities for young people and adults to learn essential skills for producing high-quality theater.

Visit www.facebook.com/milltownplayersed.

were married Friday, November 9, 2018 at the Old Cigar Warehouse in Greenville, Carolina.

The bride is the daughter of Joel and Carol Dyar of Anderson. granddaughter of Ann Pickens and the late Reverend David Pickens and Dorothy Dyar and the late Marion Dyar. She is a graduate of Clemson University with a Bachelor of



Science degree in Business Management.

The groom is the son of Chris and Leanne Whalen of New Castle, New Hampshire. He is the grandson of Connie Schoorens and the late Bob Schoorens and the late Thomas and Patricia Whalen. He is a graduate of Westfield State University with a Bachelor of Art degree in Communication and Media Arts.

The wedding party consisted of Maid of Honor, Kayla Shell, and Best Men, Dan Smith and Lt. Alan Ulichney. Bridesman was Adam Beebe. Bridesmaids were Sandra Penland and Lucinda Rinzel. Groomsmen were Babacar Diop and Ryan Deely.

hiatus however, Rosanne picked up her phone and proceeded to tweet a racial slur. This did not sit well with ABC. They instantly fired her from the show, and the show returned in the fall as The Connors and so far doing better than expected.

9. Demi Lovato entered rehab for her heroin addiction. I am so happy to report that after three months she has emerged looking great and with a new gal on her arm. We're all in your corner. Demi enjoyed the huge success of her single "Sorry Not Sorry" in the spring.

8. Ariana Grande dropped a new album in 2018 and just last week debuted her new video for "Thank U-Next" I gotta admit, I can't stop watching it. She recaps her love life and even apologizes in the video for abruptly ending her engagement to Saturday Night Live's Pete Davidson.

7. I know all the ladies were happy when Channing Tatum announced he was splitting from his wife of 9 years. Keep an eye out on Tinder girls!

6. Justin Bieber married his girlfriend of like four weeks Hailey Baldwin. It is interesting to me that no prenuptials were signed. Justin is worth \$250 million dollars, while Baldwin only about \$2 million. Let's see how this plays out. My prediction: DISASTER for the Biebs.

Speaking of a disaster, my favorite celebrity news story of 2018 will appear with my top 5 in the next edition of The Electric City News.

Justin Tyme can be heard on HOT 98-1 Saturdays and Sundays at 3 p.m.

Gift Certificates are valid at any of Skin's 12 Upstate locations.







GIRLS GONE HOLLYWOOD

By Kristine March

I recently spent a week in West Hollywood on a fun "girls only" vacation. I went with my fabulous mother and precious sister. It was one of the most



Kristine March

amazing trips I have been on. It was surreal in a way. We enjoyed our week by the pool every

day with eighty-degree weather in November. We stayed at The Standard Hotel overlooking the Hollywood Hills. We packed our most glamorous clothing and jewels and ate amazing cuisine and drank beautiful drinks.

We made reservations at The Ivy in Beverly Hills which is one of our favorite restaurants. I happened to take a selfie with Danny DeVito there and the fun continued. We tried on stunning clothes at Chanel and my favorite store, The Kooples. Lovely faux furs and handbags, be-jeweled hoods and funky little accessories, making us feel like we were in some kind of dream.

The following evening we were invited to a party at Fred Segal, where we were hat models for Gladys Tamez Millinary.



Garner, Lady GAGA and Cher just to name a few. We sipped champagne and talked all things fashion. Hands down one of the most stunning parties I have ever attended.

The next night we had dinner at Aburiya Raku. Amazing Japanese, we caught up with a sweet friend from our hometown that lives in Hollywood and is a stellar yoga instructor. We drank tea and enjoyed some much-needed calmness.

The following day we drove around the hills to Laurel Canyon and took pictures on Love Street where Jim Morrison lived. My best friend from high school who is a spectacular fashion designer Her hats are worn by Jennifer in LA, drove us around. The

day was magical. Just being with my favorite women on those curvy narrow roads listening to great music was a memory I will cherish forever.

Our last night included Mediterranean dinner Kismet with another dear family friend, Andie MacDowell. The food and conversation was divine, with even more laughter that night. Beautiful strong women were on my vacation. They were inspiring and wonderful to be around. I highly recommend girl trips. They're good for the

It's nice to just be able to break from your routine and go somewhere extravagant. So





plan a trip. Get your besties together and go somewhere unforgettable. I learned many things on my little gal trip. Clockwise from top left: Dinner with Andie Mac-Dowell; Modeling hats at Fred Segal; A selfie with actor Danny DeVito.

Laughter is the best medicine. Inspiration from friends is uplifting and motivating, and travel expands the mind like nothing else in this world. Travel is the only thing you can buy that makes you richer. Have stories to tell and not

stuff to show. So what are you waiting for? Book your flight and make memories y'all.



VIEW FROM THE STANDS

By Dan Lacobie

Well, championship Saturday has came and gone, the bowl schedules have been set and the College Football Playoffs have been set as well, how did your team fare?

If you're a Clemson Tiger fan your team did pretty well. Capturing their 4th straight ACC championship, a conference record, the Tigers ripped apart a good Pittsburg Panther team by a score of 42 – 10. Also securing the #2 ranking they have held most of the season and the same ranking in the playoffs, also their 4th straight CFB appearance.

The Georgia Bulldogs gave Nick Saban and his Alabama Crimson Tide the biggest scare of their season by nearly defeating the unbeaten Tide in the SEC championship losing only by 35 -28. Georgia, 11 – 2, had the lead most of the game only starting to lose a handle on the game after a badly executed fake punt late in the game. Coach Saban was quoted after the game saying, "I sure as **** don't want to play those guys again".

The Tide, ranked #1, will face off against the #4 ranked Oklahoma Sooners in the semi-finals. The Sooners sneaked in the playoffs after Georgia lost to Alabama, Georgia comes in at #5 and will face The Texas Longhorns in the Sugar bowl January 1st 2019.

#2 Clemson will face #3 Notre Dame in their semi-final matchup on



Dan Lacobie

December 29th at the Cotton Bowl after which the Crimson Tide will face the Sooners at the Orange bowl in Miami.

The South Carolina Gamecocks finished

up their season on December 1 by playing Akron at Columbia.

After a game earlier in the season was cancelled because of hurricane Florence the Gamecocks defeated Akron 28 -3 to move their record to 7-5 on the season and will play in the Belk Bowl versus ACC opponent the Virginia Cavaliers on Dec. 29 at 12.

In the NFL the Carolina Panthers have been on a 4 game losing skid losing their last game to the Jacksonville Jaguars 24 – 17. Quarterback Cam Newton said in his last interview he has been having some shoulder issues and tight end Greg Olsen left the Jaguars game with an injured foot with no indication of when he might return.

The Panthers just recently signed ex Clemson Tiger kicker Chandler Cantanzaro who was surprised as the call came in he had been traded but was happy to be coming to Charlotte to play with the Panthers. The Panthers will play the Cleveland Browns and last years Heisman winner Baker Mayfield and former Georgia Bulldog Nick Chubb in their next contest.

Best books for Christmas

By Katie Laughridge

As Christmas day fast approaches, our minutes and hours are joyously consumed with adorning our homes with items that emulate the magic of the season — beautifully decorated trees, stockings hung by the chimney, twinkle lights lining outdoor entryways and shrubs, and Santa figurines that have been passed down for generations.

While the Christmas season has a uniquely special meaning for each one of us, the part of Christmas I find most fulfilling is engaging in fun family activities and creating lasting memories with my children. A few of our favorite traditions include cutting down our Christmas tree, visiting Santa, making ornaments, and ice skating on the square. However, amid all the hustle and bustle that represents this wondrous time of the year, the season would not be complete without the special time we spend reading Christmas stories together each night as a family. If this is tradition you would like to start with your family this Christmas, you will only have to look as far as your local library or bookstore to find a great selection of Christmas books and stories. Whether you are partial to a Grinch whose heart grew three times its size; or maybe you've taken to a more modern Christmas hero who sits on your shelf or hangs from your ceiling fan! Either way, there's a Christmas



Katie Laughridge

book out there that your family is sure to love — and will beg you to read and re-read for years to come. A few great choices you may like to try this Christmas season are:

• Room for a

Little One: A Christmas Tale by Martin Waddell and Jason Cockcroft

- The Polar Express by Chris Van Allsburg
- The Christmasaurus by Tom Fletcher
- The Wild Christmas Reindeer by Jan Brett
- The Grinch Who Stole Christmas by Dr. Seuss
- The Nutcracker by E.T.A. Hoffmann
- Fancy Nancy Splendiferous Christmas by Jane O'Conner
- Pete the Cat's 12 Groovy Days of Christmas by Kimberly and James Dean
- The Elf on the Shelf by Carol V. Aebersold and Bell Chanda
- Dream Snow by Eric Carle
- Olive the Other Reindeer by Otto Seibold
- One great story your little ones are sure to love as you tuck them in to bed on Christmas eve, is the age-old story written by Rachel Isadora: "'Twas the Night Before Christmas."

A CHRISTMAS EVE MEMORY

By Cliff Smith

In the days leading up to Christmas, our hearts and minds turn to many things. Christmas makes us think of people. Special friends and family and, remembrance of Christmases past.

Many such memories remain with me from growing up in 1970's Anderson.

A highlight has to be the annual Anderson city Christmas parade, always then held on a weekday after school hours. I recall climbing the "hill" on Federal Street where my father's business was located and watching the parade from the giant size windows of Sullivan-King. It was the perfect perch!

The Scottish journalist, B.C. Forbes (1880-1954) said, "Christmas is a tonic for our souls. It moves us to think of others rather than of ourselves. It directs our thoughts to giving."

And so it does.

For my family and me, one of the best examples of that "tonic" was practiced by the late Jim and Helen Rodgers. Jim and Helen moved to Anderson in 1968 where Jim began what would be a 27-year tenure as minister of music at Anderson First Baptist. It was here that Jim and his talented colleague, Doug Stow, organist and music associate, would produce so many splendid church music programs, choir



Above: Jim and Helen Rodgers. At right: The Rodgers Family, 1970's.

concerts and tours, hand bell ensembles and music for countless weddings and funerals.

Soon after Jim and Helen arrived in Anderson they began a Christmas Eve tradition with their young family — David, Dianne, Cherie and Celeste. Following an early supper of soup and sandwiches they would set out on their rounds to bring cheer with their Christmas Eve caroling.

What homes did they visit each year? It wasn't until years later, according to daughter Celeste Griffith, that the children in the family figured out why their mom and dad picked the homes they did. "They wanted to visit with those who had recently lost love ones or had been sick," says Griffith.

One Christmas Eve long ago, my family



became the recipient of their loving kindness and generosity. My dad had recently died and it had happened during the Christmas season. My mom and I were at home on Christmas Eve when the front doorbell rang.

And there they were, the "Family Rodgers" all six of them! I distinctly remember their greetings and then — all went quiet, as if on cue, as Jim placed his lips to a pitch pipe.

And thus began our own "personal"

Christmas Eve concert. How wonderful it was!

Sadly Halon passed away in 2011 and lim

Sadly, Helen passed away in 2011 and Jim passed in April of this year. And, their beloved daughter and friend to so many, Diane, died in 2005, much too soon.

The Rev. Dr. Jim Thomason of Anderson First Baptist presided at both Helen and Jim's funerals and offered these comments: "The ministry of music is a high calling. Jim and his dear wife, Helen, were blessed to share in this calling together. They were a great team, and counted it a joy to be able to share in this work together as a couple! They understood that the music was not about them. It was always about the Lord whom they served faithfully."

I honestly don't recall if on that evening they sang "Oh Little Town of Bethlehem." But I do know that the lyrics include in part: "... in the dark streets shineth..."

That evening, Jim, Helen and their "family choir" lighted the dark streets, illuminating the night!

Their caroling tradition ended once the family children grew up and moved away. However, that Christmas Eve, now over 40 years ago, is a memory I will cherish forever.

Oh yes: "In the dark streets shineth!"

MUSINGS OF AN OLE BALL COACH

THE SONGS OF CHRISTMAS

The approach and the anticipation of the Christmas season triggers many moods and responses within most of us. We think of decorated trees, bells, presents, anticipation of family gatherings and dozens of other things. In my little mind (remember Tiny Tim), nothing overwhelms me with nostalgia joy, and blessings more than the songs and music of that joyous season.

Who of us can listen to Perry Como singing, "I'll Be Home For Christmas," without conjuring up memories of coming home as a college student and hanging out in the old neighborhood.

Remember as a small boy listening to Gene Autry's "Here Comes Santa Claus," and fantasizing about all the neat gifts coming your way. Amy Fraser singing "Bring



The Torch Jeanette Isabella," and her daughter Fraser doing "Once In Royal David's City," in church plays.

How about Bob Seger and his Silver Bullet Band and "Little Drummer Boy." Would you want to hear anyone sing "Frosty the Snowman" and "Holly Jolly Christmas" other than Burl Ives? My first encounter with stage fright was singing Melchior's part in "We Three Kings" at Pine Street Elementary School.

Don't forget Jim Rogers leading the First Baptist Church choir in G.F. Handel's soaring rendition of "Messiah." You'll notice my musical acumen by leaving

off that nobody did "O Holy Night" and "Sweet Little Jesus Boy" better than Joyce, forgive me for bragging, but it is what

Let's get romantic with Elvis "You're All I Want For Christmas" and "Blue Christmas." Rosemary Clooney delivering "Let It Snow." No, Madonna's "Santa Baby" does not fit into this category.

Listen to the words of "Mary Did You Know," The Stanza"Mary did you know that your baby boy would one day walk on water," is classic. Speaking of classics, consider "Excelsis Deo" (Glory To God) by the Mormon Tabernacle Choir or your church choir for that matter.

We can't forget the top pop best seller of all time, "White Christmas" by Bing Crosby. TV specials beginning around the 1960's has had

everyone humming "Rudolph The Red Nose Reindeer," and the theme from a Charlie Brown Christmas ever since.

The real essence of Christmas music, however, is the congregational singing of the time-honored classics in our own church. The anticipation of "Joy To The World," the almost mysterious "Silent Night." The admonition of "O Come All Ye Faithful," Don't forget the poignant "Away In A Manger." Be sure to don our gay apparel to sing "Fa la la la," after we "Deck The Halls."

I think we all get the message; music is one of God's ways of communicating with us. Christmas tends to unite us together again. We don't perceive any rancor or hostility as we sing rousing songs together, songs we've shared since our youth. Before it became fashionable to label one another because of different political or social preferences.

Let's close with a promise that this reeling, fractured, beleaguered nation and world needs on the Christmas of

"Then in despair I bowed my head.

there is no peace on earth I

for hate is strong and mocks

of peace on earth goodwill to

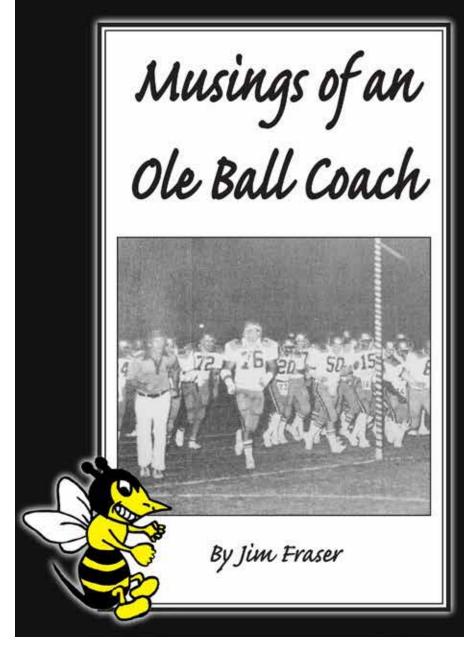
then pealed the bells more

loud and sweet God is not dead nor does he

sleep the wrong shall fail, the right

with peace on earth good will

Jim Fraser was the athletic director and head football coach at T.L. Hanna High from 1968-1985.



BOOK SIGNING

Musings of an Ole Ball Coach

By Coach Jim Fraser

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Before you send your Christmas cards, top this

By Kim von Keller

I remember the first topper I ever received. My husband was in his second year of law school, I was teaching at a church kindergarten, and money was tight. We ate a lot of hot dogs and lentils that year, and we prayed that our one car would make it until graduation. Somehow, we got our hands on a fake tree, and I decorated it with cheap glass balls and candy canes and colored lights that I bought at Eckerd's. It was modestly beautiful, but our Christmas wasn't complete until the topper arrived, tucked into a greeting card bearing a New York City address and a 20-cent stamp.

I'm not talking about the topper that goes on a tree. I'm talking about the topper that goes like this:

"Hello from the Big Apple! John and I weren't able to make our annual pilgrimage to Aspen this year because of his job on the Exchange, so we decided to make do with what our own town has to offer. After admiring the shop windows along 5th Avenue last night, we took in the Radio City Christmas Spectacular. The Rockettes really are as amazing as they seem on TV! We were exhausted by the time the show was over, but we still managed to squeeze in an intimate supper at Le Cirque before heading back to the Upper East Side. From my family to yours, Merry Christmas!"

I had spent the previous night clipping coupons while my husband studied tortious interference.

Still, this Christmas letter, or "topper," provided minutes of entertainment. Had it been less extreme, it might have been depressing, but it was so tone-deaf as to be comedic. 5th Avenue? Le Cirque? I laughed so hard, I almost choked on my hot dog. I guess their supper could have been served by the Rockettes, but short of that, this topper was perfect in its affectation.

My husband and I have come a long way since those Bob Cratchit years, but I still look forward to the annual toppers. Distant cousins whom I've never met tell tales of monthlong cruises and children who have grown from early potty-trainers to Nobel short-listers. One year, an acquaintance wrote one of enjoying her first Singapore Sling... in Singapore. And finally, there's my favorite kind of topper: the Christmas photograph.

The foreground is always the same, a happy family, arm in arm, smiling for the camera. The topper is the background, which could range from a beautiful beach to a world capital. Over the years, I have received Christmas photos taken in front of the Grand Canyon, Big Ben, and the Eiffel Tower. The best one ever, though, the toppiest topper of them all, was from good



Kim von Keller

friends who posed with their children in a foggy mountain scene, a long and winding stone structure at their backs. The message? "Merry Christmas from the Great Wall of China!" Game. Set. Match.

I hope that I will always receive toppers. I love a good story, and I love a good photograph. And next week, I hope to create my own version of the topper. Hopefully,

it will go something like this: "Teddy and I woke up early this morning to light a fire, and lickety-split, our daughter and her cousins were sitting around the tree, opening their stockings and trying to keep the dogs out of the cinnamon rolls. My sister sat with our mother, laughing and crying about the number of snickerdoodles our late father could consume in one sitting. We spent all morning in our pajamas, opening gifts, before finally sitting down for dinner, where we toasted another perfect holiday spent together."

From my family to yours, Merry Christmas.

If you have a Christmas topper story, share it with me at editkim50@gmail.com.

Memories from Nationals 2018

By Kati Lynne Boring

"Let me tell you about this yellow ribbon."

This is how I imagine I'll start my story one day when my future kids are rummaging through my boxes of memories. In the same box, I'll have a ton of other ribbons and the coveted tri-color Grand Champion ribbon from 2017 Academy Nationals, but it's this 3rd place ribbon that so far holds more value than any of the others. I know it's just a ribbon — to everyone who wasn't there — and I know it's not first place, but let me tell you how this ribbon came into my hand.

Right before Nationals, the horse I was supposed to ride got sick. We'd been practicing so hard and we thought we couldn't go because I had nothing to ride. It was such a letdown but my instructor wouldn't give up. She searched for another horse, was able to borrow one from another barn, and had that horse

brought into Nationals for me. She refused to let me down and I was determined to do my best for her.

I rode that horse for the first time less than 24 hours before our first class together. We ended up middle of the pack in that class and nearly last in the second class. But then he became sore and by the end of the first day, it became obvious we couldn't really use him for day two. He got a massage, medicine, and a break.

That night, my brother who was watching my animals while I was out of town, called to tell me that my dog had to be taken into the emergency vet. The vet informed me that my dog needed emergency surgery and that he'd most likely not survive. I broke down. I cried. That dog is my child and he was over six hours away.

I was fighting too many battles and I wanted to go home.

I chose to stay. I stayed up most

of the night waiting for word of the surgery and talking with the vet. Dash survived.

On day two, I pulled myself out of bed at 5:30 a.m. Another barn let me and my instructor borrow one of their horses. I rode him in the warm up arena then took him into the show ring. We did very poorly but the horse was great fun to ride. I absolutely fell in love with him.

On the finals day, I tried a new horse out at 7:30 am. This horse was too much for me and I returned him without using him. Mentally, I was panicking because I had no horse and I had qualified to Equitation Finals which included a pattern. We used the first two horses I had ridden and I placed top ten in both finals classes.

In my Equitation class, they called my name for top five. The top five completed a pattern for the judges. I had never done a pattern for judges before. Without practicing it, my



horse and I completed the pattern with only one real error. I wanted to cry (tears of joy).

Then I did cry because they announced that I was third. Third place at Nationals with a horse I barely knew. I never expected to be third. I had done my best and it was good but the competition was very tough and my circumstances were difficult. The odds were heavily stacked against me.

But I was third. I got the yellow ribbon. I FOUGHT and PERSEVERED for that ribbon — but it wasn't just me. This yellow ribbon isn't just my ribbon and it

doesn't stand for how well I did.

This ribbon represents how hard my instructor worked to train me, to replace my horse, to mentally help me through the obstacles. It represents the obstacles we overcame, the tears we pushed through, our refusal to quit. It represents friendship, other barns' willingness to help us out, and sportsmanship. It represents tenacity, heart, and the basic principle that you should never give up.

I am so grateful to my instructor for being as perseverant as she is, for believing in me, and for pushing me. I am so grateful for those who stepped up to lend their horses and give me a chance. I am so grateful that we walked away with a third place but I am most grateful for what I learned and for the good I saw in other people.

So that yellow ribbon will sit on top of the stack because it means so much more than third place. It's a reminder of what barn life is all about: stepping up even when it's tough, being there for others, and never giving up.

Middle school students 'Read to Succeed'

Stephen Pickens is a seventh grader at McCants Middle School. He is in Mrs. Lauren Hamby's elective Read to Succeed course designed to encourage and foster a love for reading.

Mrs. Hamby conducted a book talk for new books in their classroom library. One of the books was an advanced reader copy (ARC) of April Henry's *The Lonely Dead*. In this book, the protagonist is a teen

who learned at an early age that she could interact with the dead, but because others think she is crazy, she struggles to keep it to herself.

Mrs. Hamby initially contacted Henry through her website about visiting McCants. Although their schedules didn't align, Henry emailed with the opportunity to receive a class set of a pre-released text. She sent 20 copies of *The Lonely Dead* as well as some journals

and teacher materials. The book will release for sale to the public on January 29.

Stephen and his classmates were drawn to the plot of *The Lonely Dead*, and each took a copy. They also loved the idea of reading a book before anyone else could buy it.

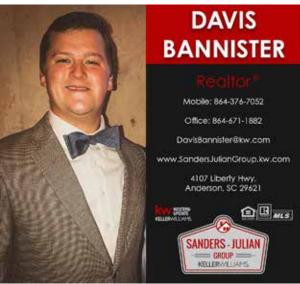
At right: Seventh grader Stephen Pickens reads April Henry's upcoming book, The Lonely Dead. Photo taken by history teacher Mrs. Batton.



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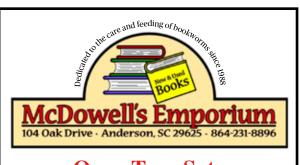


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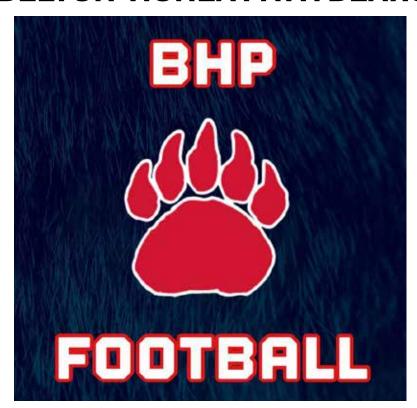




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BELTON-HONEA PATH BEARS



By Dan Lacobie

The Belton-Honea Path Bears Varsity Boys Basketball team has taken off to a slow start this season with a record so far of just 1 -5. With their only win so far coming at the Seneca Bobcats by a score of 85 - 73, the Bears hope to get more on the winning side of the ball when they take on Powersville on December 10.

The Bears have scored 302 points in their 5 games averaging 60.4 points per game. Led by #23 Cadavious Gary with 60 overall points and averaging 12.0 points per game. Second leading scorer is #1 Sam Woods with 41 overall points and 8.2 points per game. #21 Bralyn Oliver comes in next with 37 total points with an average of 7.4 points per game.

The Bears' next few games will see a visit to Emerald High out of Greenwood on Friday, December 14 after the Powdersville game and then an away contest versus Abbeville High on Tuesday, December 18.

The Lady Bears so far this year are 1-4 with their lone win coming against the Laurens Lady Raiders by a score of 50-47. With their last game against the Westside Lady Rams in a losing effort by 60-26, they look to rebound against Powdersville on December 10th.

Leading the Lady Bears in scoring is #5 Aaliyah Thomas with 18 points per game and 72 points scored overall. Coming in behind Thomas is #24 Selena Phillips with an average of 11.8 points per game and an overall total of 47. And with an average of 4.3 points per game, Whitner Bobo is the next leading scorer with a total of 17 points overall.

The Lady Bears will look to get back on the winning track with visits to Emerald High,

Abbeville High and a visit to Powdersville on December 20th before the Christmas break.

ANDERSON SCHOOL DISTRICT 2

PENDLETON BULLDOGS



By Dan Lacobie

The Pendleton Bulldog boys basketball team are 3 -3 at the start of the season so far. Their schedule is looking like this 6 games into the season, with wins versus the Pickens Blue Flame 55-36, the Palmetto Mustangs 63-48, and the Walhalla Razorbacks 59-52. Bulldog losses include Travelers Rest 74 - 28, the Wade Hampton Generals 74-33, and after a visit to Williamston to play the Mustangs 68-44.

The Bulldogs as a team are averaging 36.5 points per game and 22.0 rebounds per game. While keeping up with the national average of 22.0 field goals per game.

Leading the dogs in scoring this season so far is #23 Sidney Mattison with 15.0 per game. Just behind Mattison is #15 Payton Bunch with 10.7 a game. #3 Tai'Shein Mahdi is contributing a total of 9.3 points per game as #2 Bobby Spear and #50 Eric Brown are adding 7.7 and 7.3, respectively, points per game. #50 Brown has pulled down 7.7 rebounds per game and #15 Bunch has added 6.7 boards of his own.

The next few games for the Bulldogs will see visits to the Daniel Lions and the Walhalla Razorbacks and then the Lions will come to play the dogs at home.

The Pendleton Lady Bulldogs are sitting at 3 wins and 2 losses at this point in the season. Wins include 2 versus the Palmetto Lady Mustangs one at home and one away 41-39 and 58-42, respectively. Their third win was against The Walhalla Razorbacks at home by a score of 40-34.

The losses this season were at the hands of the Greenwood Lady Eagles at home 39-28 and The Laurens Lady Raiders at home 51-42.

Upcoming games for the Lady Bulldogs will be in the Apple Classic hosted by West-Oak High School to bring the season to the holidays.

Team and individual stats for the Pendleton Lady Bulldogs were unavailable as of press time.



T.L. HANNA YELLOW JACKETS



By Dan Lacobie

As I sat and watched the varsity football state championship game, T.L. Hanna High School's first since 1974 when the Jackets lost to Spring Valley, anticipation for the win was high during the first half. The score at the half was 24-20 Dutch Fork. Hanna was back and forth keeping pace with the defending state champs and looked like they were going to keep it close.

After halftime, Dutch Fork came on strong when Hanna had several miscues fumbling the ball 3 times and a high snap on a punt deep in Jacket territory gave Dutch Fork 4 additional scores, and at the end of the game Dutch Fork had their third state championship in a row with a final score of 59-20.

Hanna had their bright spots with #6 Zacck Pickens batting a ball up and returning it for a pick 6, scoring Hanna's first touchdown and a Jacket lead 7-3. Hanna racked up yards with a strong ground game with a host of Jackets running the ball. But Dutch Fork, with their potent passing attack, was just too much for the Jackets' secondary.

Congratulations to Coach Jeff Herron and the Hanna team, especially the seniors, on a great 14-1 season and the Upper State Championship trophy.

Turning to basketball for Hanna, so far this season the Yellow Jackets are 2-1 – their only loss to Wren by a score of 82-77. The 2 wins have come by way of Belton-Honea Path High by a score of 80-60 and Daniel High School, 70-57.

Hanna's roster this season includes: #1 Preston Pettway, #2 Isaiah Norris, #3 Trey Hall, #4 James Lovorn, #5 JT Blanding-Witcher, #10 Avery Jones, #11 Ja'hiem Handy, #14 Ja'nike Truesdale, #15 Sayil Blackwell, #20 Jaheim Hogan, #21 Jay Lagroon, #22 BoBo Jones, #23 Ryan Wynn, #30, Noa Glover, #31 Romaine Henderson, #32 John Haddock Rogers.

The Hanna Lady Yellow Jackets basketball team has really taken off to a great start. The team stands at SCHOOL DISTRICT 5-0 with wins over Stephens County (Ga) 63-54, Chestatee (Ga) 56-52, Wren 57 - 38, BHP 84-42, and Daniel High, 47-43.

The 2018 team of the Lady Jackets, coached by Glenn Elrod, features #1 DeAsia Marshall, #4 Leah Dotson, #5 Carmen Chandler, #10 Addie Anderson, #12 Taylor Grace-Scott, #15 Shatajha Norris, #21 Shonte Jones, #23 Alexis Glover, #24 Maleia Bracone, #33 Dro Lee.

Keep up with both Hanna basketball team stats this season with The Electric City News.

WESTSIDE RAMS



By Dan Lacobie

The Westside Rams boys basketball team has started off the season at 2 wins and 2 losses. The tow wins came when Westside played the Seneca Bobcats by a score of 83-47 and the Belton-Honea Path Bears by a score of 70-58. The two losses were at the hands of the Spartanburg Vikings, 65-62 and 70-52, in home and visitor contests.

The Rams as a team are averaging 65.7 points per game. They are rebounding on average 36.7 off the boards per game and swiping the ball from opponents an average of 11 times per game all of these stats are above the national average.

Leading the Rams so far this season finds that #3 Traye Carson has the scoring lead at 11.3 points per game and #11 C.J. Plantin is close behind with a 10.0 average per game. #2 Odarius Cade and #22 Xavier Thornton are adding an average of 8.3 per game themselves.

#2 Cade and # 24 Ty Danzy are leading the Rams with 5.7 rebounds per game with #11 Plantin and #23 Paul Johnson also contributing 5 per game each. #12 Kiante Miller has 4 rebounds on average as well.

The next few games for Westside include a visit to the Laurens Raiders and a couple of home games against Easley Greenwave and the **Greenwood Eagles.**

The Westside Lady Rams so far this year have a 4 win 1 loss record. The team has defeated 4 opponents this season with wins against the Belton-Honea Path Lady Bears 60 -26, the Spartanburg Lady Vikings twice with scores of 50-47 and 49-43 in home and visitor contests. Westside's fourth win this season was versus Blue Ridge High School from Greer, by a score of 63-58. The only loss was aginst South Pointe High School out of Rock Hill by a score of 75-44.

The Lady Rams will have upcoming games against the Easley Lady Greenwaves and the Greenwood Eagles at home before the Christmas break.

The team and individual statistics for the Lady Rams were not available as of press time.