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February 6-February 19, 2020

FINDING HOPE IN A CUP OF TEA

BY KAY WILLIS BURNS

One of the last places you might look for a warrior is at a tea party. However, on Saturday February 29, some of the bravest women around will go UPTOWN – DOWNTOWN to the Bleckley Station for the Cancer Association of Anderson’s 16th Annual Tea Party. 2020 sponsors are Edward Jones Investments, United Way, Anderson Area Cancer Center, AnMed Health, Carolina Parakeet, Kathy Trammel and Anderson Lights of Hope.

Some longtime tea table hostesses have been planning their theme and guest lists since last year’s event. Hostesses battle it out for contests including Most Creative, Best Team Spirit and Ladies Choice. Popular themes from last year’s event included “There’s No Place Like Hope”, “Angels Among Us”, “A Spoon Full of Sugar”, “Fishing For a Cure”, and “Garden Tea Party” among others. More than 400 guests are antic-



ipated to attend the Tea this year. There is still time to sign up, so gather your girlfriends, pick your theme and host a table. After all, there is no better way to enjoy a Saturday – delicious food, bidding at an auction and the delight of fun and laughter with your fabulous girlfriends!

According to Executive Director Angela Stringer, “patient assistance expenses increased yet again this year, so fundraising events such as The Girlfriend’s Tea remain vital to our ability to continue meeting the needs of our local residents who are in the fight of their lives. CAA

assists any resident in Anderson County who is in active treatment with up to \$1,000 a year in treatment-related expenses (travel reimbursement for local and long-distance appointments, prescriptions, insurance premiums, in-home medical equipment, supplemental nutrition drinks, wigs, hats, and mastectomy bras, etc). Additionally, CAA provides referrals to our loving support groups, pays for 8 weeks of the CAA’s lifestyle and wellness program, Well Fit, which includes

SEE HOPE ON PAGE 2





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Meet your Anderson County librarians

BY KAY WILLIS BURNS

JENNIFER SIMMONS Youth Services Librarian

I moved to Anderson from New Jersey when I was six. My father was with the Singer Sewing Machine Co (on Pearman Dairy Road) and he was transferred here. I went to Concord, McCants and Hanna, then USC.

My husband was in the military when I decided to go to graduate school.

I received my Master's in Library Science from the University of North Texas in 2008. When I was in high school, I took the aptitude test that tells you what you might be good at when you grow up. Mine came back as a librarian. I thought it must have been an error because I wanted to be a photojournalist, and I was a photojournalist for 12 years. My first job was as a part-time photographer for the Anderson Independent when Richard C. Smith was photo editor. I also worked for United Press International, The State newspaper in Columbia, the Charleston News & Courier, and the News & Observer in Raleigh, NC. I took time off to care for my elderly parents, then got married and had children.



By the time I went back to work, no one was shooting film anymore, and I didn't feel like investing in all new equipment to shoot digital. I remembered that aptitude test and decided to get my Master's Degree in Library Science.

Faith Line's first full day as director, and my first day as a full-time employee were the same day...July 16, 2007. For two months prior to that, I was a clerk in the Children's Department. When a full-time position came open, I took it. When I finished my degree in 2008, I was promoted to children's librarian, a job I have loved ever since. I guess the moral of that story is, "Pay attention to your aptitude tests!"

BRIANNA MCDONELL Marketing and Communications Manager (Administration)

I started at the Library in 2011 part-time, shelving books and helping people check out books. I had graduated from



College of Charleston, but wasn't quite sure what I really wanted to do. I grew up in Anderson and have fond memories of the old library, where the Museum is now, but when I started working here, I really grew to appreciate the library even more. I loved helping people, I loved finding books

for people, and the more I worked here, the more I fell in love with the library as a community space that is free, equal, and exists to help enrich people's lives. So I got my Master's in Library Science while working in the Reference Department, and then recently became the Marketing and Communications Manager for the Library System. I love what I do, I love the people I work with and meet, and I'm proud that Anderson has such a wonderful library and community.

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TO SEND INFORMATION

Please make sure photos include the date taken, location and names of people in the photos. If photos are submitted via email, make sure they are a minimum of 300 dpi and saved as a JPEG file. If photos are mailed, we cannot guarantee the photo will be returned. The editor of The Electric City News will make your article/story grammatically correct without altering its content. The publishers of The Electric City News reserve the right to withhold inappropriate content or photos.

Hope

CONTINUED FROM PAGE 1

an 8-week physical fitness portion with Life Choice."

CAA is the only local cancer charity in Anderson County. Since 2003, CAA's mission has been to lessen the burden on Anderson County residents battling cancer, as well as cancer survivors and their families by providing treatment-related financial assistance, educational information and referrals, as well as much needed emotional support. CAA receives absolutely no funding or donations by the American Cancer Society or any Relay for Life events. Chances are, the Cancer Association of Anderson has helped someone you know or love, maybe even YOU.

When the world is at odds,
And the mind is at sea,
Then cease the useless tedium,
And brew a cup of tea.
There is magic in its fragrance,



There is solace in its taste;
And the laden moments vanish,
Somehow into space.
And the world becomes a lovely thing!
There's beauty as you see;
All because you briefly stopped,
To brew a cup of tea.
-Author unknown -

If you are a cancer warrior, have been



touched by cancer, or just want to join the fight, please join our brave warriors UPTOWN- DOWNTOWN at Bleckley Station on Saturday, February 29 from 12 to 3 pm. For information on how to host a table, donate or attend, please call Kim Ellison at 864.222.3500 or email Kim@CAAnderson.org. Deadline for hostesses is Monday, February 17. CAA is a 501c3 charity registered with the IRS.



THE CITY OF ANDERSON PRESENTS...

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FEB 20TH The Elevator Pitch:
Getting to the top

MAR 19TH Business as a Community:
Create your network

APR 16TH Financial Modeling:
Hammer it out!

MAY 21ST Accounting:
Pour concrete results

JUNE 18TH Business Plan Writing:
It's your blueprint

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Grab your toolbox

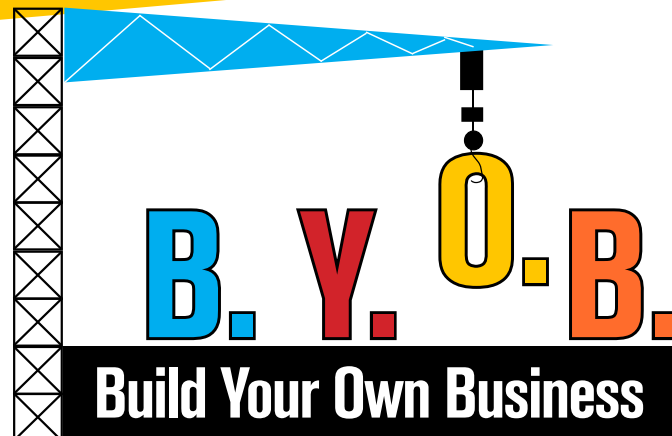
AUG 20TH Best Practices for Hiring:
Building your crew

SEPT 17TH Site Selection:
It's all about location

OCT 15TH Social Media:
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African American Leadership Society Hosts Dream Gala

On February 7, 2020, the African American Leadership Society of United Way of Anderson County will host its 4rd Annual Dream Gala at the Magnolia Room (622 McGee Rd). The keynote speaker for this great event will be Justus Cox, an educator, motivational speaker, and mentor to many.

Three awards will be presented at the event. The Emerging Leader Community Award will be presented to T. Caleb Allen. Chunsta Miller will receive the Community Trailblazer Award. The Community Legacy Award will be presented to Dr. Beatrice Thompson.

The African American Leadership Society provides guidance to cultivate leadership in the African American community to ensure a diverse voice



Chunsta Miller



T. Caleb Allen



Dr. Beatrice Thompson

in efforts that address community needs. The leadership council of AALS consists of volunteers, representative of the African American community.

The goal of the Dream Gala is to recognize African Americans in the community who are working and have been working for the betterment of Anderson County. The event is also a fundraiser for the Camp iRock program, an innovative summer camp that helps ensure children are reading on grade level. The Gala is the signature event of the African American Leadership Society.

Tickets are still available to purchase for the event at \$65 each. To purchase tickets, visit www.unitedway-ofanderson.org or call the United Way office at 226-3438.

Saint Valentine's Day

Saint Valentine was sent to prison for marrying soldiers who were not allowed to be married, and was sentenced to die. Legend has it that he restored the sight to the blind daughter of his judge, and wrote her a letter before his execution, signed, "Your Valentine". The feast of St. Valentine was established by the Pope, and he declared it to be celebrated on February 14, the day of his death.

Fast forward from 269 AD. to 2020 AD. where modern man's heart starts fibrillating, and his body breaks into cold sweats, as this day of love approaches. His mind races to calculate, not only his finances, but what in the world he will do to accrue favor from the one he so adores. One week away he figures, "I've got this, no problem." Valentine's Day arrives and ultra-quick thinking is required. The answer makes its way through his cerebral cortex, and into the tiny portion of his brain that stores his feeble romantic resources...Ding! Ding! Ding!... Wal-Mart, where rows and rows of heart-shaped boxes and red balloons are stacked by the appropriate sizes according to the love you care to give to your most

cherished one. He makes his way to the super-sized store with visions of how happy his love


will be when she receives that red bow covered 64 count mix of chocolate by Whitman's Sampler. He pulls into the parking space of his choice and contemplates why the lot is so empty, "Why isn't every man in town here?". He thinks, "Guess I'm just early". He rushes



Neal Parnell

through the automatic doors, and steps inside only to see, No RED anything. Employees are wheeling out gardening supplies with signs that read, "Spring Savings", and "Allergy Medications on Sale". His body goes limp as he trudges to his car dejected and forlorn.


The house is quiet as he enters in a zombie-like state, knowing the rejection and humiliation he will receive. His wife is still asleep, and in a last ditch effort, he wakes her gently and hands her a note that reads, "Your Valentine".



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The CAA assists almost 500 local cancer patients a month (both financially and emotionally) and receives no money from The American Cancer Society or any Relay For Life events.

The Stinger — Anderson's own underground newspaper

BY RICH OTTER

They tried to work within the system but were rejected and went rouge – rebelled against censorship, intolerance and dictatorship. It was not the American or French Revolution or the Bolsheviks. It escaped unnoticed on the world scene.

The oppressor was the notorious Frog Reams who attempted to suppress the conspirators. The leaders of the rebellion were Earle McGee Rice, Alvin Fleishman and Francis Bailes Johnson.

Rice, who in spite of his subversive actions later became an Anderson County Judge, was on the staff of the Hanna High School paper, the Yellow Jacket. He and others were outraged because the teachers refused to permit certain articles to be printed in the paper that included what were alleged to be harmless jokes about professors and alleged constructive comments about the school.

In response to the suppression of news, Rice, Fleishman, Bailes and some others (whose identities shall remain confidential) decided to produce an underground newspaper appropriately called The Stinger. They solicited local businesses and raised between \$10 and \$15 (in today's dollars at least a whopping \$250) and met at Conspirator Johnson's home to put the paper together.

Even then attempting to remain within the system, Rice met with then assistant

principal Reams and asked permission to distribute the paper. Permission was flatly denied. He was told: "You are not going to put that thing out in the school." The battle lines were drawn and the conspirators were not deterred, especially because it was at the end of the school year with their graduation imminent.

They went beyond the school grounds and distributed copies of The Stinger to all of the students – Mr. Ream's command had said not "in the school." They staunchly stood for their rights and retaliated against the school censorship.

Unfortunately, no copies of the papers are known now to exist. They were undoubtedly confiscated and burned.

There were also rumblings within the school among the masses, drastic divisions in the student body that suddenly erupted one fateful night between the Westsiders and the Northsiders. It shall henceforth be known as the "North Side Story."

It was a quiet evening and Arthur Klugh and some North Anderson friends were peacefully sitting on the curbing where North Avenue joins North Main Street. Stinger conspirators

Rice and Fleishman from the Westside of Anderson drove up in Fleishman's mother's

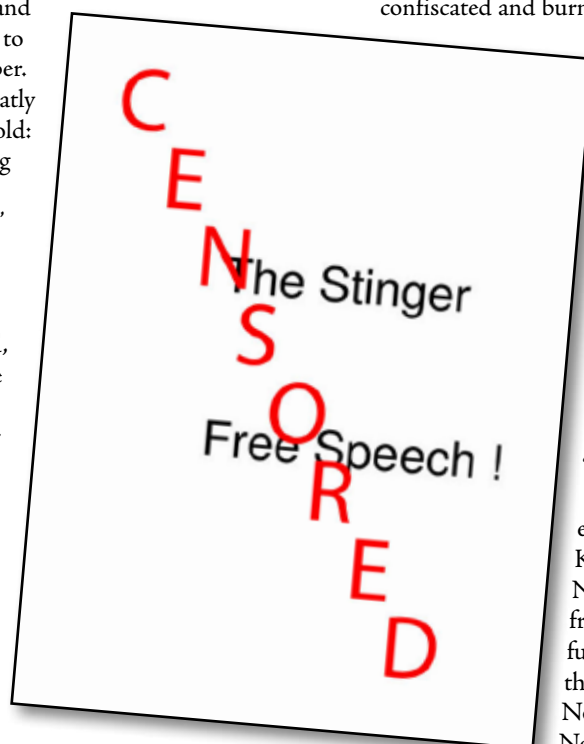
car and dumped a bucket of water on the Northside group, totally without provocation. (Conspirator Johnson was not with them but may have devised the plan.) The Northsiders challenged them to a fight to occur the following night.

Northsiders were able to obtain a number of different weapons for the confrontation. Joe Wright's father ran the local Swift & Company distributorship which afforded a wide source of eggs and produce. It was the season for Keifer pears and they were hard as rocks. They located a bunch of rotten eggs.

At the appointed hour Rice and Fleishman attacked. Fleishman was driving and Rice had on a protective catcher's mask. It was all-out war. Fat Simpson was the primary casualty, probably the easiest target. It was reported he had "stuff all over him."

The next day as dawn broke, there was considerable speculation as to what had occurred. It looked like a fruit truck had turned over on North Main Street.

All this being disclosed, be forewarned. With relatives of one of The Stinger conspirators having gained control of the most widely distributed publication in the City of Anderson it cannot be underestimated what shocking events may remain to be revealed in The Electric City News.



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9 parenting truths at 9 months postpartum



MARY-CATHERINE
McCLAIN
RINER

Individuals often have a vision or image about what life will be like with a new baby, such as changing diapers, cuddling in the middle of the night, and singing lullabies. Parenthood brings a mixture of feelings, including joy, love, selflessness, exhaustion, anxiety, and at times, loneliness. It demands patience, flexibility, and vulnerability.

When I returned to work, many clients expressed curiosity about my motherhood journey and how I was juggling being a wife, a mother, and owning my own business. The following represents 9 truths during these first 9 months postpartum.

1. Parenthood requires communication. In the hustle and bustle, it can be common to forget or not invest adequate time with your partner.

2. Asking for help is hard, and engaging in self-care may create feelings of guilt. It is important to remind yourself that taking time for yourself is not selfish or a privilege, it is necessary for emotional well-being of all parties involved.
3. Flexibility and grace are 2 important processes as new boundaries are set. Your life changes when you are blessed with the addition of a new family member. Priorities shift, values change, and capabilities evolve.
4. A baby takes a significant amount of time. In the first few months, a baby will eat 7-10 times per day, which adds up to 3-5 hours per day. Give yourself the grace you need and remind yourself that in the early days, "productivity" means keeping your baby alive and safe.
5. Your body will change, and it may be stretched, squashy, and foreign. Embrace the imperfection and remind yourself that you created a human.
6. Be gentle with yourself. You will have good days and hard days, and easy minutes and stressful minutes.
7. Above all, do what works for your family and let go of comparisons. Each child is unique and has a special personality. No parent has all the answers.
8. You will get unsolicited advice from family members, friends, and strangers. There is no harm in nodding, saying thank you, and continuing to make the decision that is best for you and your family.
9. Parenthood is an opportunity for growth. Use this time to deepen wisdom, humility, connection, and compassion. Learn from mistakes. Stay open. Admit mistakes.



Celebrate victories. Ask for help. Pat yourself on the back. Do not neglect your own needs. Use your village. Ignore the dishes and to-do list. Embrace the ride of parenthood.

Mary-Catherine McClain Riner, Ph.D., Ed.S, M.S., is a Licensed Psychologist with Riner Counseling, LLC. Visit www.rinercounseling.com or call 864-608-0446.

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Local financial advisor honored for performance

Shane Hunt, who has been an Edward Jones financial advisor in Anderson since 2008, was recently invited to attend the Edward Jones Managing Partner's Conference in April in Scottsdale, Ariz. The prestigious annual event honors the top 400 of the firm's more than 18,000 financial advisors.

The conference recognizes and celebrates Edward Jones' most successful financial advisors and provides them with the opportunity to hear from keynote speakers inside and outside of the firm and to share best practices for delivering exceptional client service.

"It's rewarding to be offered the opportunity to spend time with accomplished colleagues and Edward Jones' visionaries. I know I'll return with new ideas and higher expectations for myself," says Hunt.



Shane Hunt

Shane Hunt's office is located at 1508 North Fant Street, Anderson, SC 29621. Hunt and Branch Office Administrators Heather Thompson and Mechelle Walker can be reached at 864-224-2955. You may also visit Hunt's website at shane.hunt@edwardjones.com.

Edward Jones, a Fortune 500 company headquartered in St. Louis, provides financial services in the U.S. and, through its affiliate, in Canada. Every aspect of the firm's business, from the investments its financial advisors offer to the location of its branch offices, caters to individual investors. The firm's 18,000-plus financial advisors serve more than 7 million clients and care for \$1 trillion in assets under management. Visit our website at edwardjones.com and recruiting website at careers.edwardjones.com. Member SIPC.

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YOUR DENTIST CAN SAVE YOUR LIFE

What are we learning about living happier, healthier lives?

One of the wonderful things about the human body is its resilience. From the moment we turn away from bad habits and embrace a new path to healthy living our bodies respond.

That is why I keep abreast of developments in our understanding of human mental and physical health (including dentistry) from trustworthy sources -- and then pass it on. The more I learn the more I realize that we live in an age of extraordinary human advancement -- and living standards earlier generations could only dream of. The question is in this expanding knowledge base, are there practical things you and I should consider incorporating into our daily lives?

Let's consider. Experts who are students of this subject talk about "protective factors" in healthy aging. In short, the more of these

factors one has in place, the better the odds for longer, happier lives. Here they are:

1. Act old later. Continually challenge yourself to try new things, learn new ideas, and develop new skills. Realize most human abilities follow the "use it or lose it" rule.

2. Future proof yourself. Regular physical activity, eat sensibly, avoid alcohol abuse and smoking, strive for mature decision-making to cope with life's ups and downs, maintain a healthy weight and stable family relationships.



Dr. Gabrielle F. Cannick

Aging is a continuous process. Take care of your body as though you were going to need it for 100 years.

3. Seek "Every Day Joy". A simple and straightforward daily practice that is free of charge and brings happiness. Joy is always accessible to us no matter how tough our circumstances may be. Tapping into joy, even for a few moments, can boost your mood and remind us life is a gift.

4. Take a day off from technology. Make it a weekly practice with your family to turn off all technology for 24 hours and focus on being with each other.

5. Speak to yourself with kindness. A wise man once said value yourself and others will value you.

6. Relationships matter. Our relationships and how happy we are in those rela-

tionships can influence our health. Taking care of your body is important -- but tending to our relationships is a form of self-care too.

And lastly, be sure to take care of your oral health. Brush twice a day and floss daily. Poor oral hygiene has been linked to serious health issues. Call with questions. Think of us as your hometown resource for guidance and support.

Dr. Gabrielle F. Cannick is the owner of Grand Oaks Dental, located at 3905 Liberty Highway in Anderson. A strong believer that dental fear and anxiety should not prevent any patient from receiving the highest quality dental care, Dr. Cannick has received extensive training in Sedation Dentistry and is a certified member of the Dental Organization for Conscious Sedation. She is also a member of the South Carolina Dental Association, the American Dental Association, the Academy of General Dentistry, and the American Academy of Dental Sleep Medicine.

For more information about Grand Oaks Dental and the services provided, please call 864-224-0809, or click to grandoaksdental.com or visit us on Facebook at <https://www.facebook.com/GrandOaksDental>.



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“What do I need to know about Medicare enrollment, and which Medicare option is best for me?”: Part 5

Ask Fred

Medicare Advantage vs. Medicare Supplement: Which is best?

Choosing between enrolling in a Medicare Advantage plan or buying a Medicare Supplement (i.e. MediGap) policy can be confusing for many Medicare beneficiaries. Although the basics of Medicare are relatively easy to grasp, the less obvious specifics that lie beneath the surface of each option can be more daunting, frequently misunderstood, and often misrepresented- which can lead to a misguided, and sometimes irreversible, decision made by the beneficiary. The purpose of this article is to provide a straightforward pros and cons evaluation of each of these options, which I believe will help you to make a more informed decision regarding your Medicare coverage.

The MediGap (Medicare Supplement) Option:

Original Medicare (i.e. Medicare Part A and Part B alone) is a “fee for service” health insurance plan. In general, Medicare beneficiaries are only responsible for out-of-pocket costs if they utilize a “Medicare-covered” medical service. For example:

Hospital Admission: \$1,408 for each

admission (1-60 days).

Physician visits: copayment = 20% of the “Medicare-allowed” billed amount (i.e. average of \$40 for a primary care visit and \$70 for a specialist visit).



Fred Reid, R.Ph.
Senior Insurance
Advisor

Out-patient Surgery and DME Supplies: copayment = 20% of the “Medicare-allowed” cost

Nursing Home: Medicare will cover days 1-20, then beneficiary is responsible for \$176 per day (days 21-100).

A Medicare Supplemental (MediGap) policy is designed to cover the copayments left behind by Original Medicare. While this is great coverage to have, there are pros and cons to consider before deciding on this option.

Pros:

Any doctor (nationwide) who accepts Medicare as payment will also accept a MediGap policy as secondary coverage.

No referral is required to see any physician who accept Medicare.

In general, all copayments left by Original Medicare are completely covered by a MediGap policy.

Cons:

MediGap policies typically cost \$90 to \$250 per month.

A prescription drug plan must also be purchased (average cost = \$30 to \$40 per month).

Additional benefits such as dental and vision coverage are not provided by most MediGap policies.

As the beneficiary gets older, the premium cost for their MediGap policy will continue to rise.

The Medicare Advantage (MAPD) Option:

The Medicare Advantage option has become increasingly popular in recent years due to its low cost and additional benefits package. Pros and Cons to consider prior to enrolling in a Medicare Advantage plan include:

Pros:

Medicare Advantage (MAPD) plans (referred to as Medicare Part C) have low monthly premium costs (\$0.00 monthly premium in many cases).

MAPD combines the benefits of Part A, Part B and Part D to provide all Medicare and Prescription drug benefits into one plan. No need to purchase a separate prescription drug plan.

Copayments are predictable and cannot

exceed a stated amount.

No out-of-pocket costs unless a Medicare-covered service is utilized by the beneficiary.

Additional benefits, including dental and vision coverage, ability to order OTC items at no additional cost, free gym memberships are often provided.

Coverage provided by MAPD plans must be equal or better than Original Medicare.

Cons:

Provider networks are limited. Not all physicians accept every MAPD plan. It is important to verify that your physicians are in the plan’s network before enrolling.

Typical copayments with MAPD plans are:

Hospitalization: \$300 per day for days 1-6

Physician visits: Primary Care MD:

\$0-\$10; Specialist MD visit: \$20 -\$50

ER visit: \$90

Out-patient Surgery: \$250-\$350

Ambulance: \$250-\$280

Keep in mind, it is possible to cover these copayments with a Hospital Indemnity policy at a relatively low cost.

Please contact Fred Reid at 864-940-6113 if you have questions or need assistance identifying the Medicare or Hospital Indemnity plan that best meets your healthcare needs. I am happy to meet with you in your home at your convenience. Also, please connect with me on Facebook (search for “Fred Reid-senior insurance advisor”).

Please contact Fred Reid at 864-940-6113 if you have questions or need assistance identifying the Medicare plan that best meets your healthcare needs. I am happy to meet with you in your home at your convenience. Also, please connect with me on Facebook (search for “Fred Reid-senior insurance advisor”).

15 MINUTES, EVERY CHILD, EVERY DAY

Today, the United States is facing a literacy crisis. While this statement is “old news” to most of us, recent studies indicate that the literacy crisis that plagues our country is more critical and has greater negative consequences than anyone ever thought possible. A quick summary of a few of these disturbing facts may surprise you:

More than 30 million adults in the United States cannot read, write, or do basic math above a third-grade level.

Studies indicate that the U.S. is less educated today than it was a generation ago. It is estimated that 1 in 3 American children are not prepared for Kindergarten. Two-thirds of U.S. third graders lack competent reading skills.

Children who are not reading efficiently by the fourth grade are four times more likely to drop out of school.

To put it mildly, this is not good news for the future of our country. As concerned parents and educators,



Katie Laughridge

can anything be done to reverse this devastating trend? How can we ensure that our children will have the tools necessary to make a successful transition from home, to school and eventually to a successful career as adults?

In 2014, The American Academy of Pediatrics published a study to address the “readiness crisis” in the United States. To the surprise of many, the study had just one take-away recommenda-

tion for parents and educators that could have a massive impact on a child’s development, their success in school and later success in their career and life. It turns out that the most important thing we can do for our children is to read aloud to them. In response to this new revelation The Read Aloud 15 Minutes National Campaign was initiated, whose one mission is to encourage parents to read aloud to their children every day for 15 minutes. The campaign further emphasized that we should start reading to our children for 15 minutes daily- STARTING AT AGE “1 DAY” AND EVERY-DAY AFTER!

You may be asking “Why read is it important to read aloud to my infant child?” I want to share some interesting statistics from readaloud.org with you:

Reading aloud is the “single most

important activity” parents can do to prepare their child for reading and learning.

Recent research tells us that by age 3 the gap is showing up in early brain development between children whose parents read to them and those who do not.

Parents do not understand the power of reading aloud every day from birth. Forty-six percent of parents with children ages 0-5 read aloud to them fewer than five days a week. Eight percent read aloud less than once a week.

The number of words that a child knows upon entering kindergarten is a key predictor of his or her future success.

Your example as a parent demonstrates that reading is important, pleasurable, and valued.

The Read Aloud 15 Minutes National Campaign is bringing together a passionate group of part-

ners. They are united behind the idea that 15 minutes of daily reading aloud from birth to age 8 can change the face of education in this country. Their partners are reaching out to unique group, such as community groups, daycare providers, schools, businesses, employees, libraries, and faith-based organizations to spread the word. The goal of The Read Aloud 15 Minutes National Campaign is to have every American child ready to read when entering kindergarten, and then to continue building skills throughout their early school years. This is only possible by beginning to read to children at birth.

Reading 15 minutes every day for 5 years= 27, 375 minutes (456.25 hours). Is that enough to make a difference? YES!

So, go grab a book and start reading to your child! You’ll be glad you did!

OBITUARY

Sara Haynie Fant

Anderson, SC — Sara Haynie Fant of Anderson, SC, passed away on Friday, January 24, 2020. Born in Belton, SC, she was the daughter of the late Moffatt Todd Haynie and the late Edna Clinkscales Haynie.

Sara graduated Belton High School and Converse College, where she attended on a music scholarship for piano. Through the years, she shared her love & gift of music with her many adored piano students. Another one of Sara's special gifts was her beautiful spirit that touched everyone who knew her.



Sara was a member of First Baptist Church of Anderson, SC, for many years, where she also shared her musical talent. In her later years, she joined her family as a member of Concord Baptist Church of Anderson, SC. Sara was also a member of the Anderson Junior Assembly, Our Garden Club, Anderson Music Club, GAMAC and the Caprician Club.

Sara was a loving and devoted wife to her late husband, Albert Reese Fant. In addition to her parents and husband, she was predeceased by her dear son, Moffatt Todd Fant and her brother, Moffatt Todd Haynie, Jr.

Surviving are her sons, Albert Reese Fant, Jr. of Greenville, SC, and David Haynie Fant and wife, Kathy, of Anderson, SC; grandsons, David Haynie Fant, Jr. and wife, Allie, of Goose Creek, SC, and Daniel Richard Fant of Anderson, SC; sister, Janie Haynie Hentz and husband, Jimmy, of Litchfield, SC; sister-in-law, Betsy Thomson Haynie of Belton, SC; and many beloved nieces and nephews.

A memorial service was held at Concord Baptist Church on Saturday, February 1, 2020 at 11:00 am, conducted by Dr. Don Cox. Family received friends following the service.

Memorials may be made to Concord Baptist Church, 1012 Concord Rd., Anderson, SC 29621, First Baptist Church of Anderson, 307 S. Manning St., Anderson, SC 29624 or Meals On Wheels, PO Box 285, Anderson, SC 29622.

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THE GARDEN SHOP

Fragrant offers many meanings



SUSAN
TEMPLE
master
gardener

Viburnums are some of my favorite plants. Most years, the plant sale at South Carolina Botanical Gardens offers many unusual varieties. Viburnums come in all sizes, deciduous, evergreen, offering several colors of berries, wonderful fall color, and many smell wonderful. Dr. Michael Dirr, University of Georgia Professor, wrote a book on just viburnums if that gives an idea of how many there are. Some can get a little complicated because some varieties need a pollinator to have berries.

Shortly after moving in my house, I got a Michael Dodge viburnum (*Viburnum dilatatum*) that is the male pollinator for Cardinal Candy viburnum (*Viburnum dilatatum*). Well, I'm learning to edit. Partly due to hearing many experts say if something isn't working, take it out. Both Michael Dodge and Cardinal Candy were cut down a few months ago. Like beauty being in the eye of the beholder, fragrant offers many meanings. Most perfumes these days are



Cardinal candy berries

horrible to my nose (and a person wearing a gallon of it certainly doesn't help, but I digress). Michael Dodge smells like a Bradford pear and it was planted entirely too close to the bathroom window. Descriptions said it has yellow berries and fragrant flowers. Mine never berried much at all. Cardinal Candy was beautiful every fall and berries held up great in arrangements. Rusty, golden foliage with red berries was a favorite. However, after having at least six or eight come up in various places, I decided it must go. And that smell of Michael Dodge every spring just as it was time to open the windows, Yuck!

I didn't miss Cardinal Candy's berries as



Possumhaw holly

much as expected. Winterberry holly, possumhaw, and Warren's Red holly (all deciduous) provided berries for arrangements, even though the mix of fall colored foliage against Cardinal Candy's berries was different from all of these. I'm cleaning out shrubs planted by the birds and hopefully these viburnums won't come up in the woods. The view now is a bit better too I suppose. Both viburnums were planted about 10 – 15 feet from the fence. I don't think, at this time, anything else will be planted where these two shrubs were. More to follow on this story in next issue.

Contact Master Gardener Susan Temple at gardningirl@yahoo.com.

Love means frequently having to say you're sorry

My mother loves my sister and me very much, but when we were children, she was very protective. Probably overprotective. I didn't realize this until I went to college and discovered that, one, unrefrigerated peanut butter will not kill you, and, two, going barefooted does not mean that you automatically contract parasitic worms.

She was also very careful to censor what we saw on television or at the movies. In my house, standards were shows like "Bonanza," "The Brady Bunch," and "The Partridge Family," the kind of shows which taught you that when you grew up and got married, your spouse would die an untimely death. My sister and I were not allowed to watch anything remotely risqué, which is not to say that we didn't. We just had to try harder and keep it under Barbara's radar.

One movie that fell into my mom's forbidden category was

the wildly popular "Love Story." Of course, we saw it anyway,



Kim von Keller

and I had no idea why she found it so objectionable. In the film, Ryan O'Neal and Ali McGraw play a boy and girl from different backgrounds who fall in love... and then tragedy strikes. The most famous line? "Love means never having to say you're sorry."

Perhaps my mother objected to it because that's such a bunch of hokey.

Anyone who's ever loved another person knows that real love requires saying "I'm sorry" on a regular basis. We make mistakes, and we disappoint our beloved. We want to protect, and we disappoint our beloved.

That is why when we say "I'm sorry," we usually follow with the words "for" or "but." My husband and I have been married for A Very Long Time, and these are just a few examples of when our love has required us to say, "I'm sorry."

I'm sorry for
Washing your favorite soccer shirt with the red hand towels.

Washing my car with the good hand towels.

Not noticing that you got your hair cut.

Not telling you that I used soy crumbles instead of hamburger.

Taking you to see "Waterworld."

Taking you to see "Rachel Getting Married."

Eating your entire package of beef jerky.

I'm sorry, but

That chocolate is gonna keep you awake all night.

That Buffalo chicken dip

left over from New Year's Eve is gonna make you sick.

Watching "Raising Arizona" again will only make you cry.

Discussing politics with _____ will only make you mad.

I think your opening argument needs a tiny rewrite.

I think your ECN column needs a tiny rewrite.

I won't go to the store for more beef jerky while you're on the roof with a leaf blower.

These are not the kind of statements that make a great movie, but all of them are part of the language of love. My mom said "I'm sorry" every time she turned off "Laugh-In" or served us a chewy PBJ. My husband says "I'm sorry" when he picks a bad movie. I say "I'm sorry" when I throw away potentially toxic leftovers. I'm sorry to have to tell you this, Ryan and Ali, but love means frequently having to say you're sorry.

HOT HITS

Just words

I can't believe it's been nearly 20 years since we were introduced to Slim Shady. AKA Eminem.



Justin Tyme

Back in 2001 he was on every radio, television set, and magazine cover. His lyrics were controversial, and he was billed as the greatest rapper of all time (at least by me). I worked at KQIZ in Amarillo and played Eminem every hour of every day. He was so huge despite his controversy. He rapped about killing the mother of his child in one of his songs. He also rapped about his legal problems with his mom. The list goes on. Last week Eminem dropped his 11th album entitled "Music To Be Murdered By."

In his latest album he strikes controversy again, making reference to the bombing of an Ariana Grande concert back in 2017. There has been an outrage of people offended by these lyrics. Eminem states they're just words and meant no harm. Part of me is offended and part of me agrees.

You see back in Amarillo I was quite rowdy on the radio. I was by all accounts a little sassy if you will to people who would call into my

radio show. I showed little patience for the callers that would refer to my station as "Z93". Z93 was a legacy in the city for many years but recently was destroyed by corporate radio and relaunched as a more successful 93-1 THE BEAT. I would go off on the daily at people who referred to my station as Z93. I was out-right mean to people. But it worked. My show was the highest rated radio show of all time in Amarillo. I became a local celebrity. But no doubt people were literally afraid of me.

Anyone who knows me knows that I have a heart of gold. Offending people, or hurting their feelings hurts me more than it hurts them. The last thing I ever want to be is a bully. Yet that's what I was when I was on the radio. A big mean bully. I would find that persona to be harder and harder for me to uphold, eventually resulting in my departure from Amarillo. But they were just words. Like Eminem's lyrics. Just words. Sometimes words hurt. If you've listened to my radio show out of Greenville, you know I'm no bully and nothing but kind to my listeners when they call in. Our ratings are still great and I'm glad I don't have to be that person anymore.

My ultimate goal in life is to pursue stand up comedy but I'm having a hard time writing jokes that aren't offensive. And that's my cross-roads right now.

Justin Tyme can be heard on HOT 98.1 Saturdays and Sundays.

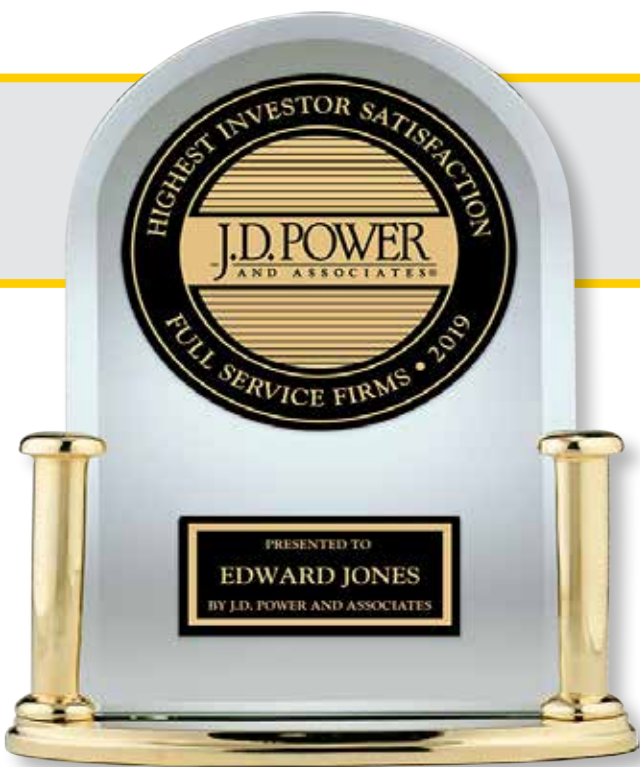


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NIBBLE & SIP

VALENTINE'S DAY, TABLE FOR TWO

I love Valentine's Day. I love a tiny gift, a carefully selected card, and a really nice dinner. What I don't like is going out for that really



Kim von Keller

nice dinner, mainly because restaurants are way too crowded. To illustrate that point, years ago, Ted and I went to a really nice place in Columbia to celebrate Valentine's Day. The dining room had been crammed with

tables for two that were so close together you could almost rub elbows with the people sitting next to you. We were waiting to order when a beautiful dish arrived at our neighbor's table. This conversation followed:

Ted: That looks good. What is it?

Man at the next table: It's the fish special. Would you like to try a bite of mine?

Ted: Gosh, no! I just wondered what it was.

Man: No, I insist. Here, try a bite.

Ted: No, really, I –

And then the man shoved a forkful of fish

into my husband's mouth. I think that was the last time we ever spent Valentine's Day in a restaurant.

Since then, we've celebrated at home. Instead of making a complicated meal, we make a charcuterie board of meats, cheeses, crackers, chutney, fruit, and nuts. We curl up on the sofa, eat our dinner while watching a movie, and have a special dessert. No dealing with crowds, and no being force-fed by strangers.

Since Valentine's Day is on a Friday this year, I'd like to suggest a dessert Nibble and Sip for two. Melting Moments Cookies are the perfect tiny sweet. Because they contain cornstarch, they are amazingly light and tender. And to go with the cookies, I like to make Chocolate Martinis. They're easy to prepare, and you can choose dark, milk, or white chocolate liqueur. Use whatever brand you like, but the better the quality of the spirits, the better the quality of the drink.

Melting Moments Cookies

1 c. butter, room temperature

1/3 c. powdered sugar

1/8 t. salt

3/4 c. cornstarch



1 c. all-purpose flour

Icing

2 t. butter, melted

1 c. powdered sugar

1 t. almond extract

2 T. half and half

In a mixing bowl, cream the butter until fluffy. Gradually add the powdered sugar and the salt. Beat until thoroughly blended, and then add the cornstarch and flour, blending well. Form into balls the size of a walnut; you should have around 36 balls. Refrigerate for an hour. Preheat the oven to 350°, and line a baking sheet with parchment paper. (Depending on the size of your cookie sheet, you may need to use two and bake in two batches.)

Transfer the chilled dough balls to the cookie sheet and let stand for 20 minutes, or until softened. Using your thumb, make a depression in each cookie. Bake cookies for 15-16 minutes, or until golden on the bottom. Remove to a rack to cool.

When the cookies are cool, make the icing: In a small bowl, stir together all icing ingredients until creamy. Drizzle a little of the icing into the center of each cookie. Makes 3 dozen.

Chocolate Martinis for Two

Premium chocolate syrup; I like Ghirardelli.

3 oz. chocolate liqueur, dark, milk, or white; I like Godiva.

1 1/2 oz. vodka

Pour a small amount of chocolate syrup onto a plate. Dip the rim of a martini glass into the syrup, holding upside down briefly to let the excess drip off. Repeat with the second martini glass, and place the glasses in the refrigerator to chill briefly.

Pour the chocolate liqueur and the vodka into a shaker filled with ice. Shake vigorously, and strain evenly into the chilled martini glasses. Serves two.

Fashion for the snow

It's a beautiful snowy morning where I am today, so I thought I'd talk fashion for the snow. The first thing that comes to mind is boots. There is nothing more miserable and uncomfortable than cold or wet feet so make sure to purchase the proper snow shoe. I'm



Kristine March

really loving the Sorel brand. They make everything, from something to hit the slopes with, to an every day out and about shoe with a great little wedge and even a great hiking boot. They're just a fabulous company that I highly recommend.

Waterproof boots are key in rain and snow. Fashionable yet functional. They would look great with knee socks, leggings, a sweater and a great jacket. Speaking of which, my pick for the best winter and snow jackets are the faux fur parkas. Top Shop and Blanc Noir make pretty colorful ones. Look on Nordstrom.com to buy.

Ski bibs have become extremely flattering in the last few years. Roxy, The North Face and Patagonia design the best. If you're really into designer labels and can afford to splurge, Dsquared and Micheal Kors make the perfect ski suit. It will make you look like a celebrity on the bunny slopes. For ski and snowboarding goggles, REI carries some under a



hundred dollars. The Smith Women's Riot Chromapop are super. They are mirrored in a rose gold and other effects that look incredibly chic.

You can always rent the rest of your ski necessities but these will get you ready to make an entrance. Make sure to wear sunscreen, plenty of chapstick and lip gloss. It's also super important to stay hydrated on the slopes. Get your ski bunny on and have fun. Remember to make the ski slope your runway and kindness always matters.



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MUSINGS OF AN OLE BALL COACH

Who wins a trip to Nassau?

I was "called" to coach in Anderson from Aiken in June of 1968. Called, you say? Yes, coaches, like preachers, are called. My call was not for financial emolument, unless you call



Jim Fraser

\$3,000 a year to be Head Football Coach and Athletic Director to be a financial bonanza. My call was to be no class, only Coach and Athletic Director

The Fretwell family played a big part in our move as much as Bill moved us, Ray sold us

our house at 409 Harden Road and we banked with Sam. Therein lies my musing.

We were preparing for our first Hanna season. Joyce would drive me to the gym where I would spend the morning poring over game film, picking up rocks, watering, and trying to prepare the practice field. She would deposit me from the Dodge station wagon and pick me up for lunch. I was usually in command of the wagon in the afternoons where it would be back to Hanna. One day she informed me at lunch that she had entered us in a travel promotion at Sam's Bankers Trust Bank. "Fine," I said and added matter of factly, "We probably won't have time to go if we win." She called that same afternoon and breathlessly said, "Culey, you remember that bank giveaway we entered?" "Yea, yea," I answered disinterestedly. "Well, we won, we won the trip." "So where we going, a



Jim and Joyce Fraser standing on the tarmac at the Greenville-Spartanburg airport in 1968.

weekend in Charlotte?" "No," she blurted, "we are going to the Bahamas."

That night as we assimilated the material from Bankers Trust, she truly had been the recipient of a four day three night stay at Nassau in the Bahama Islands. Our accommodations were to be at the plush Britannia Beach Hotel on Paradise Island. These digs were the best in the island. How can I make such a declaration? One of America's most controversial billionaires, Howard Hughes, had leased the

entire eighth floor, one floor above yours truly.

Joyce was a bit apprehensive as we stood on the tarmac at Greenville-Spartanburg Airport. After all, this was her first flight. I was a seasoned flyer having gone up for a sky diving event with my old friend Bill Lee and our new friend Cale Yarborough. Unfortunately, I developed "stomach cramps" and didn't jump.

We flew to Miami, had a two hour layover, and set down at Lynden Pindling Airport in Nassau. I'm told this airport with the strange name has some of America's most well-connected people pass through its portals. T.L. Hanna's newest football coach and his lovely companion were strutting and posturing with the rest of the elite crowd.

Our spacious room, with a balcony overlooking a lagoon was all the brochure said it would be. We dressed for dinner. I'm talking about gowns and coats and ties. After dinner we spent fascinating hours watching all the high rollers play for high stakes, primarily at the Black Jack and Poker tables. Five card and seven card stud were usually the games of choice. The croupiers (dealers) were usually small handsome guys who dealt with flawless dexterity. A disapproving glance made one call for cards faster than they wanted. Paradise island, which billed itself as one of the worlds top gambling destinations had no tables for Joyce and I to play monopoly (we looked).

The news that Howard Hughes occupied the eighth floor was quickly promulgated throughout the hotel. The same Howard

Hughes of Hughes Aviation who had built and flown the world's largest plane known as the Spruce Goose. He has been romantically involved with many Hollywood starlets from Jean Harlow to Jane Russell. Along with the Aga-khan he was the world's biggest playboy.

Joyce and I both agreed we had to meet him. It was simple enough, press the eighth floor elevator button. We wandered on the first floor until the elevator was empty, we jumped aboard to do our dastardly deed. The door opened and two burley men in dark suits blocked our way. Several others of like dress sauntered around the halls. I said something snarky like, "I don't guess Mr. Hughes is taking visitors?" "Please don't come back," he strongly suggested. Ever the cool one, I said, "Please give him our regards," as the door closed.

When we were on our way to the airport after wrapping up a great four day stay, we were seated across from an elegant, well dressed couple who appeared to still be in the throes of morning arguments. The effervescent Joyce cheerily offered, "Where y'all from?" He reluctantly answered, "Montreal." I whispered "That's in Canada, babe. And I don't think they want to talk. Muse on!"

Jim Fraser was the athletic director and head football coach at T.L. Hanna High School from 1968-1985. He was also a full time member of the faculty who taught U.S. History.



PENDLETON BULLDOGS

Pendleton boys still struggling on hardwood as Lady Bulldogs on track for playoff appearance

BY DAN LACOBIE

To say it has been a tough year for coach Darrel Hedrick's Bulldogs is probably an understatement. The Bulldogs stand at 1 - 19 overall and 0 - 7 in region action.

The last few games for the "Dogs" were versus Liberty (73 - 51), Seneca (60 - 44) and West-Oak (63 - 50). At press-time the "Dogs" were in a game versus Powdersville and we will have the score and stats in the next issue.

Looking at some of the stats the Bulldogs have put up this season, we see Pendleton scoring 50.1 points per game as a team on average. They've brought down 24.5 rebounds per game and average 7.1 steals per game.

Looks as though there is a tie among the scoring leaders. #1 Matthew Walker and #5 Jett Hammes are tied with 207 total points scored this season. Not to be denied is #3 Mario Sanders who has 167 points followed by #24 Jaquan Sanders with 155 points scored.

#5 Hammes leads from 3 point territory with an amazing 47 made out of 135 attempts. Those same 2 Sanders guys also

lead in rebounding. #3 Mario Sanders has 107 and #24 Jaquan Sanders has 104.

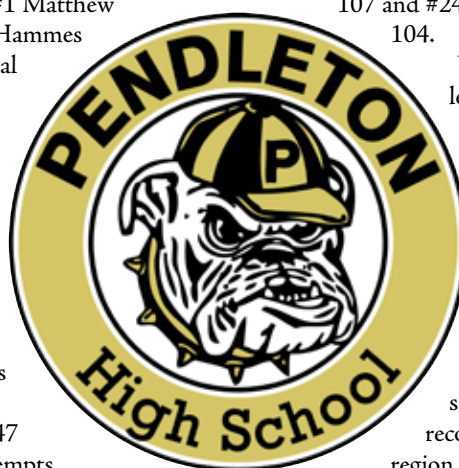
With just 3 games left to play (a trip to Crescent, a trip to Liberty, and a home contest versus Seneca), we wish the very best to the Pendleton boys team. Good luck guys!

Over to the girls side, with an overall record of 11 - 9 and a region record of 4 - 2, these ladies refuse to back down.

Let's look at the last few games played. On January 21st, the lady "Dogs" took on Liberty High and beat the Red Devils, 63 - 29. After which they faced tough opponents in the Lady Bobcats from Seneca and the West-Oak Warriors.

Both of those games were tough losses by scores of 45 - 52 & 36 - 40, respectively. The game versus Powdersville was underway during press time. That score will be available next issue.

The last remaining games for these Lady Bulldogs will be a visit to Iva, S.C. to play the Crescent Tigers on February 4th. They will also visit Liberty High School on February 7th and the last regular season game on February 11th will be a home game against Seneca.



Lovorn hits 1,000-point mark for Yellow Jackets

BY DAN LACOBIE

Can you believe we are almost at the end of the 2019/2020 basketball season? It is hard to believe, at least for me. The T.L. Hanna boys basketball team stands at 11 - 10 overall and 6 - 3 in region play.

At this stage of my column I'd like to pay homage to a young man who has shown what he is made of in his 3 years at T.L. Hanna. I'm speaking of #4 junior point guard, James Lovorn.

Lovorn has achieved something few athletes ever have, especially at the high school level. James Lovorn has scored over 1,000 points in his career. Lovorn, at 6'0" and 165 lbs, still has a year left as he is slated to graduate in 2021.

In a conversation with Lovorn's coach, Keith Arrington, he said, "James is the best shooter I have coached in my career. He has earned those records by his hard work. James has a chance to be one of the best players in Hanna history."

That is saying a lot of Lovorn and puts him in some elite company. I'm sure we will see his name entered into the T.L. Hanna

hall of fame one day. Congratulations, Mr. Lovorn! We at the Electric City News salute you.

So, back to the business at hand. Hanna's last few games have looked like this. The Jackets took a trip down to Laurens on January 21st to take on the Raiders. Hanna started out strong and took a 30 - 22 lead into the locker room at halftime but the Raiders had other plans in the 3rd quarter outscoring the Jackets, 18 - 6.

In the 4th quarter, Hanna fought back to even the score 51 - 51 at the end of regulation. After the 1st overtime period, the game was still tied, 59 - 59. But in quarter #2, the Raiders overcame the Jackets and won a very good game by a score of 70 - 67.

Hanna won the next 2 games at home versus Easley and Woodmont by scores of 67 - 53 and 73 - 64, respectively. At the

time of this writing, the Jackets were at Wade Hampton taking on the Generals, will have scores next issue.

The Lady Yellow Jackets have been pouring it on this season. Led by #24 Maleia Bracone, the Jackets have been blowing teams off the floor. In the last 3 games these ladies won versus Laurens (57 - 24), Easley (43 - 24), and Woodmont High (56 - 46). At present, I have no report on the game versus Wade Hampton but I will report on it next issue.

The girls are averaging 54.7 points per game as a team and shooting 35% from the floor. As I mentioned, #24 Bracone is leading the team. Bracone has 403 points in 19 games played. She also has 44 3-pointers this season.

Although Bracone is very good, she isn't alone on the Jackets squad. Carmen Chandler, #5 and #23 Alexis Johnson are



James Lovorn

chugging right along with 199 and 174 total points, respectively.

With just 4 games left in the regular season, I think it is safe to say Bracone and the Lady Jackets are a lock for the playoffs. Hopefully they'll have the opportunity to play for a state championship.

WESTSIDE RAMS

Westside boys, girls on fire in region play

BY DAN LACOBIE

As the season is winding down, believe it or not, Westside's boys basketball team is 13 - 8 overall and has a very good region mark of 8 - 1. That 1 loss was at the hands of J.L. Mann on January 14th, 51 - 58.

Since that time, the Rams have defeated T.L. Hanna, 66 - 56, Wade Hampton, 68 - 62 in overtime, Laurens high, 73 - 56 and Easley, 48 - 44. At press time, the Rams were in a home contest versus the Greenwood Eagles.

With 4 games remaining in the regular season, the Rams will be looking forward to a shot at the state title when the playoffs begin. Westside, as a team, is averaging 58.7 points per game and shooting 42% from the floor. Leading those stats individually is #2 Junior Smith with 298 total points. Smith also leads from 3 point range with a total of 51 made.

Not to be left out is senior #1, Tyson

Lewis. Lewis has 275 points of his own and has a total of 95 rebounds. Also leading in total points scored is #11 C.J. Plantin.

Plantin, a 6'4" senior, has 250 points and an astounding 182 balls off the backboard in 18 games played.

Other major contributors this season include #21 Jayden Ramsey (6'5" center) who has 181 points and 122 rebounds.

#20 Aaron Randolph, a 6'2" junior, sits at 21 games played and 111 points scored.

And how about those lady Rams? Well, let me tell you about them. These ladies have a 17 - 3 season going on. They sit with a region record of 9 wins and 0 losses. With that record they are a shoe-in for the playoffs.

Their last 3 games saw wins versus Wade Hampton, Laurens, and Easley High schools. And check out these scores. 50 - 43 vs W. Hampton, 79 - 31 versus the lady Raiders and 50 - 17 against the Easley Greenwave. The last 4



games for the ladies will be Woodmont, Mann, Wade Hampton and T.L. Hanna.

The lady Rams as a team score an average of 53.8 points per game and have a field goal percentage of 38%.

These ladies grab an average of 31.1 rebounds per game, very good.

So, who is scoring, rebounding and beating these other very good teams, you may ask. Let's take a look.

#25 senior Keyshuna Fair is ripping the net off of the goal, scoring 320 points so far this year in 19 of 20 games played. Fair is also leading from 3 point territory with 37 made and a team-leading 108 rebounds. Fair will be missed for sure after graduation. Good luck to her at the next level.

#11 Destiny Middleton, a sophomore, has scored a very good 202 points this season. Middleton also has 13 three pointers and 82 rebounds. Middleton, with 2 years remaining, should be a force to be reckoned with for opposing teams.