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Mural on Main

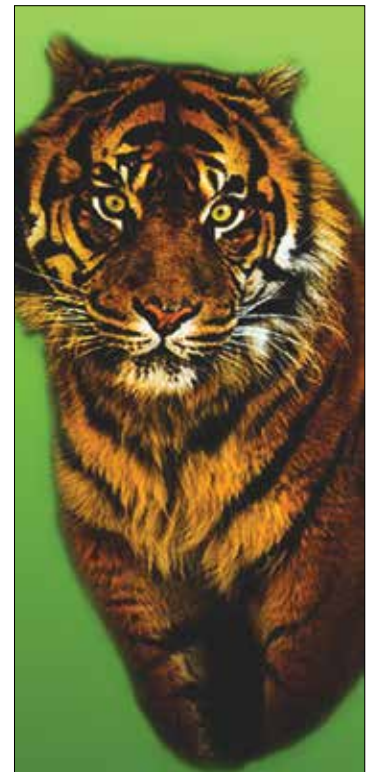
LEADERSHIP ANDERSON CLASS 36

Leadership Anderson Class 36 has publicly announced Mural on Main, a project designed to connect the community through the power of art, by installing a mural in downtown Anderson. This venture comes as a result of the

10-month leadership program's class participants being charged with selecting and pursuing a project that will yield a positive, everlasting impact on the community. The mural will be fixated to the west facing wall of Orr Street in down-

town Anderson, completely visible to all passersby of Main Street. Commissioned by local artist Herman Keith Jr., the mural will be produced using a parachute-cloth technique and made up of 5x5 panels, measuring 1,700 square feet when assembled. Keith's passion and ability creates art that transforms beautiful downtown areas and serves as a landmark of which the community can be proud. Class members cited

SEE MURAL ON PAGE 2



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Clean Start's 'Scoop Some Soup' fundraiser serves delicious meals for a worthy cause

Tickets available for soup and chili meals at Feb. 27 event

ANDERSON — Clean Start of Anderson, a hygiene and resource center, hosts its 13th annual "Scoop Some Soup" fundraiser on Thursday, February 27 at their 219 Townsend Street headquarters. The public can purchase tickets for dine-in or carry-out meals to be served from 11:00AM to 1:30PM. Free meal delivery is available for groups of 10 or more supporters, but delivery orders must be placed by February 24, 2020.

"Scoop Some Soup" is the only fundraiser held each year for Clean Start. Each meal includes vegetable soup or chili with cornbread or crackers, dessert and tea. Ticket prices are \$7 per meal. Supporters can call (864) 716-0766 to purchase tickets. All proceeds will support Clean Start's mission to help those living on the streets to clean up and start again. By offering laundering services,



clothing and hygiene supplies, the non-profit encourages clients to better themselves. Recipients feel empowered, knowing someone values and cares about them.

Serving 100-150 clients per week, Clean Start washes about 45 weekly loads of laundry, allows clients to bathe or shave in on-site showers, and supplies new or gently used clothing. In addition, they offer referrals for additional Anderson area assistance, as well as telephone and mailing services.

About Clean Start of Anderson

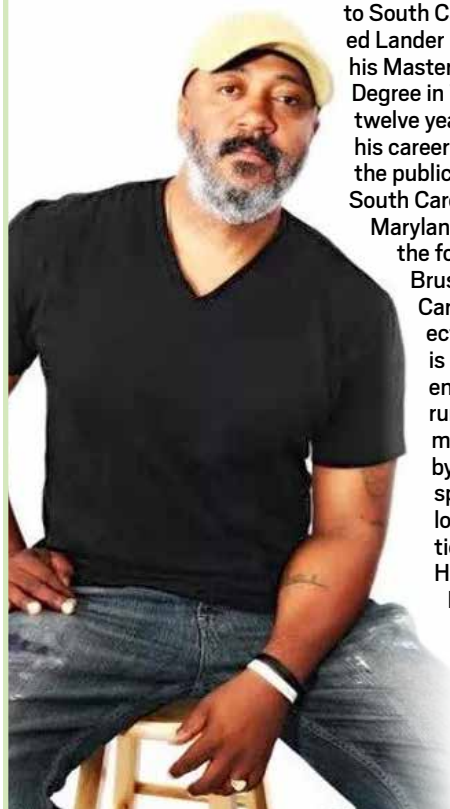
The Clean Start ministry, in the spirit of God's call to compassion, serves the homeless, poor and marginalized by providing facilities for them to achieve basic hygiene, cleanliness,

mail and phone access, and to help direct them toward the availability of other services they may need. This 501C3 charity, founded in 2006, helps clients feel better physically, improves their self-worth and confidence, and supports them improving their situations. The volunteer staff treats clients with respect and provides a safe, welcoming environment to help them maintain a feeling of dignity through their daily contact with others.

For details about Clean Start's "Scoop Some Soup" or to purchase tickets for the February 27th lunch event, call (864) 716-0766. For more information about Clean Start of Anderson, visit www.CleanStartAndersonSC.com.

MEET THE ARTIST

Herman Keith Jr. was born Dec. 13, 1968, in Greenwood, South Carolina, and grew up in Anderson. Keith's work addresses a visual dialogue between "the past" and "the now" using various media. Keith attended Howard University in Washington D.C., in 1987 Majoring in Graphic Design. Upon graduation in 1995 Keith began working as a Graphic Artist for the consulting firm of Booz-Allen & Hamilton. Upon returning to South Carolina Keith attended Lander University to receive his Masters of Arts in Teaching Degree in 1999. Over the next twelve years Keith continued his career in art instruction in the public school systems of South Carolina, North Carolina, Maryland, and Florida. He is the founder of HAKeth



Brushworx and the South Carolina Rural Arts Project (S.C.R.A.P.) which is a conscious effort to energize and revitalize rural towns and communities through art by transforming public spaces collectively with local individuals, institutions, and organizations. Herman Keith's father, Herman Sr., taught art at T.L. Hanna High for 30 years. Keith is presently an adjunct art instructor at Claflin University in Orangeburg, South Carolina.

Mural

CONTINUED FROM PAGE 1

research studies by Americans for the Arts that evidence the power of murals and other forms of public art to support economic growth, promote social cohesion and cultural understanding, and encourage attachment and sense of belonging within a community. Combining these kinds of evidence-based results with the City of Anderson's existing Shock the Block plans, Mural on Main has garnered the attention and support of city officials.

The vibrant, intricate design is dedicated largely to denoting landmarks and cultivating historical understanding of Anderson County and the Electric City. Assistant City Manager, Andrew Strickland, voiced the city's support of this project, "Mural on Main will add depth to the rich public art offerings throughout our community. Leadership Anderson's vision gives us the opportunity to implement an important project identified in our downtown master plan—Shock This Block. We look forward to partnering with nearby businesses and property owners to supplement this exciting project."

Leadership Anderson Class 36 requests the support of community members and organizations to bring this project to reality. In addition to financial support, the 5'x5' square panels will be painted by schools, community partners, and project sponsors. This technique provides the opportunity for individuals and organizations to participate and, quite literally, leave their mark on Downtown Anderson. For additional details, including sponsorship information, visit the project website at www.muralonmain.com. With public support, Mural on Main will be completed by June 2020. Leadership Anderson, founded in 1984, is a 10-month leadership development program devoted to strengthening and dedicating our community leaders. Over 800 local leaders have graduated from the program and continue their commitment to the growth, development and prosperity of Anderson County.

A sample of Keith's mural art work can be viewed downtown on the wall of The Electric City News office. This mural is the focal point in the interior design of that beautifully restored building.

For more information, visit the website at www.muralonmain.com.

THE Electric City News

RED ROCKET
PUBLISHING OF
ANDERSON, LLC

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TO SEND INFORMATION

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A leg up

New treatment removes spider and varicose veins

BY LIZ CAREY

To help patients with varicose and spider veins, AnMed Health Vascular Medicine opened a vein clinic last year.

Dr. Matthew George and Nicole Portela, NP, started offering the vein procedure last year, expanding the services available at the practice.

Currently, the practice provides vascular procedures from vascular surgery to arterial bypass procedures to thoracic aneurysm stenting. Adding sclerotherapy, which is an injection that closes the veins, to the list of services makes the practice a comprehensive vein treatment clinic.

"It just kind of completes the Vein Clinic. It was the one little piece that we weren't covering," Portela said. "It gives us the full scope of treatment for patients."

Varicose veins are swollen, enlarged and twisted, usually colored blue or dark purple; spider veins are smaller, thinner, and form web-like patterns and are blue, purple or red; reticular veins are the smallest and are blue or green. The clinic started with the latter two and will add varicose veins soon.

For patients who may have spider veins or reticular veins, sclerotherapy collapses the veins and decreases their size by 60 to 80%, Portela said. Handled as an outpatient procedure, nurses sterilize the area and then make a small injection into the vein. It is relatively painless and quick, she said.

"There's really no premedication or anything. They just come and we have a little procedure room where they will put their feet up," Portela said.

"It's really a very, very, very tiny needle. Patients usually don't feel anything at all, and if they do feel anything, it's just kind of a small pinch."

The clinic is accepting patients through self and physician referrals. Sclerotherapy can give patients relief from various leg conditions.

"Anyone who has discoloration of the legs or is seeing all the discoloration of those smaller veins in the feet and calves or who may have ankle swelling or whose legs are uncomfortable and they just can't seem to figure out why, we can help them," she said. "It may also be done simply for cosmetic reasons, and that makes people feel better too."

Spider veins may also be a signal of a much bigger problem. Spider and varicose veins are frequently a symptom of underlying conditions called venous insufficiency and venous reflux, which can cause pain and swelling of the lower legs as well as itchy skin and ulcers.

"When you have those spider veins on the surface, there's a good chance that you have some reflux in the veins that are under the skin," she said.

Dr. George and Portela will consult and work with patients to identify any underlying medical problems. In addition, some people are more likely to have the condition than others due to age and heredity. Generally, spider and varicose veins will continue to worsen over time, becoming larger in size and number. Nevertheless, Portela said the clinic's staff makes the procedure easy for patients.

"I think we have a really great office staff," Portela said. "They all have such a positive attitude and everyone is willing to do everything they can to make the patient comfortable."

For more information or to schedule a consultation, please call the Vein Clinic at 864.225.8671. It is located at 100 Healthy Way, Suite 1240, in Anderson.



Dr. Matthew George and Nicole Portela, NP

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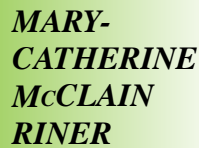
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Mary-Catherine McClain Riner, Ph.D., Ed.S, M.S., is a Licensed Psychologist with Riner Counseling, LLC. Visit www.rinercounseling.com or call 864-608-0446.

Exercise helps bring health and healing

BY TOMMY WALLS

I've had numerous people in the past several months who have lost children, husbands, wives, fathers and mothers ask me how I coped with losing my daughter Wendie.

To see her unable to do the things physically that she used to do was very hurtful and gave me tremendous grief. She and I ran and worked out together and I knew I was going to miss those times with her. I just didn't realize how much. When I read that article about exercise bringing healing, I realized that this was exactly what has kept me going and helped control my grief and stress. It was something that we had always done together, and I knew Wendie would want me to continue just as she would.

John 1:2 says "Dear friend I pray that you enjoy good health and that all may go well with you, even as your soul is getting along well." To me physical and spiritual go hand in hand.

I had many days where I'd go out and run and cry at the same time. Once I completed my run, I not only felt better emotionally but also my physical body was enriched. Sometimes tears and sweat work well together. My mind would be clear, and I was able to face the next situation. To all my friends who have lost loved ones you are the one who controls the aspect of your life that deals with physical, spiritual and emotional well-being.

Maintaining your own health allows you the opportunity to reach out and help others who may have been confronted with similar situations as you.

"In life what happens to you isn't as important as what happens within you." Find yourself a new focus andrun. It feeds the body, mind and soul.

Meet your Anderson County librarians



BY KAY WILLIS BURNS
How much do you know about your Anderson County Library? Did you know that the Anderson County Library System includes nine satellite locations

throughout the County? Do you know where they are? Did you know that the Anderson County Library System includes sixteen librarians who have their Master's degrees in library science?

Beginning in our previous edition of the Electric City News, we would like to acquaint you with the people and resources of the Anderson County Library System.

DIANE SMILEY Head of Youth Services

Diane's experience as a librarian includes public librarian as well as an elementary school media specialist. In the public library sphere, she has been primarily in Youth Services but also has experience as a reference librarian and coordinator of adult programming. Her degree is a Master of Science in Library Science, which she earned from the University of Kentucky. She also has a K-8 School Media certificate earned from Wright State University. Diane was attracted to librarianship initially because she enjoyed the orderliness of the library and "being surrounded by more books than I could ever read in a lifetime". Over the years, she has grown to love librarianship because she helps connect people with opportunities to learn. "The best moments are when a child is looking for something to read and you see the spark in their eyes as you tell them about this new book that you're sure they'll love." Diane works in Youth Services at the Main Library and just celebrated her fourth anniversary with Anderson County. "Overall, I have nearly 30 years of experience with libraries and educational media."



ALEX CURRIN Powdersville Branch Library

Alex was born and raised in Raleigh, NC. He received his bachelor's degree in journalism from the University of Georgia. He worked for four newspapers in North Carolina and New York state. He was also the newspaper and yearbook advisor at the NC School of Science and Mathematics in Durham, NC. Alex received his Master of Library and Information Studies degree at the University of North Carolina at Greensboro.

When considering what to do with the rest of his life, Alex took a course in 'Introduction to Reference' to acquire better research skills. The professor opened class and discussed about his journey in various occupations until he went to library school, where he "found a use for all the useless information rattling around in my head." Later that semester, Alex saw a demonstration of the internet, which was years before Google was invented. He saw the opportunity to get on the ground floor of that new technology while serving the public. It was a natural fit. Alex started working at the Anderson County Library shortly before the Main Library was built in 2000. Before that, Alex worked at Pickens County Library for 3 years. He has been branch manager at Powdersville nearly 7 years. His previous positions were Reference Librarian, Training Coordinator (teaching beginning computer classes for 5 years), Outreach Coordinator (planning public events for 3 years) and Interlibrary Loan Librarian. Alex was in charge of borrowing and lending library materials to other libraries in the US, and managing newspaper and magazine subscriptions for all locations).



Show your children you love them every day

According to child psychologist Dr. Robert Myers, children who feel important and worthy have higher self-esteem, a more positive outlook on life and healthier relationships. He also points out that these children tend to have an easier time handling conflict, are more respectful of others, and are generally more well-rounded individuals.

As parents it is important for us to make sure our children feel safe, secure, and most importantly- loved.

Below are 16 little ways to show your children you love them every day that are meaningful and will be sure to leave a lasting impression on them.

1. Give your child kisses when

they wake up and hugs before you leave.

2. Read an extra book before bedtime or stay in their room for a little longer than usual.

3. If your child can read, put a note in their lunch box that says, "Have fun today! Love you!"

4. Notice something they've done right: "Thank you for putting your toys away, I really appreciate it."



Katie Laughridge

5. Cook together—let your child help you make dinner or bake together.

6. Compliment your child on something they do: "I really love listening to you sing. You sing so beautifully."

7. Try to get ready ahead of your schedule so you can cut out the "hurry ups" and let your kid take their own time getting in the car or walking down the street (maybe letting them pick a few flowers along the way).

8. Proudly display their artwork at home.

9. Don't talk about them, especially their flaws, in front of them.

10. After you have an argument, give them a big hug and tell them it's okay.

11. Follow through on any promises you make.

12. Play with your child, even if it's just for a few minutes.

13. Give your child your full attention when you're together and really listen to them without interrupting.

14. Be the last to let go of hugs, SMILE at them, ask to hold their hand.

15. Try to see their point of view.

16. Tell them you love them. Every single day.

We all lead busy lives rushing from here to there trying to get this and that done. But it's important that we take time to show our children we love them every day!

FAVOR Soul food with flavor

BY KAY WILLIS BURNS

Murrie Glover knows what hard work is all about. After all, she came from a family of ten children who worked the farm in Antreville, S.C.

Later in life, Murrie found employment at Owens Corning in Anderson. She worked there, faithfully, for eighteen years. Then, Owens Corning announced they were filing for bankruptcy. Murrie, like many others, lost her life's savings. Murrie was in dire straits...

Then, divine intervention appeared in the form of the Anderson Country Club. The staff of the Country Club approached Murrie and asked her if she would be interested in a lease to provide Sunday meals at the Club. Murrie explained that she could not afford a lease due to her financial status caused by the Owens Corning bankruptcy. But the Country Club staff insisted she could afford the lease, and they made sure it happened. For the next five years, Murrie and her sister, Alesia Lomax, worked at the Country Club cooking and serving Sunday lunches. Patrons loved their food, and Murrie called this new opportunity a 'favor'...a favor from God. But after five years, however, the Anderson Country Club closed for good.

Three months later, after five years cooking for the public at a high-profile venue, Murrie

FAVOR Home Cooking is located at 117 East Franklin Street, Anderson SC

Hours

Tuesday-Friday — 11:00 am-5:00 pm
Sunday — 11:00 am-4:00 pm
Saturday and Monday — closed

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decided to step out and hang her culinary shingle in Downtown Anderson. The experience at the Country Club had given Murrie the confidence that she could establish a successful restaurant in Downtown Anderson. Murrie had confidence that her business would be successful because God had blessed her at the Country Club...with God's favor. And 'FAVOR' is what Murrie decided to name the restaurant. Now in their fifth year, the restaurant is a family business located at 117 East Franklin Street. The menu ranges from casseroles, fried chicken, cobblers, rice and gravy, collards, fatback, and classic soul food such as ribs, pork neck bones, pulled pork, ox tail, beef



stew, and tomato pie. FAVOR caters for many occasions such as weddings, church functions, funerals, local events, and business functions.

But some of the most meaningful experiences that Murrie has encountered are those in which somebody was hungry, or in another state of need. In one particular situation, Murrie discovered a man who was hungry



Above: Murrie Glover opened FAVOR in downtown Anderson five years ago. Left: FAVOR offers plenty of classic soul food options every day.

and didn't have a job. Murrie gave him a plate of food and encouraged him to keep trying to find a job via public transportation. She cheered him on and assured him he would find a job. Then one day, the man showed up at FAVOR with a big smile on his face. He was ecstatic and exclaimed to Murrie, "I have a job at the Golden Corral!" Murrie celebrated with the man and told him to get a plate of food. The man agreed, and then he said, "But this time, I'm gonna pay..."



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Anderson District Five plans Heritage Orchestra Concert

Anderson School District Five is celebrating 50 years of Orchestra. In honor of this milestone, the strings teachers in the district are conducting a concert. The Heritage Concert will be held in the District Five Auditorium at Calhoun Academy of the Arts on March 24, 2020 at 7 pm. As part of the celebration, all former string students and teachers are invited to attend and possibly perform. Those interested in performing in the concert should contact Celeste Griffith or Kathy Perry. (celestegriffith@anderson5.net; kathyperry@anderson5.net). Former and current teachers in the district will be conducting. These conductors include Kay Gilbert, Celeste Griffith, Patrick Murch, Kathy Perry, Alex Spainhour, Matthew Speer, Paul Tackett, and Erica Wells.

The Heritage Concert commemorates 50 years of strings instruction in Anderson School District Five. In 1969, Superintendent William Royster was instrumental in establishing this program. Michael Donovan was the first strings teacher in the district followed shortly by Alex Spainhour in 1970 and Kay Gilbert in 1972. According to Spainhour, "District Five had the fifth strings program in South Carolina." During the 1970's and 1980's, students performed at concert festivals, solo and ensemble festivals, and the All State Orchestra. These students performed in the Governor's Mansion and also took a trip to Europe.

Spainhour became the Musical Director of GAMAC in 1991. He believes that, "Anderson Symphony



Alex Spainhour



Kay Gilbert

and GAMAC really grew out of the public school strings program in Anderson." Since 1969, thousands of strings students have been through the District 5 orchestras. Because of the strings program, many students have gained a love and an understanding for orchestra music and have become supporters of the arts in Anderson and other communities. This love of music is the public school program's greatest legacy.

One of the current strings teachers, Celeste Rogers Griffith, started playing violin in the fifth grade at Calhoun Elementary School under the instruction of Mr. Spainhour. Griffith taught in Anderson District Five from 1995-2000 and from 2010 until the present. Many other strings teachers grew up in the strings program as students in District 5 including Catherine Hinnant Crowe, Maren Dameron Reaves, Jakie Perry, Matthew Speer, Patrick Murch, and Erica Wells. Countless other students are still performing in commu-



Erica Wells and a student

nity and professional groups.

Great things are still happening in the Orchestra Program in Anderson District 5. The current strings teachers in District Five are Kathy Perry (high school) and Celeste Griffith (middle school) at Southwood Academy of the Arts, Megan Bush at McCants and Glenview, and Oliva Done at Robert Anderson. The Southwood Sinfonia Orchestra, under the direction of Kathy Perry, was chosen to play at the SCMEA Music Teachers Convention in Columbia in February 2019. The students consistently receive Superior ratings at festivals and contests throughout the local and state level.

The public is invited to this free Heritage Concert. The goal is that all who have been a part of the orchestra program as a student, parent, or teacher will make plans to attend the concert on March 24.



T.L. Hanna strings

Award-winning movies: A primer

I love going to see a movie in an actual theater, but, man, how theaters have changed over time.



Kim von Keller

Those tiny, uncomfortable seats have given way to Lazy Boy-style recliners. When you go to the concession stand, you can still get \$5 sodas, \$7 candy, and \$9 popcorn, but you can also get \$11 fried Brussels sprouts and \$13 pints of beer. This is after you've bought your \$15 ticket. Put that money together and you've got the box-office gross of "Cats."

Going to a theater is expensive, so it's understandable if you missed some of 2019's best movies on the big screen. The good news is that with the end of the awards season, most of these films are now available on streaming services, cable channels, and Red Box. I'm no movie critic, but I do go to a lot of movies. So if you're trying to pick one for a sofa-and-sweatpants experience, here is my primer of some of the most notable films of the past year.

Parasite

I held off seeing this one until a couple of weeks ago because I thought it was about tapeworms, but I was wrong! It's a comedy-thriller about wealth inequality as the impoverished Kim family finagles its way into the lives of the rich but neurotic Park family. Don't worry; you'll get over the subtitles. And not to give anything away, but the Kims should have stuck to assembling pizza boxes.

Once Upon a Time... in Hollywood

Writer-director Quentin Tarantino tells the story of the film industry in transition as the plot builds toward the Manson Family murders of 1969. Leonardo DiCaprio loves being an actor. Brad Pitt loves his Hawaiian shirts. Everybody hates hippies.

Harriet

This film chronicles the life of Harriet Tubman as she guides slaves to freedom along the Underground Railroad, which many Americans still think

was an actual train. SPOILER ALERT: It's not.

1917

This film follows two young soldiers battling time and the Germans as they race across France to deliver a message that might stop an ambush. They encounter rats and waterfalls and so much mud. Benedict Cumberbatch and Colin Firth, PBS's sexiest men alive, appear in cameo roles.

Little Women

Serving up family love since 1863. I must admit, I'm pretty attached to the 1994 version with Winona Ryder, but I do love Saoirse Ronan as the indefatigable Jo March. Once again, this timeless classic reminds girls everywhere that if you are not careful, your sister will burn your hair or your manuscript.

Knives Out

This throwback to the old-fashioned parlor-room whodunit has a terrific ensemble cast, but what you'll really love is hearing James Bond's Daniel Craig sound like South Carolina's Governor Henry McMaster. It's a comedy-mystery about the Thrombey clan as they gather for the reading of a will. Pay attention to the coffee cup.

Ford v Ferrari

This movie recounts the legendary 24 Hours of Le Mans race in 1966. In one of my favorite movies of the year, American auto giant Ford takes on Italian auto giant Ferrari, and in one of my favorite fight scenes of the year, Matt Damon takes on Christian Bale with a bag of groceries.

Joker

The origin story of Batman's greatest rival. Joaquin Phoenix in the title role is terrific and also uncomfortably thin. For a title that suggests humor, there is nothing funny about this film in the slightest.

Judy

Will singer-actress Judy Garland ever find the happiness that waits somewhere over the rainbow? Nope.

Big screen or small, these are all titles worth checking out, and you can watch most of them now from the comfort of your own living room. If you've seen any of these films, share your reviews with me at editkim50.com.

THE CITY OF ANDERSON PRESENTS...

MARCH 19TH *Business as a Community*

MAR 19TH *Business as a Community:
Create your network*

APR 16TH *Financial Modeling:
Hammer it out!*

MAY 21ST *Accounting:
Pour concrete results*

JUNE 18TH *Business Plan Writing:
It's your blueprint*

JULY 16TH *City Resources:
Grab your toolbox*

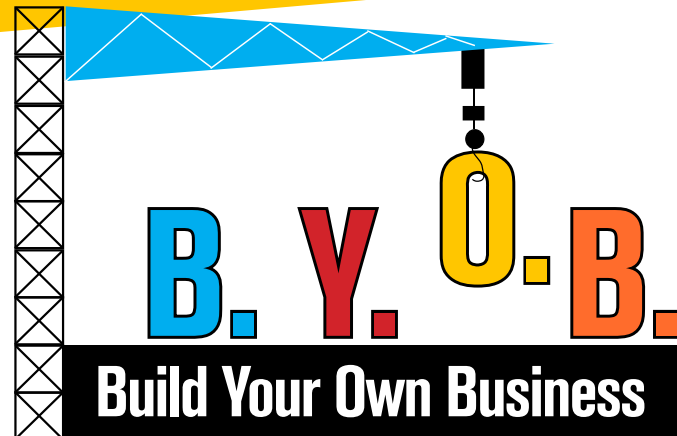
AUG 20TH *Best Practices for Hiring:
Building your crew*

SEPT 17TH *Site Selection:
It's all about location*

OCT 15TH *Social Media:
Nail your platform*

NOV 19TH *Creating Content:
Framing the message*

DEC 17TH *Web Design:
Construct your website*



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“What do I need to know about Medicare enrollment, and which Medicare option is best for me?”: Part 6

Ask Fred

Choose Your Medicare Option Wisely
Without exception, 100% of my clients desire an inexpensive plan that covers all Medicare-related copayments and provides coverage for dental and vision needs. The purpose of this article is to evaluate the three basic Medicare coverage options and determine which one provides the best combination of excellent medical coverage, enhanced benefits and low out-of-pocket costs.

To aid in this comparison, the following (5-year) example will be used:
Example: Mr. Jones, a 75-year old gentleman suffers a mild cardiac arrest at his home. He is transported to the hospital where he remains for five days. Over the next five years, Mr. Jones encounters the following additional medical costs:
Gastrointestinal endoscopy procedure (Outpatient)
20 physician visits (PCP = 10; Specialist = 10)



Fred Reid, R.Ph.
Senior Insurance Advisor

Colonoscopy
Additional two-day hospital-stay
** Note: There are many other Medicare-related costs that are not included in this comparison.

Option 1: Original Medicare (Part A and B) + Part D
Hospitalization (2 admissions) = \$1,408 x 2 = \$2,816
Two Outpatient procedures = \$600 (20% of total cost) x 2 = \$1,200
Physician visits (20% of cost):
Ten specialist visits = \$70 x 10 = \$700
Ten PCP visits = \$40 x 10 = \$400
Drug Card: \$40 (avg. cost) x 12 = \$480; \$480 x 5 years = \$2,400
Part B premium: 12 x \$144.60 = \$1,735.20; \$1,735.20 x 5 = \$8,676
Part B deductible (annual): \$198 x 5 years = \$990
**Total Cost for Option 1 (over five years) = \$17,182

Physician visits: PCP: 10 x \$0/visit = \$0;
Specialist: 10 x \$40/visit = \$400
Part B premium: 12 x \$144.60 = \$1,735.20; \$1,735.20 x 5 years = \$8,676
Outpatient Surgery: 2 x \$250/procedure = \$500
Prescription Drug Plan: \$0 (provided in plan)
Additional benefits are also typically provided (i.e. Dental, Vision, Transportation, Post-Hospital meals, and gym memberships)
Total Cost for Option 3 (over 5 years) = \$11,816
It is important to note that each Medicare beneficiary must weigh the pros and cons of each option and choose the plan that best suits their healthcare needs. This comparison is meant to demonstrate the vast difference in out-of-pocket costs associated with different Medicare options.
Part (7) of this series will discuss a fourth Medicare coverage option that combines the low- cost rich benefits of a Medicare Advantage plan with the “peace of mind” financial protection of a supplemental plan F or G.

Option 2: : Original Medicare (Part A and B) + Part D (i.e. Drug Plan) + Medicare Supplement (i.e. Plan F, G, N, etc.)
Assume that Mr. Jones has Original Medicare + Drug Coverage + Plan F (Medicare Supplement).
Average cost for Plan F for a 75-year old male (non-tobacco) = \$180 per month. \$180 x 12 = \$2,160; \$2,160 x 5 = \$10,800
Drug Card: \$40 (avg. cost) x 12 = \$480; \$480 x 5 years = \$2,400
Part B premium: 12 x \$144.60 = \$1,735.20; \$1,735.20 x 5 years = \$8,676
All other Medicare-associated costs are covered by Plan F Supplement.
Total Cost for Option 2 (over 5 years) = \$21,876
Option 3: Medicare Advantage Plan (Part C) – which includes Part A, Part B and Part D (combined):
Assume that Mr. Jones enrolls in a typical Medicare Advantage Plan:
Monthly Premium cost = \$0
Hospitalization:
Admission 1: \$320/day x 5 days = \$1,600
Admission 2: \$320/day x 2 = \$640

Please contact Fred Reid at 864-940-6113 if you have questions or need assistance identifying the Medicare plan that best meets your healthcare needs. I am happy to meet with you in your home at your convenience. Also, please connect with me on Facebook (search for “Fred Reid-senior insurance advisor”).

FASHION TRENDS THROUGH THE DECADES

Fashion has been around since the beginning of time. Some of the looks have been quite horrendous and some have been quite spectacular. We’re going to go back as far as the twenties and name the most trendy popular looks through the decades. It’s super interesting to think about. I have a fascination for history and clothing, so it’s fun to go back in time and review what women wore.
For starters, during the twenties, everything the gals wore were loose and drop-waisted. Women were starting to feel more liberated and it showed in their dresses, with a much shorter hem line than before. Fringe and sequins, feather fans and beaded bags were big if you were going out for a fancy evening. T-strap Mary Janes that were about two inches tall in the heel, made it easy for the ladies to do “The Charleston” in. Long beaded necklaces and headbands and flowers in the hair were on trend in the twenties. It was a beautiful unique look. Great Gatsby and Peaky Blinders



Kristine March

are completely on point if you want to visually go back in time and get a feel for the era.
The fifties were all about the housewife look. Women were made up daily. Perfect hair and tea length skirts and heels were the look. Rockabilly girls wore poodle skirts and saddle shoes. And the pin-up ladies had pointy bras. Cardigans and sheath dresses were fashionable in that era. Every woman looked very ladylike back then.
The seventies were all about peace and love and polyester. Bell bottom frayed jeans, platforms and long hair was the way to go. Gouchos and midi skirts with a peasant blouse were popular. Military surplus and tube tops were super groovy for that time period.
The eighties and nineties were all about big hair and bad jeans. Acid wash. Baggy and oversized. Shoulder pads and blue eye shadow. Not the best look. People lived it up and were more care free. I would consider the style wild and crazy with an ample amount of hair spray. The two thousands are more relaxed and chic. I think we’re definitely in the best style of any decade thus far. What’s your favorite style? Don’t forget to make the sidewalk your runway and kindness always matters.



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Viola Thompson

BY RICH OTTER

When Viola Thompson was 9 years old she was watching a girls' softball game. A ball came rolling over to her. She picked it up and threw it back. Barney Smith, manager of the girls' textile team, saw it. He said he thought she could pitch, and asked her to try out for the team. That was the beginning of an amazing trip.

Her father, Henry J. Thompson, came from the Cherokee Indian Tribe in western NC. Her mother was Mae Abercrombie. They moved from Oconee County to Anderson a few years after Viola Thompson was born (January 2, 1922) and her father went to work at Anderson Mill. There were 6 boys and 5 girls in the family.

"Our recreation had to be basic," she recalled in a recorded interview in September of 2004 for a segment in Anderson County Twentieth Century Memories and Reflections, Book 11. Not being able to afford toys, "we tended to go toward the sporting world. As we got older the girls started playing softball. The boys got into boxing."

She was a left-hander with a strong fast pitch and played softball with textile mill teams in spite of criticism from some church ladies because girls were wearing shorts. After graduating from High School she went to Greenville to Mills Mill where she was athletic director and played ball with the boys teams during the morning and the girls at night. It was there in 1943 when one day a baseball scout came on to the field and asked if she

would be interested in going to Chicago to try out for a girls' professional baseball team,

The All-American Girls Professional League had been formed by Phillip Wrigley (of chewing gum fame) to fill in for all the men entering military service during World War II. It was a thrilling opportunity and she was off to Chicago in 1944. "There were hundreds of girls from all over. Just to walk out on Wrigley Field was such a thrill. I looked at all those girls and, boy, they looked so confident and they could throw that ball and they knew all about baseball."

"We were learning from the best former major league baseball players. There were Jimmy Foxx and Max Carey, both subsequently in the National Baseball Hall of Fame." She wound up on Max Carey's team with the Milwaukee Chicks. All the girls were traded around to keep the teams evenly matched and she also played for the South Bend Blue Sox

"At night we went to charm school. They taught us how to look like girls, how to comb our hair, how to wear makeup. We had to have lipstick on and we had to have long hair. They didn't want mannish looking girls. They taught us how to sit and how to walk. They taught us how to dress and how to eat properly because we were going to be invited out to civic meetings in our teams' hometowns. They wanted us to make a good showing."

Each team had a chaperone. They looked after the players like a den mother. They were just a few years older than the players.

"The skirts we were wearing were kind of full



and they would get in the way, especially with an underhand pitch. Our chaperone had big old safety pins and she would pull my skirt over real tight and pin it on my left side since I was pitching left-handed. Then the skirt wouldn't hit and flap while I was pitching."

"The first year in Milwaukee in 1944 we won the championship which was a really exciting experience – to win the world championship. While we were in Milwaukee, they had a men Triple A team, the Milwaukee Brewers. Their manager was Casey Stengel." He did not like that a bunch of girls were playing on their field. Max Carey challenged Stengel's team to just a three or four inning game. "We beat them."

They did spring training in Mississippi, Florida and Cuba. The entire league would go to those locations. They played exhibition games throughout the South and for service personnel.

After the war the league faded. Players got married or continued their education. The girls were getting older.

She played eight years in the All-American League and then four in the National League where she switched because the former league had changed to side-arm and then overhand pitching. Then she came home and got married to Claude Griffin. They had two daughters, Claudia and Carol.

Penny Marshall who had played in the TV show Lavern and Shirley acquired the rights to the league's story. She made the movie A League of Their Own that debuted in the summer of 1991. "All of those years came back almost like in Technicolor. Here we were again." She went out with a group of the former players to help in the making of the movie and work with those playing their parts.

Lori Petty played Viola Thompson. They practiced together and she said some of the actresses were pretty good players. She was scheduled for a speaking part but it was eliminated because she did not belong to the actors' union. However, she did appear briefly in a scene showing the original players at the end of the film entering the Baseball Hall of Fame.

Tom Hanks played Jimmy Foxx. "I thought he did a good job but they showed him right off the bat going in the girls' clubhouse and using the bathroom. That appalled me so when I saw it." That never would have happened. There were some "Hollywood" things in the movie that would not have occurred such as Madonna catching a ball in her cap. "We would have been fined, sent home, no telling what all, if we had tried some of those stunts." But she felt the movie "pretty much told the story."

Viola Thompson Griffin passed away December 31, 2017.

NIBBLE & SIP

Slow and steady builds a great collection

I get a lot of questions about my cocktail hobby: How did you become interested in cocktails? Why do you like to make cocktails? How big is your liquor collection?



Kim von Keller

My interest started when I saw an issue of Imbibe, a magazine for beverage industry professionals, on the shelf at a bookstore once. The cocktails were gorgeous, and they featured ingredients I'd never heard of. With very few ingredients, you're creating something delicious that gets people excited. Ice clinking around in a shaker can make an average Tuesday festive. And my

liquor collection is big. Really big.

It's been crafted over the last decade or so to include base spirits like rum, gin, vodka, tequila, bourbon, rye whiskey and Scotch, and supporting players like sweet and dry vermouth, bitter aperitivos and digestivos, and liqueurs flavored with citrus, herbs and spices, chocolate, coffee, nuts, and berries. But my collection, like Rome, wasn't built in a day. Quality ingredients cost real money, so I've bought them over time, especially the liqueurs. But the great thing about them is that using less than an ounce can make a cocktail really special.

A perfect example is passion fruit liqueur. I love passion fruit, but it's really difficult to find in stores. By combining the passion fruit liqueur with passion fruit syrup and vodka, you get a lovely drink that's

full of tropical flavor. I add fresh habanero pepper to the shaker to give it a surprising kick, and I call it The Heat of Passion.

The combination of tropical fruit and spicy pepper calls for a salty, crunchy nibble. A spin on the traditional party mix is Chesapeake Bay Snack Mix. It's easy to make, and it has the seasonings you find in a Maryland crab boil.

Chesapeake Bay Snack Mix

2-1/2 cups crisp corn cereal squares, such as Corn Chex
2 cups crisp wheat cereal squares, such as Wheat Chex
2 cups cheddar-flavored snack crackers
1 cup miniature pretzels
1/4 cup butter, cubed
1 teaspoon white vinegar
1 teaspoon Worcestershire sauce

3/4 teaspoon garlic powder
3/4 teaspoon seafood seasoning
1/2 teaspoon celery seed
1/2 teaspoon ground mustard
Preheat oven to 250°. Line a large rimmed cookie sheet with aluminum foil or parchment paper.
In a 3-qt. microwave-safe bowl, combine the cereals, crackers and pretzels. In a small microwave-safe bowl, melt butter. Stir in the vinegar, Worcestershire sauce, garlic powder, seafood seasoning, celery seed and mustard. Pour over cereal mixture and toss to coat.

Put cereal and seasoning mixture into prepared pan and bake for 1 hour, stirring every 15 minutes. Spread on paper towels to cool before serving.

The Heat of Passion

2 T. sugar

1 habanero pepper, cut into 4 slices, seeds discarded
1 1/2 oz. vodka
3/4 oz. passion fruit liqueur (I like Passoa.)
1/2 oz. passion fruit syrup (I like B. G. Reynolds.)
1/4 oz. lime juice
Pour sugar on a small plate.

On a separate small plate, pour 2 tablespoons of water. Rub a habanero slice on the rim of a martini glass. Dip the rim of the glass in the water, and then dip the rim in sugar. Refrigerate the glass until ready to use. DO NOT, under any circumstances, touch your eyes when handling habaneros or any hot pepper.

In a cocktail shaker, pour the vodka, liqueur, syrup, lime juice and remaining habanero slices. Fill with ice and shake vigorously. Strain into the chilled glass and serve.

Orrville Methodist Church

Every Sunday at precisely 9:30 a.m. my granddaddy, C.L. (Mutt) Sanders, would ring the huge church bell to signify that the church was open and “Welcoming All”.

The rope that hung from the bell in the tower was located just inside the front left door of the church. It took a strong man to get that bell to start swinging and then ring with a loud, Dong! Dong! that could be heard for miles away.

I had wanted to ring that bell for a long time, but I was too small and weak. Granddaddy would hoist me up and let me hang on to the rope, and I would go up and down as he rang it, Dong! Dong! Every Sunday I would ask to ring the bell, “Not yet son,” Dong! Dong!

After a couple of years of asking,

one Sunday I said, “Please, please, Granddaddy can I ring the bell?” He said, “Okay, you can.” What! I



Neal Parnell

couldn’t comprehend his answer, did he say okay? He did, he did say okay. I could barely reach the large knot at the end of

the rope. I pulled with all my might, but all I managed to do was swing, it wouldn’t budge. He said, “You’ve got to pull and release to get the bell swinging, pull and release.” It was 9:31 a.m. and he grabbed the rope and I watched as he pulled a little and released, pulled and released,

pulled and released, Dong! Dong! I still asked and watched and listened every Sunday, Dong! Dong!

We were standing in that little foyer two years later at 9:29 a.m. He grabbed the rope, and then I grabbed the rope, he looked at me sternly and backed away. I pulled and the rope came down a few inches and I released. I pulled it again, the rope came down further and I released. I pulled even harder, the rope came down even further and I released, Dong! Dong! I was smiling like a possum eating briars, and kept pulling and releasing. It was loud and the rope was lifting me off the floor, Dong! Dong!

My granddaddy was waving at me to stop Dong! Dong! Why was he doing that? And then the sound



stopped. “Boy, you turned the bell over.”

I didn’t understand until the next Sunday when for the first time in the history of the church, the bell didn’t ring. It was going to be a few more days before the workman would flip the huge bell

back over the main crossbeam. The pastor thanked me as he addressed the largest congregation he’d seen. Everyone within miles had come to hear why the bell had not rung.

I can still hear my Granddaddy’s eyes as he stared at me from the choir loft, Dong Dong!

A life sentence I gladly serve

BY STEVE DEAN

It was December 1976 and the staff at Anderson Youth Association (now called New Foundations Home for Children) asked all the children to create a Christmas wish list. I did so and remember asking for the music album “Frampton Comes Alive,” and I asked for a pool stick. To my surprise, I received exactly what I requested which created a lasting memory for me as well as the other children living at AYA who likewise received presents.

Judge Mike Glenn, one of the primary founders of the agency, sent me to AYA earlier that year. I was no stranger to the judge because after my parents divorced, I had no supervision in my home and with four older brothers, it is not surprising that all of us starting getting into trouble. I had already spent time placed outside of my home in a foster home and at John de la Howe School in McCormick, SC. I would like to say that after six months at AYA, everything was great when I returned home - but that was not the case. I still had no supervision and continued having problems with delinquency, especially when I began experiencing substance abuse issues. This pattern continued for a few years and I began to realize that I was not happy at the ripe old age of 19. It seemed that many of the building blocks needed for a constructive life were never established. I remember looking at my peers and seeing them beginning college, working, and making new relationships. As for me, I was not in school, dodging law enforcement, and damaging relationships.

About this time a co-worker of mine at Murph’s Grill invited me to attend church with him which I began doing on a regular basis. After a few weeks, I had a divine encounter, which changed me at my core and resulted in constructive and lasting change in my life. I continued

working various jobs and returned to school to complete my education. I was also getting more involved in church activities, one that included returning to AYA and sharing my experiences with the youth – I thought I could relate to them and stir hope in them to know that, despite their challenges, they could accomplish anything they wanted. Ronnie Whitfield was the Director at the time (Ronnie was Assistant Director when I was a youth at AYA). I remember sharing with the youth about how important it is to listen to the right voices in life. I referenced the Fortieth chapter of Psalms where David said the Lord brought him out of a pit, set his feet on a rock, and established his goings. The kids responded very positively, and Ronnie asked me if I would like to start volunteering at the group home. I had no idea that saying yes in 1985 would lead to my continued involvement to this day. However, that is exactly what began a lifelong passion and career in the field of Human Services, culminating in serving as the CEO since 2010.

In addition to employment at AYA, I also continued working on educational goals. Over the course of several years, I earned degrees from Tri-County Tech, Southern Wesleyan University, and a Graduate Degree from Clemson University. I remember telling Judge Glenn, Mike, a few years ago that when he sent me to AYA as a teenager, it turned into a life sentence.

When I speak with various groups and individuals in the community, I often share about an encounter with staff Robert Oppermann, Bob, when I was a youth in the program. I cannot recall the exact discussion, just the fact that he took time to demonstrate care and compassion. This experience, and many others like it, established a connection that inspired me to return years later to carry on Bob’s example, demonstrating care and compassion towards the children



Steve Dean

whom we now serve. This is a life sentence I now gladly serve, and I am not looking to be paroled any time soon. I try to remember what Jesus had to say about leadership in Matthew 20:27. He said, “Whosoever will be chief among you, let him be your servant.” I am abundantly proud and blessed to serve with coworkers, our board of directors, volunteers, and countless people in our community who give of their own personal lives, time, and resources to minister unto and serve the least in our community. May we all spend our lives demonstrating care and compassion to our children with the expectation of helping them make positive and lasting changes in their lives.

Anderson Travel Club, AU Lifelong Learning Institute schedule meeting

The Anderson Travel Club and AU Lifelong Learning Institute Program will meet on Thursday, March 5. The meeting be held at the Anderson County Main Library, 300 N. McDuffie St., in rooms B and C on the first floor at 1:00 PM. Our guest speaker will be Mrs. Rita Gambrell from Christian Tours.

The Travel Club welcomes those who would like to present a program on their travels to interesting places in the United States and around the world. For more information, please call 864-338-8318.

Brenda Hucks is the president of the Anderson Travel Club. Andria Carpenter is director of the Anderson University LLI Lifelong Learning Institute (AU LLI).

THE GARDEN SHOP

Enjoying an antique

Continuing the story from last issue of learning to edit, another reason I don't think anything will replace the two viburnums that were cut down is I like to see through to the farm implement that came with my land. It is an old drop spreader that was in the woods. We cleared out a small part of that area to feature a huge old oak tree which unfortunately is declining. There was a small bit of trash, mostly old bottles and unidentifiable metal stuff dumped in this area. We cleaned that up, keeping some of the cool bottles.

So for years, the drop spreader sat there as the farmer left it. Then my brother pulled it around to where it's been living. The old rotted tires came off the rims during moving it. He placed it just perfectly facing the house. I had grand ideas of using it as a planter for a few years but all those failed. Compost that I filled it with grows



SUSAN
TEMPLE
master
gardener

whatever Mother Nature puts in it. Chickweed, henbit, Virginia creeper, morning glory, wild Johnny jump ups, wild violets, all grow great in it. I've put a few sedums over the years but don't bother much anymore. Now and then, as the dirt washes out, I'll toss some leftover soil from containers and such in it.

However, in the ground around it, I've planted daffodils, spider lilies, a pipevine (*Aristolochia macrophylla*), specifically to host pipevine swallowtail butterflies, and two boxwoods. My place is not suited for formal boxwood hedges, nor would I maintain such clipped plants, but I want boxwoods to cut for greenery. It also seemed a bit witty to have

formal shrubs in front of a rusted ol' piece of farm equipment. The boxwoods have grown great. Deer leave them alone. They've withstood drought and ground that currently one would mire up in if walking nearby. They bronze some in the winter. I've changed my mind on that and like it now.

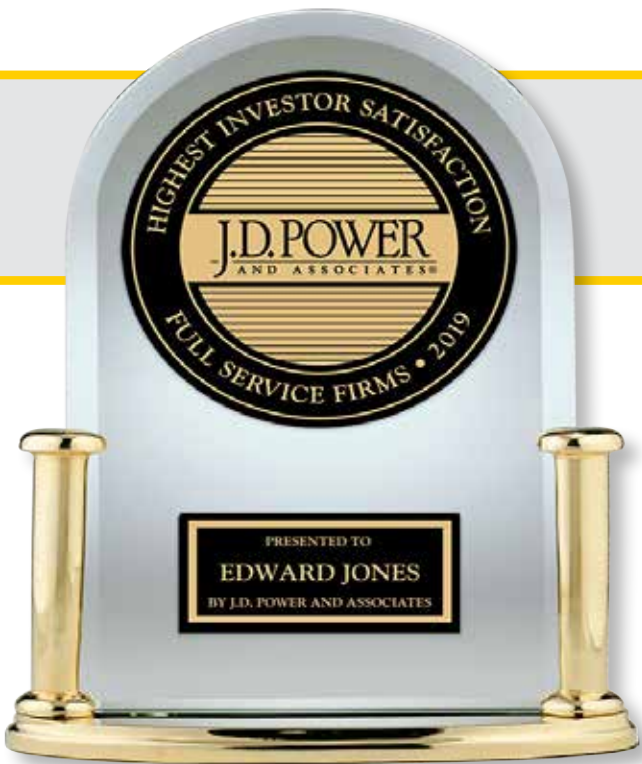
Late summer, while cutting grass, and not paying enough attention, I caught the "handle" of the drop spreader with the mower deck. The tractor felt a little funny for a moment. I looked back to see me dragging the drop spreader sideways. It had uprooted at least half of one of the boxwoods and scraped some of the bark off near the ground. Bulbs were everywhere. I couldn't tell what happened to the pipevine. Just messed the whole design up. I replanted everything and hoped for the best. A few days later, the boxwood fell over. So I replanted the uprooted side deeper.



It fell over again. Now there is a piece of granite on the uprooted side and I've tied it to the drop spreader. There's no sign of stress so far... knock on wood. I haven't pruned it. Come summer, if it shows some stress, I'll prune it back some. But

I'll have to prune the other one too so they match. Just another reason I don't plant things in symmetry or could ever maintain a formal garden.

Contact Master Gardener Susan Temple at gardningirl@yahoo.com.



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MUSINGS OF AN OLE BALL COACH

Good buddies, Sara and Joyce



You've heard it said, "That was a match made in Heaven" and the immediate conclusion being an affair of the hearts. Allow me to propose one to



Jim Fraser

you not bound by romance, but a beautiful enduring friendship. Joyce Fraser and Sara Fant both graced our fair city for the same 50 plus years and flamed out (I'm sorry, I know of no other way to put it) within five days of each other. It had to be contrived in heaven, and was not a mundane coincidence.

Sara was a blue blood from Belton who married into Anderson royalty. Joyce matriculated into town from a Newberry Mill Village by way of Aiken bringing with her an ol' ball coach that she was trying to make something out of. Together they would literally make beautiful music.

Many of you remember their uplifting performances at First Baptist Church

and beyond. Reverend Jim Craine helped finance a capital giving campaign with their singing and playing "To Dream The Impossible Dream". From "Man of LaMancha" and "Climb every Mountain" from The Sound of Music.

They gave paid concerts everywhere from Hartsville to Columbia to North Carolina. Joyce called me on the way to a conference at Lake Lure. Lost, I took them in the Honda Accord to an event in Spartanburg and also got lost. Many civic club luncheons and banquets were successful because Joyce & Sara were performing.

Their daily walks were legendary. This was in the late 60's, 70's, 80's and beyond. They were walking all over, before it was fashionable, from Huntington Hills down to Bellview Rd. over to the Boulevard around the college or around the bowl at a football practice. They strode relentlessly, in the shortest of shorts, arms akimbo disdaining honking horns, many from friends, many flirts and some who just wanted those two clueless ladies to get out of the road. I admonished Joyce about strolling around the bowl while we prac-

ticed telling her it was a distraction. For once, she listened, she would do nothing to distract from her beloved Jackets.

I can visualize this scenario in heaven, Joyce & Sara are playing and singing on a golden Steinway and music stand. One of them remarks, "Isn't that the master himself? Sure looks like him." Sara says, "Call him over, you've been here five days longer than me." Joyce retorts, "Do we call him Mr. Jesus or just Jesus?" Sara already answers, "Sir, come on over and join us in singing some of your songs."

These two lovely ladies whose effervescent personalities and love of life were shared by so many will leave a void. It seems only fitting that they fill another void at another place, together.

Jim Fraser was the athletic director and head football coach at T.L. Hanna High School from 1968-1985. He was also a full time member of the faculty who taught U.S. History.



PENDLETON BULLDOGS

Pendleton boys' season comes to close as Bulldog girls open playoffs vs. Chesnee

BY BRU NIMMONS

PENDLETON — As the regular season comes to its close, Pendleton High School's basketball programs have gone in two separate directions.

The boys' team, 2-21 overall and 1-9 in region play, finally picked up their first region win recently as they begin to regroup from a down season. Meanwhile, the girls' program is 14-10 overall and 7-3 in the region, is moving forward with a playoff bid.

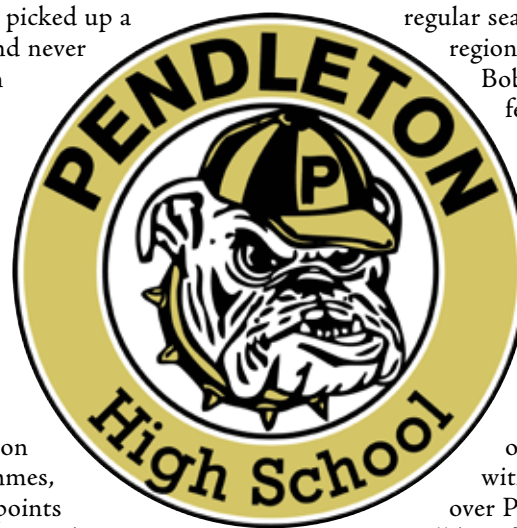
In a game played at press time on Jan. 31, the Bulldog boys continued their struggles in an 88-47 loss to Powdersville. After a close first quarter, the Bulldogs were dismantled in the second and third periods, being outscored 52-20 as area leading scorer Draylan Burton scored in bunches.

Following the loss, the Bulldogs came together to pick up their first

region win against Crescent on Feb.

4. The Bulldogs picked up a first-half lead and never let go, as Ellison Walker, Mario Walker and Jaquan Sanders led the way with 17, 14 and 14 points, respectively.

Trying to build on the streak, the Bulldogs travelled to Liberty on Feb. 7. Jett Hammes, who put up 14 points in the game, came out hitting threes early for the Bulldogs, but Pendleton just couldn't keep up with the Red Devils in a 58-51 loss.



Then, the Bulldogs finished the regular season against the

region-leading Seneca Bobcats. Pendleton fell behind big in the first quarter, 25-5, and never recovered as it lost 106-53.

In contrast to the boys, the girls got off to a great start to the home stretch of the season with a 51-46 win over Powdersville. The

Bulldogs fell behind big in the first quarter, but used a 22-8 run in the third to come from behind and secure their victory.

Keeping up the momentum, the Pendleton girls moved on to Crescent. The Bulldogs' chances were never in doubt as they cruised to a 58-36 victory.

The Bulldogs then traveled to Liberty, and the Pickens County fans were treated to the Somarion Webb show. Webb dazzled, scoring 21 points and bringing the Bulldogs back from a first-half deficit in a 52-39 win.

Finally, the Bulldogs moved on to their senior night matchup with Seneca. Pendleton kept things even in the first half before a big third quarter secured a 68-59 victory for the Bobcats.

Although the Pendleton boys' season has come to a close, the girls still have plenty of action left, as they opened up the playoffs at home against Chesnee on Feb. 17, with results unavailable at press time.

Hanna girls enter playoffs as top overall seed

BY BRU NIMMONS

ANDERSON — Entering the playoffs, the T.L. Hanna Yellow Jackets basketball teams are facing two very different paths on the quest to bring home a state championship.

The boys (14-12 overall, 9-5 Region I-5A) will have to go on the journey as road warriors following their finish as the third seed in the region, while the girls (23-2, 13-1), ranked No. 5 in SCBCA's top 10 teams in 5A, will go through the playoffs as the No. 1 overall seed.

The Hanna boys began a three-game road stretch on Jan. 31 against the region-leading Wade Hampton Generals and the Jackets put up a heck of a fight. Hanna went back and forth with the Generals for much of the night behind the play of James Lovorn, who scored 14 points, before falling in a 61-60 heartbreaker.

Lovorn continued to push the Jackets as they traveled to Greenville to face J.L. Mann on Feb. 4. Lovorn lit up the court with 24 points as the Yellow Jackets got back on track in a 71-63 win.

The final stop of the road stand came in a hotly contested matchup with Greenwood on Feb. 7. After falling behind early, the Yellow Jackets used a big second quarter to stay in the game, and things remained close as the clock wound down.

Needing a bucket down 62-60 with just eight seconds left, the Jackets found sophomore Marcus Whiting in the corner and he drilled a three with four seconds to spare to lift Hanna to a 63-62 win.

The hot streak continued for the Yellow Jackets on Feb. 11 as they hosted Laurens. Seniors John Haddock Rogers and Preston Pettway alongside Lovorn led the way for the Jackets in a 61-53 win.

The Yellow Jackets finished the regular season against rival Westside in a monumental battle of Anderson foes. Haddock Rogers was cooking early, scoring 15

points in the first half as the Jackets took a 28-26 lead into the break. The Jackets, however, just couldn't maintain the lead against a tough Rams team and fell 65-54.

For the girls, the stretch began with an impressive defensive performance in a 44-26 dismantling of Wade Hampton.

Maleia Bracone led the Jackets in scoring, putting up 22 points as Hanna cruised to victory.

The strong defense continued as the Yellow Jackets faced off against J.L. Mann. The Patriots had scored an average of 55 points per game in the four games prior to playing Hanna, but were held to nearly 20 points below that number in a 50-37 loss.

Following the win, Hanna kept up its domination in a 55-36 rout of Greenwood.

After a close first quarter, the Jackets pulled away in the second and third,

with junior guard Alexis Glover scoring a career-high 22 points in the win.

The Jackets then moved on to a senior night matchup with Laurens, but all the lights were focused on Bracone. Just five points away from the T.L. Hanna all-time scoring record, Bracone made quick work of Laurens, getting the points she needed in just a couple of minutes of game action to break the 37-year-old school record of 1,856 points and leading the Yellow Jackets to a 62-26 win.

The Jackets entered their regular season finale against Westside with unfinished business, having dropped their only region game of the season to the Rams. A fiercely contested game for all four quarters, Hanna's fates fell to Bracone, and the senior didn't disappoint, sinking two huge free throws with 12 seconds left as the Yellow Jackets came out as region champions, 64-61.

The playoffs began this week, with results unavailable at press time, as the boys traveled to Blythewood on Feb. 19, while the girls hosted Fort Mill on Feb. 18.



WESTSIDE RAMS

Westside teams set to host playoff openers

BY BRU NIMMONS

ANDERSON — It's been a whirlwind few weeks for the Westside Rams on the hardwood, with both teams being named to the SCBCA top 10 for 5A basketball, the boys at No. 10 and the girls at No. 4, while suffering some tough losses in the final stretch before playoffs.

The Ram boys' team lost a 60-56 squeaker to Greenwood shortly after press time on Jan. 31. A back-and-forth affair throughout, Westside was just unable to get the job done as an off night from behind the arc — the Rams were 1-for-18 from deep — doomed them in the loss.

The Rams followed up the close loss with an even closer 59-57 win in overtime at Woodmont on Feb. 4. Seniors Tyson Lewis and C.J. Plantin led Westside with 19 and 18 points, respectively, but it was junior post Jayden Ramsey who came out of Piedmont as the hero with the game-winning basket in the final seconds.

Flash flooding in the area moved a scheduled matchup with J.L. Mann back, leading to a battle for first place between Westside and the Wade Hampton

Generals in Greenville. The Rams won the first matchup between the two, 68-62 on Jan. 21, but were held in check by a stout defensive effort by the Generals in a 51-35 loss.

Westside bounced back from the loss with a 64-50 win over Mann on Feb. 12 to clinch a home playoff game. Senior Junior Smith led the way for the Rams with 16 points as they moved toward a matchup with rival T.L. Hanna with a chance for the region title on the line.

In their season finale against the Yellow Jackets, the Rams took care of business in 65-54 struggle. Westside was behind early, trailing 38-26 in the third before some sweet shooting from Smith and eight cru-

cial points in the final period by Lewis to wrap up the win.

Unlike the boys, the Lady Rams had no issues against Greenwood, cruising to a 50-29 victory. Sophomore guard Aziyah Bell was huge for the Rams on the night, posting a 10-point, 10-rebound double-double to keep the Rams unbeaten in region.

The success didn't continue for Westside, though, as the Lady Rams fell for the first time in region play to Woodmont, 51-50. The Rams held a 37-28 lead going into the final quarter, but foul trouble proved to be a difference maker down the stretch with Destiny Middleton and Kamya Hatten fouling

out, as the Rams were outscored 23-13 in the fourth.

Following the loss, the Lady Rams returned to their winning ways in a 32-27 rock fight against Wade Hampton. Westside used multiple crucial stops in the final minute alongside some clutch free throw shooting to get back on track heading into a game with J.L. Mann.

The Lady Rams continued their down slide in a 61-52 loss to the Patriots. A strong first quarter in which Mann outscored Westside 22-9 doomed the Rams despite a great night for Keyshuna Fair, who scored 16 points.

With two losses in four games, the Rams were forced to play T.L. Hanna in a de facto region championship. Vying for the top playoff seed, the Rams battled down to the wire before Hanna star Maleia Bracone drilled two free throws in the final seconds to take down the Rams, 54-51.

Both teams will begin their playoff runs this week, with results unavailable at press time. The boys will take on Spartanburg at home on Feb. 19, while the girls will host Hillcrest on Feb. 18.

