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Downtown Anderson's 1st Annual
SPOOKY STREET

When: October 30th @ 6:30PM

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WHAT IS SPOOKY STREET?

Business owners on Main Street downtown will decorate their store fronts, dress in costume and hand out candy to trick or treaters. This will give parents another safe place to bring their kids and give them an additional day to wear their costumes. Each business owner will choose a kid friendly theme. A contest for best decorations will be held. This is a great way to combine community involvement and tradition. Business owners that participate will have a jack-o-lantern outside their front door to mark their stop. The public is invited to the event on October 30th beginning at 6:30 PM.

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LOVE YOUR HOME, HALLOWEEN STYLE

In the spirit of the Halloween season, we looked back at some of our favorite articles from our friend Bill Ducworth, who was always willing to lend his talents.

Dear Bill,

I am trying to plan a festive and seasonal dish for an upcoming Halloween party. I



Bill Ducworth

understand that you are a big Halloween fan and was wondering if you had a favorite "spooky" dish that you recommend. - Alice

Dear Alice,
I have to say

Halloween is one of my favorite holidays and it's a fun time of year. It gives us a chance to eat lots of candy (legally) and dress up as alter egos. (Hopefully not!) I will leave the hokey Halloween recipes to Paula Dean and the other TV foodies, but I do have something to share that I believe will be the hit of your party.

This recipe is courtesy of Carolina Cuisine published by the Anderson Junior Assembly in 1969.

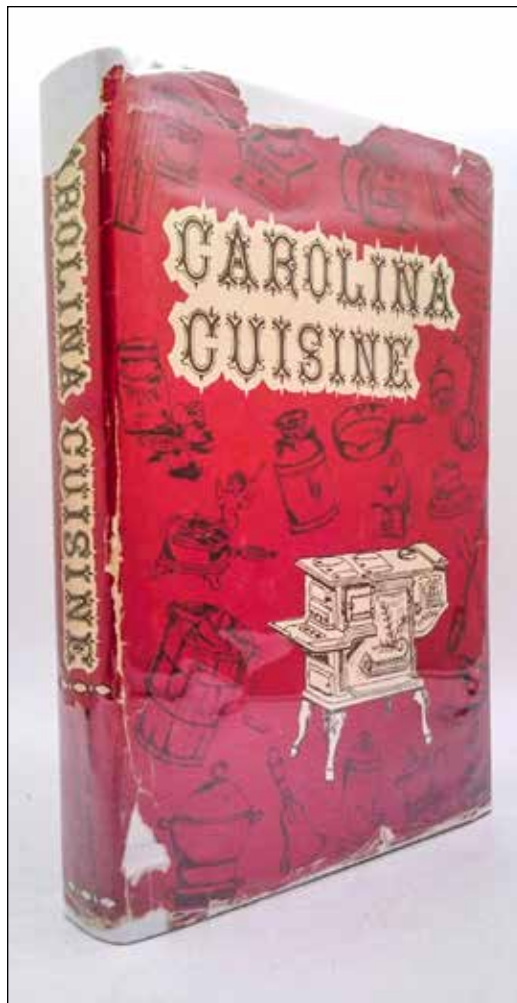
EGGPLANT SWEET AND SOUR SHIBUI

"A recipe from far away Japan" as told by Mrs. Leon Daniel, Tokyo Japan

- 1 large eggplant
- 1 cup Bugles
- 1 10.5 ounce can mushroom soup
- ½ teaspoon curry
- 1 can smoked oysters
- ½ teaspoon nutmeg
- 1 can maraschino cherries (drained)
- 2 teaspoons brown sugar
- 1 can mandarin oranges
- 2 cans whole anchovies (drained)
- ½ pint whipping cream
- 1 envelope onion soup mix

Parboil eggplant (Parboil: To cook partially by boiling for a brief period)

Remove eggplant from water and puree. Add mushroom soup, whipping cream, nutmeg and curry powder. Mix well. Add anchovies, oysters, cherries and oranges. Place in casserole dish and sprinkle liberally with Bugles, brown sugar and onion soup mix.



Bake at 350 degrees until bubbly, about 30 minutes. May be served over Chung King noodles. Serves 4.

Sounds delicious! This recipe was concocted by Anderson's Gloria Edwards and the late Mott Taylor and published in Carolina Cuisine. I will always treasure a note that Gloria had written to me that she called for the dish to explode in the oven. That of course was edited out of the recipe. The name "shibui" translated to "understated elegance" because Gloria and Mott wanted the recipe to sound fancy. Gloria of course was one of Anderson's most beloved and gracious hostesses and was revered by all for her beauty and elegance, and believe it or not, her cooking.

Try this recipe at your own risk. Love your home....and your goblins!

The Electric City News was so very fortunate to have Bill Ducworth on our staff for almost 10 years. Bill's encyclopedic knowledge of everything from fabrics to art to table settings to arrangements made from backyard sticks to German potato salad to Aunt Ruth's silver platter was exceptional and enlightening, entertaining and humorous and of course honest.

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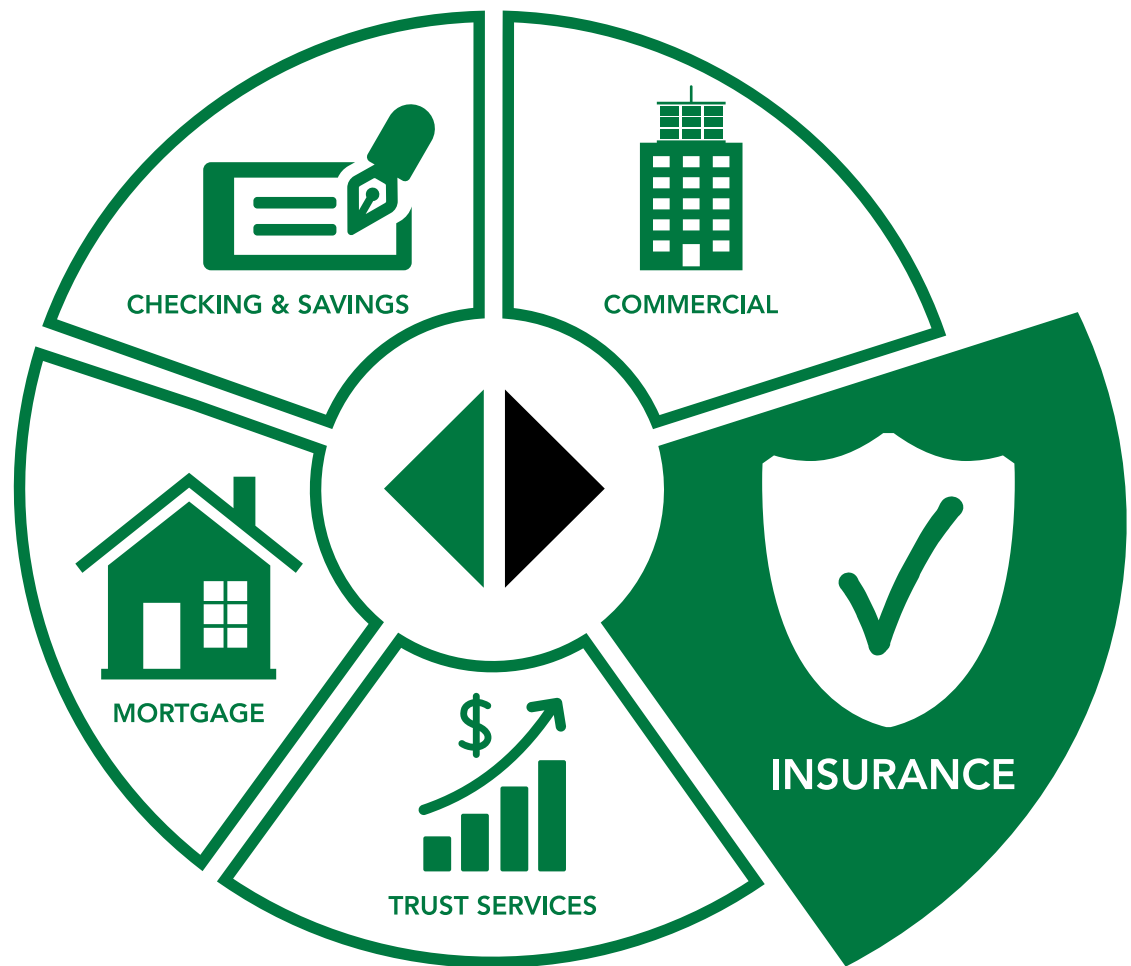
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The bird world's Rodney Dangerfield

Occasionally someone will say to me, "I saw a red-headed woodpecker!" And after they've described the bird they saw, I'll usually have to tell them "You were looking at a red-bellied, not a red-headed."



Ann K. Bailes

Red-bellied woodpeckers are the Rodney Dangerfields of the bird world - they don't get any respect. People always seem a little disappointed that they are seeing a red-bellied instead of the more striking red-headed woodpecker. That's real-

ly somewhat of a shame, because the red-bellied, though not as flashy, is beautiful in its own right. And certainly worthy of respect.

Most woodpecker species have some red on their heads, even if only a tiny bit. And yes, the flashy red-headed woodpecker has the most: an entirely garnet-red head. At first glance the two birds look similar - red on the heads, black on the bodies. But closer examination shows that the red-bellied has only a red stripe on its head rather than a brilliant red hood that covers it entirely. The female's stripe just covers its nape, while the male's comes completely over its head. And while

the red-headed has large patches of black and white on its body, the red-bellied has what's called a ladder appearance - white and black in a checkerboard pattern interspersed all over its back (called barring).

Oh and that red belly? It's just a tiny wash of red on its otherwise light gray underparts. Its name is really a misnomer, as that little bit of red is not easily seen.

The red-bellied is one of the larger woodpeckers (9-11 inches) and it is commonly seen in the southeast. They are happy in all kinds of woods - hardwoods or pine, and they usually nest in more open areas, which may partially be why they are observed more easily. They open their holes in snags of dead wood and can often be heard drumming against tree bark, sometimes as a signal to their mates. Their nesting sites are later used by small mammals, which helps in the natural ecology of wooded areas.

Red-bellied woodpeckers are very common in the southeast (they sometimes come to bird feeders for suet or seed treats), and you'll be far more likely to see a red-bellied than a red-headed. And when you do see one, please give it the admiration - even the respect - it deserves, even if it's not quite as flashy as its stunning cousin. Rodney Dangerfield would appreciate that.

BOULEVARD BAPTIST TO CELEBRATE 70TH ANNIVERSARY NOV. 5

Boulevard Baptist Church will celebrate its 70th anniversary on All Saints Sunday, November 5th 2023. Remembered will be those who have paved the way as the church members plan for the future. The public is invited to worship and celebrate the occasion on that Sunday at 10:30 A.M.

Dr. John McKinney, who served faithfully for 25 years, retired in 2018 at which time Boulevard Baptist called Dr. Layne Smith as Intentional Interim Pastor to lead the church. Boulevard has been

celebrating her rich heritage, examining the mission of the church and its vision and values and evaluating lay and staff leadership structures.

Dr. Smith was very helpful in guiding the church to transition to another pastor after the long pastorate of Dr. McKinney. In June, 2019, the Pastor Search Committee recommended the call of Dr. Austin Carty to be pastor. Dr. Carty began his service in July 2019.



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Anderson-area artists to show work in a surprising location

Anderson Area Artists to Show Work in a Surprising Location

Looking at art in a gallery or museum can be intimidating. What is the etiquette? Do I stand close up to a painting or sculpture, or do I stand further back? Do I cross my arms, or do I thoughtfully place one hand beneath my chin? What is the art supposed to mean?

If this sounds like you, maybe you just need to look at art in a different setting, surrounded by your friends and neighbors. You'll have that opportunity on November 11 when Mr. Rivers Breakfast Joint hosts a showing of local artists Ian Looney and Elizabeth Day.

For Joe Fredette, owner of Mr. Rivers Breakfast Joint and Summa Joe's, hosting events like this are an extension of his restaurant philosophy.

"We believe in staying local and using local products. A lot of local artists don't get the opportunity to show their art, and we like to help them out. As a bonus, I'm in the restaurant every day, and I like seeing different people's perspectives. Hosting a show means that I get to share it with others."

Ian Looney is an Anderson native and graduate of the South Carolina Governors School for the Arts Academy. He is a graphic artist, painter, sculptor, and designer.

"I work in pretty much any medium. I paint in oils, acrylic, watercolor, and spray-paints. I sculpt from wood, stone, metals, and clay. It really boils down to material at hand. I also do digital graphic design and photography."

Looney doesn't have a specific style; instead, he experiments with realism, surrealism, abstractions, and mixes of everything.

"I prefer playing with perception, mixing multiple ideas into one image with different viewpoints. Other than my time at the Governors School, I have no formal training. I have always naturally excelled at creating things."

Elizabeth Day was born in Springville, New York, but as part of a military family, she's lived everywhere. Day paints in oil and acrylic, and she also sculpts.

"When I was five years old, I went to school, and an art teacher was teaching how to draw a house with a driveway to show perspective. My drawing looked like someone much older had drawn it, and the teacher wanted my parents to enroll me in all kinds of classes after school. My dad was in the ser-



vice, so I moved around a lot and had many art teachers. One would have a great painting program or sculpting program or photography program. I just eat, live, and breathe art."

Folks attending the show at Mr. Rivers Breakfast Joint will see a variety of work from both artists, with as many as 30 pieces on display. The show is expected to run from around 5:00 p.m. to 9:00 p.m., although the restaurant's dining crowd will get a sneak peek as the art is being mounted.

"We would like to expose Anderson to a large variety of different styles and techniques that you may not see at a traditional venue," Ian says. "We don't have a place to display like this often. The owners, Joe Fredette and Summer Fredette, have been good friends for years and have always supported us as artists as well as just supporting the arts all together. I had been looking for a place for us all to display our works, and they were very receptive and helped us with the opportunity to use their business to display our art."

Joe is happy to use his restaurants to help Anderson's community of artists.

"I don't think that a lot of artists get a chance to show their art. It's no cost to us, and I like to help them out. I have probably ten of



Left: "Pear" by Elizabeth Day. Above and below, pieces by Ian Looney.

their art pieces in my house."

And what about using restaurant space as showing space? Elizabeth prefers it to a gallery.

"I love showing in Joe's restaurants. In past shows, we've set up the day before, and the breakfast crowd gets to see the art before the show. They're not there to drink a glass of wine and schmooze, and I love their reactions when they see new art on the walls. You don't get that at most art shows. If it makes them smile, I love that! You don't have to use a particular etiquette to view artwork at a local business."



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Anderson Emergency Soup Kitchen has new home



The former Roy's Diner at 1527 South Main Street is now the new facility for the Anderson Emergency Soup Kitchen. Donations along with a grant from the Abney Foundation have made this relocation possible. The previous facility in the repurposed house on Franklin Street was in need of major repairs.

With the growing number of people who are homeless along with those who can't afford groceries, the Soup Kitchen could no longer accommodate the number of hungry people at their original location.

The new location will offer indoor seating, as the last few years since the pandemic, only takeout have been available.

This ministry of feeding the hungry began in the early 80's at Grace Episcopal Church. Their continued support has been matched with donations from other churches, individuals, Foothills Foundation, and United Way of Anderson along with the Abney Foundation.

The Soup Kitchen serves around 100 people a day. Meals are served Monday through Friday from 10:45-12:15. Eat in dining only.



Words to instill, teach and encourage in your children



**MARY-CATHERINE
McCLAIN
RINER**

Language and words matter significantly. Messages internalized today impact tomorrow and the years to come. Help your children feel loved, encouraged, and supported by using these simple yet such powerful statements.

- ♦ I am proud of how you handled this situation
- ♦ You have such a beautiful and gentle heart
- ♦ All challenges have solutions
- ♦ I will always be here for you
- ♦ I had fun with you today
- ♦ This is a great observation
- ♦ I noticed you were patient today
- ♦ I appreciate you sharing your feelings
- ♦ It is OK to change your mind or opinion
- ♦ I believe in you
- ♦ Your wants, needs, and ideas matter and are important to me
- ♦ I see how hard you are working

- ♦ Being a kind friend is important
- ♦ The goal is not to be perfect. We all make mistakes
- ♦ We can all learn from mistakes
- ♦ We are proud of you for not giving up
- ♦ I love being your parent
- ♦ I am thankful for you
- ♦ Nothing will ever change my love for you
- ♦ It makes me happy laughing with you
- ♦ I accept you.
- ♦ It is OK to tell me no
- ♦ Let's try your way first
- ♦ I love the way you share stories
- ♦ You are enough
- ♦ You make my heart full
- ♦ Great job! Thank you doing this
- ♦ Being your parent is my favorite job
- ♦ I learn new things from you every day
- ♦ What you did was really brave
- ♦ We can try again tomorrow
- ♦ I am listening

Mary-Catherine McClain Riner, Ph.D., Ed.S., M.S., is a Licensed Psychologist with Riner Counseling, LLC. Visit www.rinercounseling.com or call 864-608-0446.

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YOUR DENTIST CAN SAVE YOUR LIFE

The benefits of deep breathing exercises

As regular readers of this column know, I'm passionate about any steps we can take that will help keep us healthier. When it comes to improving our health, we tend to focus on things we can easily track – like how many calories we consume. How far we walk. Or how many times each week we exercise. However, there is one area of health maintenance often overlooked – and admittedly harder to measure. I'm talking about the benefits associated with deep breathing as part of an exercise routine.

Why are deep breathing exercises important? The big reason has to do with chronic stress, a condition that seems to be an intractable part of our modern lives. Chronic stress has been linked to heart disease, high blood pressure, diabetes, and more. In addition, stress impacts our ability to achieve adequate, restorative sleep. As a member of the American Academy of Dental Sleep Medicine, our practice focuses on sleep issues; we know just how important sleep is to

our overall health and well-being.

So, what exactly are deep breathing exercises? Think of it as out with the stale air in your lungs -- and in with new fresh air.



Dr. Gabrielle F. Cannick

When under stress, we experience faster breathing, heart-rate elevation, irritability, elevated blood pressure, anxiety, and body tension. Slowing down and engaging in deep breathing basically counters these reactions. Here are two basic breathing exercises:

1. Pursed lip breathing. Slowly inhale through your nose and gently exhale through pursed lips. It is recommended you start with a few minutes and gradually increase the duration as you get comfortable with it. You can do it for

as long as you feel comfortable and relaxed.

2. Simple belly breathing. Inhale through your nose, making sure the hand on your lower stomach rises. Contract your stomach muscles to exhale, breathing out through pursed lips or through your nose. Your abdomen should remain soft as you engage your diaphragm. Take a deep breath in with the intention of really filling up the whole lung with air.

As with aerobic exercise or meditation, deep breathing will be most beneficial if you treat it as a daily practice. And it can help "in the moment". Should you feel anxious you can lower your blood pressure and heart rate significantly with just a minute of deep breathing.

In short, deep breathing signals your body to relax. This improves your heart function and strengthens your muscles and makes your lungs more efficient.

Deep breathing exercises can be done any time of the day to help reduce stress, improve your focus – and help you get that all-import-

ant restorative night's sleep. If you have any questions, please reach out. We are here for you! Consider us your hometown resource for guidance and support.

Dr. Gabrielle F. Cannick is the owner of Grand Oaks Dental, located at 3905 Liberty Highway in Anderson. A strong believer that dental fear and anxiety should not prevent any patient from receiving the highest quality dental care, Dr. Cannick has received extensive training in Sedation Dentistry and is a certified member of the Dental Organization for Conscious Sedation. She is also a member of the South Carolina Dental Association, the American Dental Association, the Academy of General Dentistry, and the American Academy of Dental Sleep Medicine.

For more information about Grand Oaks Dental and the services provided, please call 864-224-0809, visit grandoaksdental.com or find us on Facebook at <https://www.facebook.com/GrandOaksDental>.

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FUN

Let's have some Fun. Man that was Fun. Did you have Fun?

Are we having fun yet? I'm having fun right now, although my wife doesn't consider anything done in front of a lighted screen



Neal Parnell

fun at all. She finds her fun outdoors. Fun seems to happen that way for most. If your job is done inside

then your fun is usually found outside. If, like me, you spent years working outside, your fun is found inside.

The word FUN didn't come into existence until the 16th century, and even then it was only done by the rich and banned for the working poor. That's right, fun was against the laws of Kings and Queens.

Even today there are those that are arrested for having fun. I read that just the other day



some kids were charged with destruction of property. When asked why they did it they said, "We were just having Fun".

What's fun to some is not fun for all. This may be "The Land of the Free", but Fun is not free. Billions are spent each year on having fun. Vacations, Amusement Parks, Cruises, Video Games, the list goes on.

But what about just stepping outside and enjoying the beauty of nature, that doesn't cost anything.

Well my friend, unless you're stepping outside in your birthday suit you'll need to purchase some clothes, and even if you do

bare it all, you're paying for the land you're standing on in one way or another.

There is a kind fun that doesn't cost the bearer of it one red cent, and that's "Kid Fun". Admit it, the most fun you ever had in your life was when you were a kid. Think back to when you didn't know what money or responsibility was. The days were long and full of endless adventure and surprise. The birds were flying high and free and you just knew that if you wanted, you could fly too. Go ahead and remember when you first got to leave the driveway on your bicycle, or the time you got to stay all

night in a backyard tent. Once you're grown you find yourself working and working, waiting and saving for that week or two when you hope to recapture that "Kid Fun" you had long ago.

But no matter how hard you work, or how much you spend, you'll never feel that kind of "Kid Fun" again. Oh well, don't despair, "Adult Fun" is what all the kids think they want, even though they don't understand how much it takes to have it. As adults we are so jealous of "Kid Fun" that we enacted laws to keep kids away from our fun. Sorry kid, this movie is rated PG, you'll need a parent to watch with you. Sorry kid, you must be this tall to ride the roller coaster. I spent a lot of my kid years riding and sliding around in the back of a station wagon with no seatbelts at all. There were no ratings on movies, and the roller coaster operator would let your dog ride with you, if you paid for it.

Fun is something that we all have. Can you imagine life without it? The Bible doesn't contain the word Fun at all, but just because it isn't mentioned, doesn't mean it isn't there. I found this, just for fun. Ecclesiastes chapter 3 verse 13... And also that every man shall eat and drink, and enjoy the good of all his labor. It is the gift of God.

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BUILDING BACKGROUND KNOWLEDGE

Did you know that background knowledge is a key component to reading? Background knowledge is essential for reading comprehension. It is defined as any preexisting understanding of concepts, situations, ideas, and vocabulary that one can call upon when reading. Basically—the more you know about a topic, the easier it is to read a text, understand it, and retain the information.

Readers use their background knowledge to make inferences, combining evidence in the text with their own experiences to figure it out what an author implies but doesn't directly state. Background knowledge is what lets readers make sense of idioms and expressions, like "once in a blue moon" or "under

the weather." Readers also use their knowledge base to choose the correct interpretation of multiple-meaning word in text.



Katie Laughridge

How do you build background knowledge in your reader? There are SO many ways! You are building background knowledge with your child already and you probably don't even realize it. Here are a few suggestions of things I'm sure you are already doing and some

things you could think about trying.

Offer your child a variety of books to read (fiction and non-fiction). Think about what they are interested in and build on that. Instead of grabbing a fiction book about a monster truck, pick up the informational book! Instead of choosing the book with the cartoon llama on the front, get a non-fiction book about llamas! I guarantee they will enjoy learning about something new.

When you are outside your home, you can talk about things you see (animals, buildings, types of cars, etc). Share fun facts you may know about certain animals, places, automobiles, bugs, etc. Answer their questions! Talk to them about where that tractor, ambulance, or

car carrier might be going. Talk to them about why squirrels run up and down trees and why leaves are all over the ground. Explain why all the little lights are lit up on the airport runway. Discuss how and why spiders create webs. Look at these little conversations as a way to build background knowledge with your reader.

When you go on trips or go to new places together, talk about your surroundings. Tell them what the "tide" is, explain why mountain roads are curvy, share your personal experiences or connections related to the place you are going, talk to them about changes in weather and why the birds passing by are all migrating in large groups.

Let your child help you cook

dinner or wash clothes. Show them how to measure, read recipes, read a dial on the washer or fill up the little plastic cup to the correct line. Talk to them about why it's important to follow these directions.

Encourage them to try new things. Play basketball, try karate, join the archery club, take a dance or cheer class, or participate in something they wouldn't normally try.

Just remember that you have opportunities every day to engage your child in building their background knowledge. These conversations and experiences will help them make connections to text and comprehend stories they read. Here's to investing in the next generation of readers!

NEARLY 50 YEARS OF FEEDING A NEED

BY RICH OTTER

Lila Fretwell Albergotti grew up in a comfortable environment in Anderson, even though during the years of the Great Depression. She had life-long friends in the community and a good education. Lila's grandfather Fretwell had given seed money to help start Anderson College.

Lila was born when her parents were in their mid-forties and, by her own account, they had to put up with some of her shenanigans. Sadly, her mother became incapacitated as she aged but with family members and domestic help the family was able to look after her and meet her needs. Her mother, for six years, was bed-ridden and required "help around the clock."

One day, as Lila Albergotti stood beside her mother's bed, she had a sudden thought: "What do 95 percent of the people in the world do in this situation?" Not many people would have the resources to give the required care. The thought of "Meals on Wheels" struck her. She approached local organizations with the possibility, but, for one reason or another, help could not be obtained.

The United Way then gave a one-time grant of \$5,000 for the program. A board was formed and with those funds they "opened the doors." The Anderson City Council initially allowed use of the Jefferson Street Center, now the Jim Ed Rice Center. They started off in 1975 with 30 participants and about the same number of volunteers.

Someone would call in and give the name and address of an individual in need and one of their trained volunteers would go out and interview the individual. No one was ever charged but donations were often received from the individual or his or her family or friends. They supplied one meal a day but there frequently was enough food to stretch into two. The newspaper gave issues for participants. Doughnuts and milk were contributed.

Some volunteers were serving as many as 35 or 40 people. The volunteers were primarily retired people but groups such as the Junior League members participated and took their children with them. The volunteers and participants developed close relationships. Including all overhead expenses, the cost at that time for a meal was less than \$2. That did not include the costs incurred by the volunteers.

"Suddenly...the federal government decided it would like to take over all of the Meals on Wheels programs in the country. The people with one going privately were notified that money was coming down and if they didn't



Lila Fretwell Albergotti

take the money the government would open up its own program and duplicate what the private programs were doing." They learned of a Federal program operating in another locality serving the same number of individuals with a budget eight times that in Anderson.

With son Sam Albergotti driving, a group invaded Washington wanting to be left alone, to be able to provide the service without competition from the government and without government money and regulation. Officials couldn't understand why they were "asking not to get money." They were successful in getting the proposed law changed.

The program grew and grew. They raised \$648,000 "and took an eyesore of the old McCants Junior High and made it a very useful facility" for their operations.

Volunteer Dick Cenzalli proudly reported that, in 2022, Meals on Wheels served 184,200 meals to disabled individuals and seniors. That was accomplished with over 600 volunteers delivering to 950 individuals, expending some 27,000 people hours. In addition, 4,100 emergency meals were kept on hand for use in the event of inclement weather. Financial help came from 1,490 individuals.

He said that for the recent Labor Day weekend "we had to send out around 13 to 15 hundred meals, both hot and cold, because we would not be here on Monday." Frozen meals are regularly delivered to individuals who do not have family or friends to assist them over weekends.

Help is received by groups such as home schoolers, Anderson University students, and from employees of many local businesses and industries. The program is overseen by Executive Director Laurie Ashley.



Packing meals

Shirley Pace, who delivers to about 20 people down the Fant Street area to Homeland Park, has been involved with the program for 14 years. She indicated they are now short of delivery volunteers because of the high cost of gasoline. Remarking about the relationship with the

individuals she serves, she said the really hard part is losing them. They become good friends.

Lila Albergotti's inspiration at the bedside of her mother 48 years ago resulted in a vibrant operation, still functioning from the former school facilities on Fant Street.

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FROM THE SHELF

'Good Bad Girl' by Alice Feeney

I left my last review off with a comment about not being sure about Alice Feeney's latest, *Good Bad Girl*. Well, I finished it and while it was good, it wasn't my favorite of hers. Now, as I discuss my "disappointment" with her latest, keep in mind she's a favorite, and the bar is HIGH. So don't take this as a reason to not read it since you still should, especially if you like thrillers and complicated mom/daughter relationships.



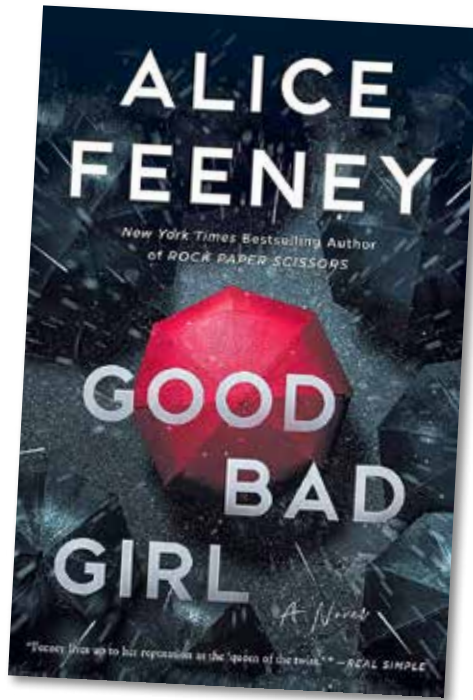
Sara Leady

Coming into *Good Bad Girl*, I would have said her second title, *I*

Know Who You Are was my least favorite. I think it's for similar reasons in that it didn't pack the punch I'm used to getting from her. Her twists are legendary and the final twist of *Good Bad Girl* wasn't bad, but I didn't want to throw the book and shout to the skies over it. It's a good twist, but not a smack you across the face twist.

The story is told from the perspective of four different women, all of which have challenging and complicated relationships with their mothers. There's Edith, a spunky (maybe more caustic but in an endearing way) old woman who lives in an upscale assisted living facility called Windsor Care Home (that she was tricked into and dumped at by her daughter). Clio, Edith's horrible, sneaky daughter who clearly doesn't appreciate all the things Edith did for her. Patience, who works at Windsor Care Home and cares for Edith (more of a maid but she sneaks Edith's dog in to see her and brings candy). And lastly, Frankie, whose daughter ran away after Frankie refused to tell her the truth about her father despite promising to do so when she turned 18.

The director of Windsor Care Home turns up dead, and Edith and Patience are the prime suspects. Naturally, Patience breaks Edith out, and they more or less go on the run while trying to solve the case themselves (Edith was a department store theft detective, you know!). That's the gist of the present day crime. Woven into the narrative is the story of a baby that was stolen from a stroller in a grocery store twenty years prior, a case which ties to our present day (not a spoiler—literally says so on the jacket). The mysteries of the story are essentially who murdered the director of Windsor, what happened to the stolen baby, the secrets of all four women and how they are the basis for their fraught relation-



ships, and how all of that actually ties them all together.

In typical Feeney fashion, she messes with the reader with fractured timelines and a healthy distrust of all the women, making you question any and all potential clues, adding to the tension of the story. Feeney slowly dishes out each woman's secrets, which slowly shows all the threads that bind the women together and paints the full picture of what exactly is going on. There's plenty of twists and big reveals, they just weren't as mind-boggling for me as I'm used to Feeney writing. While the twists may not have been as jarring, I definitely still couldn't put the book down, so you seriously won't be disappointed reading this one.

Another thing that felt like a potential deviation from Feeney's usual stock was there was a sort of underlying literary element to the book. I wouldn't classify *Good Bad Girl* as a straight thriller. Part of the ongoing narrative is an examination of good versus bad, and how you can be a good person who does bad things for the right reasons. Maybe you stole a baby, a bad thing, but your motivations for doing so were good, because you thought you were saving the child's life... It's not that her other titles don't have bigger discussions going in them, they're just more relationship examinations rather than a philosophical look at what makes a person good or bad. See? Lots of reasons to read it even if it doesn't pack her usual punch and didn't blow away her previous titles.

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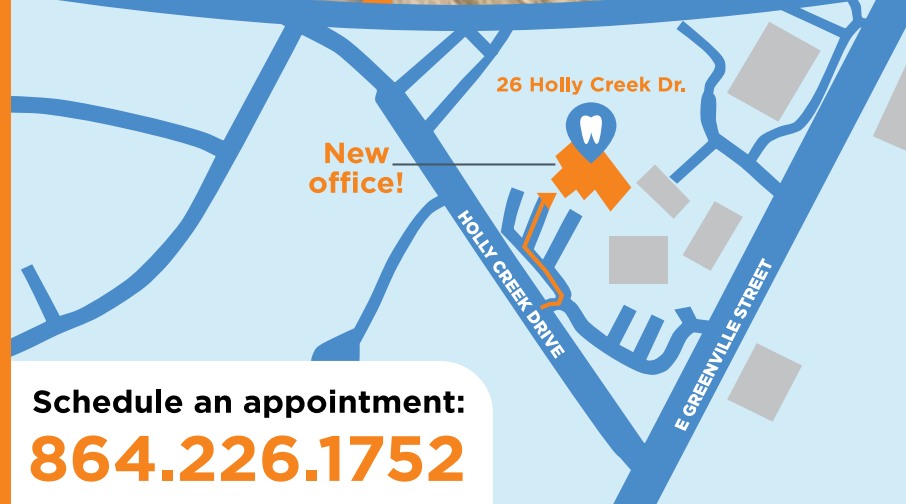


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I'm old(ish), and I need your help

I've got six months to get ready, and I'm counting on you, Young People of Anderson.

My dilemma started with a traffic jam. My husband and I



Kim von Keller

were stuck outside of Asheville, cars barely creeping along, so Ted decided to make the creeping more enjoyable by surf-

ing Spotify. He finally settled on one of my favorite channels, Tyler Childers Radio.

I love Tyler Childers. This Kentucky songwriter and his band have a strong country vibe with a bluegrass twang, and his lyrics are clever, current, and often poetic. While we sang along to "Follow You to Virgie," "Lady May," and "Hard Times," the channel also included songs by another one of our favorites, Texas songwriter Hayes Carll. Carll is an excellent musician with a wry sense of humor, capable of both sarcasm and sweetness in songs like "Bible on the Dash," "Beaumont," and "Girl Downtown." Still sitting in traffic, a half hour later, I told Ted that he ought to see if either artist was touring, and he found the most remarkable thing:

In April 2024, Hayes Carll is opening for Tyler Childers in Fort Worth, Texas.

You cannot ignore coincidences like that. We immediately bought tickets, and I'm really, REALLY looking forward to it. Unfortunately, we haven't been to an arena show since we embarrassed our daughter at a Carrie Underwood concert about a dozen years ago. (We were totally in the wrong, as we insisted on both breathing and being visible to other people.) This is where I need advice, Young People of Anderson. It's one thing to embarrass your child in public, one of life's great joys, but it's another entirely to embarrass your-

self. I'd love for you to help solve the problems listed below.

ONE: HOW TO DRESS

What does a woman of a certain age wear to a concert? Fort Worth has an old Texas feel, effortlessly confident, cool, and rich. I can't dress like someone Tyler Childers' age, but I don't want to dress like Grandma at the Dance Recital, Grandma Standing in Line at the Verizon Store, or Grandma Having Dinner at 4:00 PM, especially since I'm not a grandma yet. I googled What to Wear to a Concert + Over 60, and I saw a lot of leopard print (not my thing), a lot of chic little jackets (too hot for Texas in springtime), and at least one fanny pack (hard no.) Right now, I'm thinking jeans, a V-neck tee, and my cowboy boots, broken in over the last 20 years. Thoughts?

TWO: TO SING, OR NOT TO SING

When Elizabeth was young, I never threatened her with being grounded or taking away her phone. If she needed to be reined in, I threatened to sing in front of her friends, which is way worse than just breathing. I'll have a hard time not singing along, but is that okay? Can I just sing with the sweet songs? What about the edgy songs about anything not appropriate for a family newspaper?

THREE: DANCE LIKE NO ONE'S WATCHING

So you know, I got the moves. I'm just not sure if I'm allowed to use them anymore. Luckily, neither musician is into dance music, but if the song is right, rhythmic movement just takes over. My main goal is not to do anything reminiscent of a Jazzercise warmup or the casting of a spell. What does concert dancing even look like these days?

So here we are, Young People of Anderson. My successful re-entry into the concert world depends on you. Share your suggestions – or your favorite concert memories – at editkim50@gmail.com.

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NIBBLE & SIP

TASTING TEXAS

I truly love visiting Texas. Whether it's San Antonio and the River Walk, the small Czech communities of the central part of the state, Austin and its music scene, or the hustle and bustle of Dallas, I've never been to a place in the Lone Star State that I didn't want to return to.

I've also never had a bad Nibble or Sip in Texas, so I'm looking forward to my trip to Fort Worth in the spring. The first time I ever had a Paloma was at Tim Love's Lonesome Dove in Fort Worth, and it's been a favorite ever since. There's nothing like the acidity of grapefruit to cut

the Texas heat. These days, I'm really enjoying a riff on the tequila classic called the



Kim von Keller

Ruby Paloma. It's made with one of my favorite Texas products, Deep Eddy Vodka. Deep Eddy produces a line of flavored

vodka, and its Ruby Red heightens the grapefruit flavor in the cocktail. The Ruby Red is a great cocktail

to pair with a rich appetizer, and Jalapeno Popper Dip fits the bill. It has everything that makes the classic stuffed jalapeno so delicious, but it's much easier to prepare. I won't be traveling to Texas until next year, but this Nibble and Sip will remind me of why we go there again and again.

Jalapeno Popper Dip

- 8 strips bacon
- 3 cloves garlic, minced
- 2 large, fresh jalapenos, diced
- 16 oz. cream cheese, softened
- 1/3 c. mayonnaise
- 1/3 c. sour cream
- 2 t. Worcestershire sauce
- 8 oz. extra-sharp cheddar cheese, grated
- 1 large jalapeno, sliced, for garnish

Sturdy tortilla chips or corn chips, for serving

Preheat the oven to 375 degrees. In a medium cast iron skillet, cook bacon until crisp. Set aside on paper toweling, and drain the skillet of all but about 2 tablespoons of the bacon fat. Add garlic and jalapenos to the skillet, and saute until softened.

Remove the skillet from the heat. Add softened cream cheese, mayonnaise, sour cream, and Worcestershire sauce, whisking until the mixture is thoroughly blended. Stir in about two-thirds of the bacon, setting aside the remainder to garnish. Sprinkle the grated cheddar cheese over the dip, and place the skillet in the oven for about 15 minutes, or until bubbly. Remove

the skillet from the oven, garnish with remaining bacon and sliced jalapenos, and serve with chips. Serves 8-10.

Ruby Paloma

- 1 oz. Deep Eddy Ruby Red Vodka
 - 1 oz. tequila
 - 1 1/2 oz. ruby red grapefruit juice
 - 1/2 oz. lime juice
 - 1/4 oz. simple syrup
 - 2 oz. club soda
- Mix vodka, tequila, grapefruit juice, lime juice and simple syrup in a cocktail shaker. Fill with ice, and shake until chilled. Strain into a Collins glass, fill with fresh ice, and top with club soda. Stir gently, and serve. Makes one.

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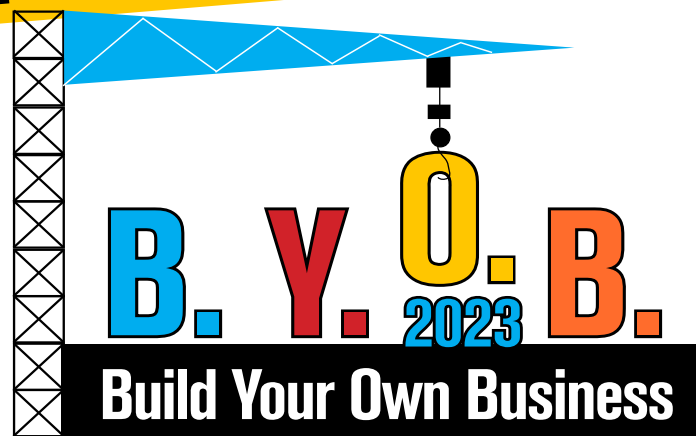
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Here's to Halloween

Halloween is almost here and I couldn't be more thrilled. I have the fondest memories growing up with my family and all the silly things we did during the season. I'm an identical twin so the theme was always "matchy-matchy".



Kristine March

Raggedy Ann & Andy awarded us first place in our church Halloween contest and my mother and grandmother made the costumes from scratch. I've always been

a fan of coming up with authentic costume ideas rather than store bought. I get it honestly.

I come from a very theatrical family, so it's just in my genetic makeup. We know how to put together costumes in a flash. This spooky season you should too. I have three really cute ideas that you have in your closet already. The first "do it yourself" costume idea is based on cinema. This year my entire crew is doing all things movie themed. Holly Golightly from *Breakfast at Tiffany's* is the most easy and adorable costume ever. You simply need a blue lash sleep mask. A long white button-down shirt. Tassel earrings. Fake lashes and pink lipstick with pink ballet flats. It's the wardrobe from my favorite scene when she peeks her pretty head out of the door the next day from her wild party she had the night before. It's just too cute and easy to do. Not to mention, comfortable.

My second choice is from the eighties film *Troop Beverly Hills*. Phyllis Nefler is the best



character and oh so funny. You need a camel-colored cape or even a trench coat would suffice. A girl scout sash with a khaki skirt. A green beret. Brown lace-up boots. A green scarf and a red curly wig. If you really want to go over the top, add a candy cigarette in a retro holder. They sell them on Amazon for practically pennies. My final and probably the most uncomplicated is Margot Tenenbaum from the 2001 Wes Anderson film *The Royal Tenenbaums*. She wears a floor length brown fur. A sleeveless striped style polo dress, Lacoste brand, a red hair pin or a snap clip. A pair of brown leather loafers, a brown oversized knock off Birkin bag and pink gloves.

She's also super heavy handed on the black eyeliner and always pouting. Seems like the perfect look for me.

These ideas are so much fun to recreate. Make sure to watch these films or the film and actor of your choice to really get you into character before your big Halloween party. There are endless options on who you might want to redevelop. Which costume are you going to come up with this Halloween? Remember to make the sidewalk your runway and don't forget, kindness always matters. Happy October y'all.



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THE GARDEN SHOP



View from the laundry room

BRING IN THE BUTTERFLIES



**SUSAN
TEMPLE**
master
gardener

It's difficult to go on a garden tour and not compare our own garden to those. Greenville Garden Council had their annual garden tour the last weekend in September. The tour rotates some years from spring to fall. Styles varied from a Japanese garden at a mid-century modern home, to a traditional brick home with planted borders around the lawn perimeter, to a cottage style home and garden, to a classic brick home with a very densely planted, mostly shade garden and garden rooms throughout. This garden was magazine worthy. How do people achieve that? I guess starting with a high dollar garden designer helps (which this homeowner did). It is usually quite obvious if the homeowner is a design person or a plant person. I can use being a plant person as a reason why my garden is like it is. Or I can say it is wabi sabi, a Japanese term for beauty in imperfection. Yeah, that sounds about right. Or I can use the example given in a native plant course, let nature do the planning and work around that. Yeah, that is why there are so

many weeds in my garden. It's natural.

Admittedly, I buy plants based on their description, and usually with no idea of where they will be planted. The joy is in watching them grow. Sometimes when buying a plant that needs a particular type of soil, say wet or damp, then it has to go where it will be happy, not necessarily where I might enjoy it most. Such is the case with some asters from Greenville Master Gardener Symposium back in February. Three native swamp asters (*Symphotrichum puniceum*) just had to come home with me. Not all plants with swamp in the name have to be in a damp place. But all research said these preferred it. Two were planted at the sunny corner of the house where water pours off the roof. Elliott's aster is nearby. Swamp aster should be able to keep up with Elliott, which really spreads and gets about eight feet tall. Swamp asters grow to maybe that height, but this first year, they are only about five feet tall. Even in this drought, they are in full bloom with tiny pale purple flowers. The plants are leggy, mainly just stems up to about three feet, then a large poof of multi stems covered in blooms.

Back in early summer, something was enjoying them. Almost all the leaves had been eaten. I've since read that many insects feed on the foliage, bore into stems, and even roots. Having no idea what most are, and be

they good or bad bugs, Mother Nature will have to sort that out. We are not a totally organic garden, but are pesticide free. Yes, design guidelines state plant in odd numbers and only two were planted in this spot. The other one is still in the garden shop waiting to be planted. Something enjoyed its foliage too and it is recovering. New plants are not usually all planted in the same place. What if they don't like it there? What if it's a favorite deer buffet spot? What if the light is not right? Who cares if two is an even number? What if they don't grow the size tag says and can't be seen as planned? The view of these swamp asters is beautiful from the laundry room window. Who spends enough time in the laundry room to worry about the view? I have one left to plant somewhere I can better enjoy it now that I've seen it grow.

What we care about are plants that bring in butterflies, which asters do. They feed, and host, many butterflies and moths. They provide a lot of nectar to monarchs. They support all kinds of bees and wasps. The fruit in dry seeds are covered in tufts of white hairy stuff that carries them off in the wind. Maybe Mother Nature will plant them other places for turkey, which supposedly eat the seeds. Back to comparing my garden to the magazine worthy garden, there was not one butterfly or buzzing thing. I'll take the weeds with butterflies and others.

OBITUARY

Jerri Lynn Greene

Mrs. Jerri Lynn Greene, 86, of Anderson, SC, passed away peacefully at her home Thursday, October 5, 2023. She was born June 26, 1937, to the late PJ Aylward and the

late Helen Whitmire. She grew up in Columbia, SC.

Jerri earned a degree from Coker College and spent the early years of her career teaching special needs children in



Anderson. She also pursued public advocacy initiatives for the elderly through her work with the Council on Aging and later worked for the Appalachian Council of Governments in North Carolina. Jerri continued her path in public service as Director of the Spartanburg Development Council where she promoted the City of Spartanburg, SC to the world for more than 20 years.

Jerri was a devoted mother and grandmother. She was giving, humble, proud, beautiful, smart, compassionate, caring, and spiritual. Above all, she is irreplaceable.

Jerri is survived by her beloved sons William L Thompson Jr. and Clay Ashmore Thompson (Nancy); stepdaughter, Candy Cochran; grandchildren, Bill Thompson III, Lee Thompson, Mary Haley Thompson, Mac Thompson, Rosie Thompson, Cristin Cochran, Mary Catherine Sterba, William Cochran, and Carrie Anne Dodson; great-grandchildren, Joey Thompson and Parker Foltzer; and sisters, Candace Downing and Jeremi Harnack. In addition to her parents, she is preceded in death by husband, John W Greene, and great grandson, William Thompson IV.

A service celebrating Jerri's life will be announced at a later date. Memorials may be sent to St. Jude's Children's Research Hospital or the Michael J Fox Foundation for Parkinson's Research.

T.L. HANNA YELLOW JACKETS

Yellow Jackets atop region as regular season nears end

BY BRU NIMMONS

ANDERSON — With just two games left in their regular season schedule, the T.L. Hanna Yellow Jackets find themselves atop their region with a matchup with Hillcrest looming.

The Yellow Jackets began their most recent stretch of games hosting the Mauldin Mavericks. Hanna had little trouble with the winless Mavericks taking them down 62-7.

From the start it was all Hannah, with the Jackets getting an early stop before taking control in the first quarter on a six-yard KD Patterson touchdown run.

Heading to the second quarter up 7-0, Patterson came through again with another touchdown run to boost the lead. A strip sack recovered by Hanna defensive lineman Zack Ramsey set up a three-yard score by

Will Epps and quarterback Eli Hollinger hit Jojo King for 12-yard score before the break to give the Jackets a 27-0 lead at halftime.

Hollinger got the Jacket offense going again out of the locker room finding Josh Donald for a 16-yard score to boost the lead to 34-0 with 8:44 left in the third quarter. Not to be outdone, Patterson added his third touchdown of the day on a 26-yard score on the next possession.

The defense got in on the action shortly after with Cam Strong adding a 45-yard pick six to put Hanna ahead 48-0 and force a running clock as the Jackets rolled to a 62-7 win.

Hanna faced an even greater challenge the next week on the road against the 10th-ranked J.L. Mann Patriots. Behind a sensational day from Patterson, the Jackets pulled out a 56-35 win.

In the ranked matchup, Mann got on the board first scoring on a 23-yard end around by Mikel McClellan to go up 7-0 in the game's opening minutes. Hanna managed to answer right back though with Patterson finding a hole in the Patriot defense and scoring on an 18-yard run. Mann managed to retake the lead before quarter's end with Ethan Anderson hitting Keyshun Henderson for a 15-yard touchdown to give the Patriots a 14-7 lead.

A five-yard touchdown from KD Patterson early in the second quarter allowed the Yellow Jackets to tie things up and an interception from Strong set up Patterson for a 54-yard scoring run to give the Jackets a 21-14 lead. However, the Patriots managed to things up just before the half on a five-yard touchdown run from Nacyus Morrison to even things at 21-21.

Hanna retook control early in the second half on a five-yard pick six from Khilon Groves, but Mann refused to go away with Anderson hitting Henderson again for a 30-yard touchdown. Patterson kept his big game going late in the third quarter scoring on a two-yard run to put Hanna ahead 35-28 heading into the fourth quarter.

Josh Donald increased the lead to 42-28 with a four-yard touchdown early in the fourth quarter, but Mann responded yet again with Morrison scoring from 15 yards out. Ultimately, Patterson came up big for the Jackets down the stretch with two final touchdowns, his fifth and sixth on the day, to secure the 56-35 win.

The Yellow Jackets will look to keep their momentum going the next two weeks against Hillcrest and Woodmont.

WESTSIDE RAMS

Westside riding six-game winning streak

BY BRU NIMMONS

ANDERSON — Nearly halfway through their region slate, the Westside Rams are looking like one of Class 4A's top teams with an unbeaten region record and a six-game winning streak.

The Rams began their most recent stretch of games on the road against the Greenville Red Raiders. Avenging a loss from last season, Westside took down the Red Raiders 28-14.

The Rams got going from the opening kickoff going 70 yard in 12 plays including a two-yard touchdown run from DeMarco Evans to give them an early 7-0 advantage.

Greenville answered right back on the following possession, driving down the field before quarterback Bryson Drummond hit

KD Mosely for a 24-yard touchdown to tie things at 7-7 heading to the second quarter.

Behind a big pass from quarterback Cutter Woods to Josh Williams, the Rams moved deep into Greenville territory and Evans was able to add a five-yard score to give Westside a 14-7 lead with 10:56 left in the half. Evans added one more touchdown before the break on a two-yard run and interceptions from Zeke Marshall and Jimmar Boston kept Greenville trailing 21-7 at halftime.

The Rams kept their strong play going in the third with Sharode Richardson adding a 23-yard touchdown to give the Rams a 28-7 lead through three quarters.

Greenville got back on the board in the fourth on a Mazeo Bennett touchdown run,

but the Rams were able to hold strong for the 28-14 win.

Westside went back on the road the following week, crushing Pickens 52-7 to stay unbeaten in region play.

After trading early turnovers with the Blue Flame, the Westside passing attack got going with a 54-yard touchdown strike from Woods to Williams.

An interception from Zeke Marshall gave the Rams the ball back and Westside wasted no time scoring, as Jay McClintock caught a 19-yard touchdown from Woods to give the Rams a 14-0 lead heading into the second.

The fireworks continued early in the second quarter with Wood hitting McClintock and Boston for back-to-back scores early in the quarter and Boston kept the show rolling

with a five-yard blocked punt return touchdown to give the Rams a 35-0 lead with 5:36 left in the half.

Pickens finally got on the board with a long touchdown run from Carter McCollum, but the Rams managed to add three more points before half on a 35-yard field goal by Brayden Barnette to take a 38-7 lead into the locker room.

Woods wasn't finished with his air show yet, opening the second half with a 43-yard touchdown pass to Boston. Evans got in before the end of the quarter with a 48-yard touchdown run and with a running clock in place the Rams pulled out the 52-7 win.

The Rams will finish the season with home games against Greenwood, Easley and Berea over the next three weeks.

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